



CITIZENS FOR BETTER COMMUNITY

華人權益服務社

P. O. Box 1, Fremont, CA 94537-0001

Web site: <http://www.cbc-sfbay.com>

Membership Newsletter

Volume 6, Issue 1

December 2005/January/February 2006

SAVE THE DATE!

14th Annual Spring Celebration set for Saturday, April 22, 2006

Mark your calendars for one of the biggest celebrations yet! CBC will celebrate its 14th Anniversary at the annual Spring Celebration set for April 22. This year, the Event Co-Chairs are Susanna Wong and Mike King. At this event, CBC will recognize the CBC Volunteer of the Year and the CBC Citizen of the Year. Don't miss it! See page 4 for more details.

Gung Hay Fat Choy! Year of the Dog

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President's Message

By Josephine Chou

*Excerpt from December 2005
Installation of Officers and Directors
and Internship Recognition Luncheon*



Dear CBC members and Friends,

It is my honor to be here speaking to you as CBC's incoming president. First, I would like to congratulate all the summer interns for your accomplishments. You took a big step in your life undertaking this internship. This will undoubtedly lead you to be our future leaders.

I would also like to introduce myself briefly. I was born in China, moved to Hong Kong when I was six, and finished my primary school there. We moved to Taiwan and lived there until 1968. Then I moved to the United States to join my husband in New York while he was completing graduate school. After five years, we moved to New Jersey until 1993. We have three lovely daughters, Jennifer, Tiffany and Ingrid.

I worked for Sony Electronics in Accounting and Financial Information Systems areas for 15 years. I continued with school in the evenings whenever possible so that I could improve myself. In fact, that is still true today. I am an active member and a past officer of the CBC Toastmasters Club. This club has given me the courage to be up here today, in front of you, to take on the daunting task as CBC president. For fun, I also am a music lover. I especially love classical music.

About four years ago, when I opted for early retirement from work, a friend, Alice Cheung, asked me to join her in serving dinner at a homeless shelter. Little did I know, that it would lead me here today. That was the first time I was involved with a CBC activity. In the mean time, I was a volunteer at Friends of Children with Special Needs, better

President's Message continued on Page 2

known as FCSN. FCSN is a wonderful non-profit organization, which helps children with special needs and their families. It was then that I found a very close relationship between FCSN and CBC. Joan Wang, who once was Vice President of CBC, invited me to a Chinese New Year party; I had no idea what kind of party it was. It turned out to be one of FCSN's gatherings. There, I met this wonderful couple Dr. & Mrs. Albert Wang. They are active members of CBC. Albert was CBC president in 1994-95 and he is still an active CBC board member. Albert is also the current president of FCSN. Now I work closely with both of these two close-knit organizations. Life works in strange ways! It is truly a 'box of chocolates'; Forrest Gump never knew exactly how things were going to turn out. I found both organizations' missions very worthwhile and each had a good cause. I like the way each is run and I participate in their activities regularly. *Do you all know? I never expected to be president of CBC.*

It will be a very challenging year ahead of me. I thank members of CBC for giving me this opportunity to serve the community. As I said earlier, I was born and raised in China and later, came to live in the United States. I consider myself very lucky to be able to enjoy both cultures. I have also experienced the difficulties that new immigrants have. I understand the importance of parenting after raising three children. I will work very hard to help improve in these areas. In the coming year, I will work hard to help parents like me, with a Chinese cultural background and who have children trying to grow up under 2 different cultures. I will support CBC's on-going Parenting Program, and expand it to a larger area in the Tri-City. I will also help to find more resources, such as the Fremont Family Resource Center, which can provide various programs for the families. CBC will continue their existing programs, such as:

- *Summer Internship program
- *Christmas Party at the Aegis Garden for the Seniors
- *Serving meals at the Tri-City Homeless Shelter
- *Promoting Chinese cultural programs for Chinese New Year and Autumn Moon Festival
- *Participating in the local July 4th and the Niles Christmas Light Parades
- *Breakfast Club for Business
- *Supporting the Cancer Society, Asian Donor Program for health, and of course,
- *The CBC Toastmaster Club and many, many more.

There is so much to do and we desperately need more volunteers. I would like to welcome more new members to join and to serve the community. I know that we have many non-Chinese friends among us who have been supporting us for years, how lucky we are to have

you and I thank you! Let's join together and make this community a better place to live.

I am looking forward to working with all of you and I will seek advice and help from you all. Thank you for your support and we will have a wonderful year working together.

Respectfully submitted,

Josephine Chou
President

Fremont Education Foundation's Gala a "Sentimental Journey"

The fourth annual Excellence in Education Gala sponsored by the Fremont Education Foundation (FEF) will be held on **Friday, February 24, 2006**, at the Fremont Marriott. This annual event benefits FEF's Innovative Education Grants, and honors individuals who have helped promote educational excellence in our community. FEF is proud to announce the 2006 Excellence in Education honorees:

Sandi Pantages, 2006 Community Honoree
Cheryl Cook-Kallio, 2006 FUSD Honoree

This gala is the only fundraising event in Fremont that promotes and celebrates excellence in education at the K-12 level within our public schools. The funds raised for the Foundation's Innovative Education Grants will allow us to continue to sponsor and expand our support of exceptional projects in our classrooms, with the intention of improving educational achievement and broadening the horizons and experiences of students.

For tickets or sponsorships, please visit the website at www.fremont-education.org or (510) 713-9940.

Membership Dues

The new membership year began on November 1, 2005. Please see the membership form on page 7 or contact Kathy Jang via email kjang25@yahoo.com. Please complete the form and send in your dues. Better yet, become a lifetime member and never worry about your annual dues. Your dues help to pay for our CBC newsletter. Thanks in advance for your support!

Youths and CBC Officers Recognized at Luncheon

By Beverly Cho,
Internship Coordinator



In our last newsletter, you heard of CBC's Summer Internship Program through which twelve accomplished high school students were given the opportunity to work in the offices of several California elected officials. The program aims to provide youth with hands on experience in civic duty as well as equip them to have active voices in their community.

CBC's 2005 internship program drew to a satisfying close on December 11, 2005 at the annual Intern Recognition Luncheon, held in conjunction with the Installation of CBC's officers and Board of Directors for the 2006 term. The luncheon provided a way to bring interns together with their peers and their office representatives, but it also gave CBC guests and members a chance to hear first hand some of the interns' memorable experiences. As most of the attendees enjoyed lunch in the Newark Hilton, the interns were presented with their awards from CBC as well as from the offices in which they served. Each intern took a few moments to share reflections. The following are excerpts from two statements.

"...I like working in Congressman Stark's office because every time I picked up the phone, every time I answered a question, every time I responded to a letter, every time I helped another fellow citizen -- I knew I was helping to create a better community. From refugees seeking asylum to inmates who felt unjustly mistreated to seniors concerned with social security, I was the person these people sought for help and assistance. And though sometimes I could not help to solve some of these problems, working at Congressman Stark's office made me realize something important -- that for the time being -- I was a Congressman.

This Spring I am applying to be a Congressional page -- to work at Congressman Stark's office in Washington D.C. And though I may not get that position, I will constantly pursue other opportunities to be involved in the federal government. And of course, this new found ambition would not have been possible without the support of CBC. Thank you all."

-Johnny Lin, Logan High School

" Although it was nerve-racking at first answering the calls from constituents, I soon grew to enjoy it. It was an eye opening experience learning

about the issues that people were concerned with. I had to familiarize myself with the different bills Senator Alquist is promoting and also her positions on current issues. In the process of helping other people, I was able to learn more about the society myself.

Through the internship, I have learned firsthand the legislation process in a democratic society and the importance of participation by every individual citizen. Most important of all, I have discovered myself and realized my responsibility to the community. I have become more confident than ever that I have the power to make a difference."

-Connie Zheng, Irvington High School

The words from the officials or their representatives reflected their appreciation and amazement at the capabilities of these interns. They will be eagerly anticipating the arrival of the new interns of 2006.

CBC wishes to extend thanks to the offices and staff of Congressman Pete Stark, Senator Liz Figueroa, Senator Elaine Alquist, Assemblyman Johan Klehs, and the city of Fremont offices of Steve Laird and Judy Schwartz for making the internship so meaningful for these leaders of tomorrow.

CBC also thanks Karen Chen, Beverly Cho, and Anna Muh for their coordination efforts to make the program a success.

During the course of the lunch, Mayor Bob Wasserman delivered the keynote address and acknowledged the appreciation for the work of CBC in its community. The honorable Judge Keith Fudenna was present to perform the oath ceremony for incoming officers and board members. Outgoing President Thomas Tang reflected on his term in 2005 before passing his duties on to Josephine Chou, CBC's president in 2006. Josephine delivered a truly inspirational president's address, which outlined her vision and goals for the future of CBC. It was clear that Josephine will have no problems tackling the challenge of her office and that she will continue to carry out the mission of CBC. A big thank you to Thomas Tang for his work this past year, and a salute goes out to Josephine for becoming our next president!

Congratulations to interns and past and present leaders of CBC!

CBC MEMBERSHIP NEWSLETTER

We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Kathy Jang, Executive Director, at 510-790-0740, or email kjang25@yahoo.com.

Editor: Garrett Yee, Asst. Editor: Kathy Jang, Distribution: Lilly Lee
Contributors: Beverly Cho, Larry Hsu, Robert Kaiser, Mike King, Judy Liu Muramoto, Fran Sabado-Gin, Angela Yang

SBCSC Scholarships

By Dr. Fran Sabado-Gin
SBCSC Scholarship Co-Chair



The **South Bay Chinese Service Club** annually awards scholarships to exemplary high school students of Chinese descent in Southern Alameda County. The purpose of the scholarship program is to recognize these talented students for their hard work and achievements, and to provide encouragement for the challenges ahead.

Our recipients are an exceptional group of highly motivated future leaders - each year it is difficult to select just a few. The applicants are carefully evaluated based on academic achievement, leadership, and community service. Last year, our organization awarded ten \$1,000 scholarships, eight \$500 scholarships, and four \$250 scholarships for a total of **\$15,000** in awards locally. This year, with your help, our goal is to generate an equal or greater amount for our scholarship fund.

The scholarship awards will be presented during the annual scholarship luncheon to be held on **Saturday, April 1, 2006** at the Courtyard by Marriott in Newark, California. Our speakers this year include two previous scholarship winners and Tri-City residents, **Fremont Police Sergeant Clarise Lew**, and **Army Lieutenant Christopher Gin**, who recently graduated from West Point. Both have taken non-traditional career paths and we expect their presentations at the scholarship luncheon to be very interesting, as they give advice and share their experiences with the graduating seniors.



The names of the donors who make this program possible will be included in the program and other printed materials. All donors will also receive written acknowledgment for their tax-deductible contributions. Your participation will make a powerful statement about the strength of our community. Donations may be sent to:

SBCSC
c/o Gordon Jang
38742 Glencoe Drive
Fremont, CA 94536

Scholarship applications are available through the career centers in our local high schools and may also be downloaded from the South Bay Chinese Club website:

www.sbcclub.org

For questions, contact the 2005-2006 SBCSC Scholarship Co-Chairmans: Dr. Fran Sabado-Gin at (510) 651-6141 or docsab1@comcast.net or Willy Yichoy at (510) 792-6961 or willy51@aol.com.

Spring Celebration 2006

By Mike King

It is with great pleasure that I embark on co-chairing the 2006 Spring Celebration with Susanna Wong. Based on the success of last year's Perfect Ten event, we have both a great foundation and a high bar to hurdle. But, I believe we – all of us together – can pull off another great event on **April 22, 2006**.

This year is Fremont's 50th year anniversary of incorporation as a city. The Celebrate Fremont organization is putting together a very memorable series of events to commemorate this momentous occasion. For more information visit the website: www.CelebrateFremont.org.

In keeping with all of the excitement that will be generated (and I know there will be plenty because I'm on one of the committees) we are focusing the 2006 Spring Festival theme to reflect The Celebrate Fremont event and the Chinese community's contribution to Fremont's past, present and future.

Therefore, we are surrounding our theme to the symbol of "Gold", first to represent the Golden Anniversary of Fremont, and second, to represent the Sign of Prosperity. Furthermore, we wish to celebrate the "Year of the Dog."

This theme is a wonderful vehicle for us to celebrate our past and invent our future here in Fremont.

To make this "Gold" theme a reality we need your support. I know there are many of us whose families have made significant contributions to Fremont over the last 50 to 100 years. We need to create a story of pictures, anecdotes, events and monuments that tell of those contributions. If you know of anyone, friend, neighbor, relative or self that has made an impact on Fremont and is of Chinese descent, please contact Mike or Susanna so we can gather pictures and stories from them to include in our Spring Celebration program.

Also, we need "reporters" to conduct interviews and fact gathering. If you are interested in the Chinese contribution to Fremont and have an hour per week to spare in talking to some of our important leaders, esteemed elders, or just plain wonderful Chinese citizens, now is the time to step up.

We are going to have a great set of surprises in this year's event all centered on the Chinese Community's contribution to Fremont. This will be one event you will not want to miss!! (location to be announced)

Nominations for CBC Awards

By Chia-Chee Chan
Secretary, CBC



It is time again for Citizens for Better Community (CBC) to select a *Citizen of the Year* and *Volunteer of the Year*.

The award for *Citizen of the Year* is intended to honor one of its members for outstanding leadership in civic and community service. Past recipients include:

Past Citizens of the Year

1998 Anna Muh
1999 Cecilia Chang
2000 Steve Cho
2001 Steven Chan
2002 Henry Yin
2003 Albert Wang
2004 Garrett Yee

The *Volunteer of the Year* is intended to honor one of its members for outstanding volunteerism to CBC and the community. Past recipients include:

Past Volunteers of the Year

1998 Whisky Ho
1999 Elise Jan & Joan Wang
2000 Chi Choy
2001 Loretta Yu
2002 Eunice Ko
2003 Chia-Chee Chan &
Margaret Wang
2004 Karen Chen

We are now accepting nominations for both awards. Please send your nomination and reason why you chose that nominee to Chia-Chee Chan at chiacheec@yahoo.com by **February 25th**. Our nomination committee will then select one individual for each category and submit their names to the Board of Directors for approval.

Again, your nomination is important to us! Please make your action NOW!

CBC Members Receive Recognition

Congratulations to Ivy Wu and Albert Wang, recipients of the Outstanding Chinese American Community Leaders of 2005. Also, Lena Zee was nominated for BEAR (Bay East Association of Realtors) for the Good Neighbor Award for her contribution to the community.

Ivy, Albert and Lena are currently serving on the Board of Directors for CBC. Congratulations to all and we appreciate your efforts to make this a better community!

Our Toastmaster Family

By Robert Kaiser
President, CBC Toastmasters



"While most people join Toastmasters to improve public speaking and develop leadership skills, many stay because they find in their club a second family." Those are the words of Tevis Thompson, former district governor, during our recent officer training. I find this to be a perfect analogy for our CBC club. We truly are like a family and we take delight in the achievements of our members as we would those of our actual family members.

We have had several members reach milestones in the last 6 months. Henry Yin, Aseem Dayal and Beverly Cho have all received the coveted Competent Toastmaster Award while Amy Cho and Aseem Dayal have received the Competent Leader Award. I would like to congratulate these achievements and all the hard work and dedication of all our club members.

In addition to our individual goals, we also have a collective goal for our club to reach 10 out of a possible 10 club goals this year as set forth by the Toastmasters International Distinguished Club Program. We have already reached 7 of those goals as of January with almost 6 months left to achieve the last 3. This success is again a direct result of the dedication of our members.

I would like to extend an invitation from my family to yours to come visit us and perhaps join our family. Our meetings, while very instructive, are also very fun and full of laughter. Almost like a family get together. We meet every Saturday from 10:00 a.m. to 11:30 a.m. at the Best Friends Learning Center, 42080 Osgood Road in Fremont. Hope to see you all there.

To learn more, visit www.cbc-sfbay.com/toastmaster.

Medicare 2006 Seminar (in Mandarin & English)

When: Saturday ~ March 11 & March 25
Time: 9:30 – 11 am
Where: Irvington High School Library (Fremont Chinese School) on March 11; Tri-City Chinese School on March 25

This workshop will provide very useful information to all and especially those who take care of extended family members. Mr. Daniel Loy, Certified Senior Advisor, Associate Member of American Institute of Certified Public Accountants, Specialist in the Estate Planning for Special Needs Children/Adults will present this seminar.

Walk and Talk

By Angela Yang

Second Friday of the Month

Time: 8:00-9:00 am

Place: Central Park

An opportunity for CBC members to network with each other, and to keep our New Year's resolution to exercise more, will start in February.

Membership Committee co-chairs Chia-chee Chan and Angela Yang will host a monthly walk-and-talk session on every second Friday of the month. CBC members will meet in front of the Boathouse in beautiful Central Park at 8:00 am to start an hour-long session of talking, walking and/or running for an hour. Chia-chee and Angela said they did not consult with a Feng Shui master for the Friday selection; it was a random choice copying the successful monthly Business Breakfast group model. They said it will be an experiment for the time being, and they will gather data as the session moves along to see if the time slots need to be changed later.

Everyone is welcome to come and meet CBC members and Board members; enjoy the beautiful scenery of Lake Elizabeth, the Gem of Fremont; and take with you the benefit of an exercise session.

For information or questions, please call Angela Yang at 745-1414. See you all on Friday, February 10th, at 8:00 am in front of the Boathouse.

Christmas Celebration at Aegis Gardens

*By Judy Liu Muramoto, formerly World Journal Reporter
(Article translated by Lena Zee and Joseph Woo)*

Christmas is almost here (actually it's now past). Various organizations and clubs are all busy planning and holding their celebrations. However, we know it is more fun to celebrate with others than just celebrating by ourselves. In the past five years, Fremont's Citizens for Better Community, CBC, and South Bay Chinese Club, SBCC, have been jointly celebrating Christmas together and bringing and sharing their joyous celebration to the seniors at the Aegis Gardens Retirement Community in Fremont.

Geraldine Low-Sabado, SBCC President, said, "The seniors have given their time to their families and to society. Although we are not the direct benefactors of their time, we would like to give back some of our time to them at the end of the year. If they are happy then we are happy, and everyone is happy."

Entertainment included tap dancing, flute recital, piano accompaniment, and singing of classic Christmas songs. Vice Mayor Steve Cho, dressed as Santa Claus, distributed gifts and posed for pictures with the senior citizens. After the program, the club members joined the senior citizens for dinner. Everyone enjoyed the great food in the midst of the Christmas music.



Josephine Chou, CBC President, and Volunteer Amy Cho indicated that aside from the entertainment, the two clubs also prepared gifts for all the senior residents, contributed towards the meal, and collected canned goods, toys, etc., brought by members of the two clubs to be donated to appropriate non-profit organizations in the Tri-City area.

Emily Poon, Executive Director at the Aegis Gardens indicated that the senior residents look forward with great anticipation each year to this major event, the annual Christmas celebration. She also shared a personal observation with everyone. She said that in recent weeks, she had tried to remind one senior afflicted with Alzheimer's Disease that the holidays are coming but wasn't able to get any response from him. She explained that due to loss of function to certain parts of the brain, Alzheimer patients gradually lose their memory and have difficulty expressing themselves except upon rare occasions when something triggers their memory flashback, resulting in a sudden recall and response.

Emily went on to say, "This evening I observed him watching the program and he was shedding tears. I asked him quietly what happened, and very happily he looked at me and said 'Merry Christmas! Merry Christmas!'"

2005-2006 Directory

President:
Josephine Chou (510) 651-0446

Vice President:
Anna Muh (510) 226-8678

Secretary:
Chia-Chee Chan.....(510) 710-0820

Treasurer:
Gordon Jang.....(510) 790-0740

Past President:
Thomas Tang (510) 353-0507

Executive Director
Kathy Jang.....(510) 790-0740

Committees

Education:
Ivy Wu.....(510) 252-9890

Health:
Herbert Chiu.....(510) 471-3777

Business:
Henry Yin.....(510) 657-1235

Community Involvement:
Albert Wang.....(510) 657-6610

Youth Group: Eunice Ko.....(510) 657-0136

Senior Liaison: Whisky Ho..... (510) 623-7636

Culture Exchange: Lena Zee(510) 651-0732

Membership: Angela Yang.....(510) 745-1414

Website: Carl Chen.....(510) 490-8118

Voter Registration: Cecilia Chang..... (510) 713-1769

Spring Celebration: Susanna Wong....(510) 329-2332

Internship Program: Beverly Cho..... (510) 797-6426

Board of Directors

Cecilia Chang	Simon Chen	Bernadette Chinn
Herbert Chiu	Amy Cho	Steve Cho
Chi Choy	Whisky Ho	Thomas Hom
Larry Hsu	Eunice Ko	Albert Wang
Aaron Wong	Susanna Wong	Ivy Wu
Angela Yang	Garrett Yee	Henry Yin
Teresa Yin Wong	Lena Zee	

CBC Advisory Committee

Adam Chou	Chi Choy	Cindy Lee
Tony Luh	Ting O'Connor	Michelle Royston
Tim Tam	Joan Wang	Patrick Wong
Stanley Woo	Carl Chen, Chair	Simon Chen

MEMBERSHIP APPLICATION / RENEWAL (November 1, 2005 – October 31, 2006)

If you like what you see in this newsletter and want to remain informed, please join CBC.

Please check one of the following and include a check payable to *CBC* and send to:

CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001

- | | |
|--|----------------------------------|
| <input type="checkbox"/> \$20 Individual | <input type="checkbox"/> New |
| <input type="checkbox"/> \$25 Family | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization | |
| <input type="checkbox"/> \$100 Individual: Life Membership | |
| <input type="checkbox"/> \$200 Family: Life Membership | |
| <input type="checkbox"/> \$500 Corporate/Organization: Life Membership | |

Please complete the following member(s) (contact person) information:

Member: _____

Last Name	First Name	Chinese Name
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Spouse: _____

Last Name	First Name	Chinese Name
-----------	------------	--------------

Address: _____

Street	City	State	Zip
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Home Phone #	Office Phone #	e-mail
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Please check here if you don't want to publish your phone # and address in our membership roster.

Citizens for Better Community

P.O. Box 1
Fremont, CA 94537-0001
Web site: <http://www.cbc-sfbay.com>

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Mailing Address
Street Number and Name
City, State 98765-4321



CBC's Mission Statement:

"To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement."

Calendar of Events

Walk and Talk

When: Second Friday of the month (8-9am)
February 10, March 10, April 14, etc.

Where: Central Park, Lake Elizabeth Boathouse
Contact: Angela Yang (510) 745-1414

Chinese New Year Celebration

When: Saturday, February 11, 2006 (2 pm)

Where: Fremont Main Library

Contact: Lena Zee (510) 651-0732

Breakfast Club for Business (BCB)

When: Third Friday of the month (8-9:30 am)

Where: The Original Pancake House (744-1957)
39222 Fremont Blvd, Fremont

Contact: Thomas Tang (510) 713-2388

FEF "Sentimental Journey" Gala

When: Friday, February 24, 2006

Where: Fremont Marriott (46100 Landing Pkwy)

Info: www.fremont-education.org or (510) 713-9940

Upcoming CBC Meetings

***Note: Prior to each meeting, there will be set-up and a social "hour" from 7 pm.**

CBC Board Meeting

Wednesday, February 1, 2006
Place: Carlton Plaza – 7:30 pm

CBC Board Meeting

Wednesday, March 1, 2006
Place: Carlton Plaza – 7:30 pm

CBC Board Meeting

Wednesday, April 5, 2006
Place: Carlton Plaza – 7:30 pm

Mark your Calendars!

Spring Celebration

April 22, 2006