



CITIZENS FOR BETTER COMMUNITY

華人權益服務社

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Membership Newsletter

Volume 3, Issue 4

July/August 2003



CBC Takes First Place at Fremont's July 4th Parade

Congratulations to CBC for placing first in the Novelty Category in this past July 4th parade held in the Warm Springs District of Fremont. CBC also won the People's Choice Award for the second year in a row. CBC shared the honors with Fremont Chinese School, Friends of Children with Special Needs, and Miss Teen Chinatown Cassey Ho.

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President's Message

By Garrett Yee

Excerpt from 2003 Youth Toastmasters Graduation

(Photo: Garrett & Maria on vacation in Mexico)



Where the Shenandoah and Potomac River comes together to form a confluence, there lies the historic community of Harpers Ferry. I had the opportunity to visit Harpers Ferry in August while back in the Virginia for training.

Steeped in American history dating back to the 1700's, Harpers Ferry became known as the site of John Brown's raid, which helped to set the stage for the Civil War. Nestled within the Blue Ridge Mountains on the border of West Virginia and Maryland, Harpers Ferry also served as the place where Merewether Lewis of the famous Lewis and Clark team came to prepare for their famous expedition.

In the early 1800's, heading west was like going to the moon in the early 1960's. The west was unknown and explorers did not know what to expect or exactly how to prepare for the journey. So they crafted hunting, fishing and survival gear, as well as prepared as best they could for anything that may come along. Without knowledge of what to expect, they made the journey west and opened it up for future generations.

Lewis stopped by Harpers Ferry in 1803. Fast forward 200 years to the current year, 2003—

(See President's Message on Page 2)

today we look back on how Lewis and Clark had to prepare for a journey that offered so many unknowns. You see, back then, making the expedition was a lot like going to the moon in the 1960's. If not for their perseverance and drive to succeed, we would see a different west today.

In a way, each of us is an explorer making preparations and plans for our own individual journey in life. As with any journey, it begins with the first step. As we continue the journey we just need to take one more step. As you think about how you will begin your journey in life, you don't have to worry about how you will begin—you have already begun your individual journeys and today, you have taken a big step in your personal journey through life. Congratulations!

For CBC Members, those that team together for a common cause, such as CBC, are forging the way to make life better for future generations. CBC did not know what we were doing 12 years ago, but the preparations that were made then helped to get us to get to where we are today. Likewise, the work we do today will help to put in place those actions that will shape the next 12 years. CBC members and supporters should be proud of the positive impact the organization has had on the community. We have made a difference.

Respectfully submitted,

GARRETT S. YEE
President

CBC Membership Newsletter

The CBC membership newsletter is published bi-monthly. We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Teresa Yin Wong, Executive Director, at 510-793-6302, or email dryin@attbi.com.

Editor	Vivien Chen
Youth Editor	Concord Cheung
Distribution	Lily Lee
Contributors	Amy Cho
	Vivian Lin (Youth Writer)
	Thomas Tang
	Angela Yang

Festival of the Arts Lots of FUN!

By Thomas Tang

We did it again! It was great!! Our VOLUNTEERS were great! There was so much participation that it became a crowd party inside the booth. Many of the volunteers signed up with one name but showed up with the entire family. So many of them had so much fun helping out did not want to get off their shifts. Our site managers worked all day long. Cecilia Chang, our volunteers recruiter, continued to sign up volunteers even in the afternoon of July 27. Without their active participation, we could not have such a success of our festival booth. And, community participation was the first objective we wanted to promote in this event. The QUALITY OF FOOD was well appreciated by the customers. They love our food. Everything was sold. Satay Chicken became a big hit!! Our participation in the festival was also reported in the World Journal on the 28th. Deborah Yang came to our booth and reported the event. Thank you, Deborah! And, again, my greatest appreciation for our volunteers!



Above: Thomas Tang, Loretta Yu and Youth Group Member at Festival of the Arts. Below: Cassey Ho, Miss Teen Chinatown, in July 4th Parade.



Hepatitis B Prevention Seminar at Fremont Main Library

By Angela Yang

Because Asian and Pacific Islander Americans make up more than half of the more than one million known hepatitis B carriers in the U.S. and 5-15% of API immigrants are hepatitis B carriers. CBC, Fremont Main Library, and the Asian Liver Center at Stanford University provided a seminar to call community's attention this major health threat to our community. This bilingual seminar in English and Chinese, held on Saturday, August 9th at the Fremont Main Library, was spearheaded by CBC Board member Eunice Ko and her college-bound son Haley Ko. Press releases and flyers were sent to media outlets, community centers and Chinese grocery markets. Turnout was very good, especially in the Chinese language section.

Participants enjoyed delicious refreshment provided by CBC, listened to informed and humorous presentations, and learned these facts:

- 1 out of 10 Asians are chronic hepatitis B carriers. That's one person at any Chinese banquet table that seats 10.
- Hepatitis B can be transmitted by blood transfusions, sharing needles, unprotected sex, during the birthing process when virus is passed on from mother unaware that she is a carrier to her child, and during early childhood through direct contact with blood of infected individuals from contact between open wounds or sharing contaminated toothbrushes.
- Hepatitis B is not spread by contaminated food or water.
- The major cause of liver cancer is infection with chronic hepatitis B.
- Hepatitis B cannot be cured.
- People with hepatitis B usually have no symptoms.
- Get tested. Ask your health providers for hepatitis B surface antigen test (HBsAg), which is usually not included in a routine physical.
- Get vaccinated. If your blood test for hepatitis B is negative, get the hepatitis B vaccine for you and your family to protect from future infection.
- Get screened. If your blood tests are positive for hepatitis B, you may be a chronic hepatitis B carrier, even though you may have no symptoms and feel "healthy", there is a high risk for developing liver cancer or cirrhosis. After 30 years of age, it's important for carriers to screen for liver cancer by checking every six months for blood level of alpha-fetoprotein (AFP) and having an annual ultrasound examination for the liver.

Either test alone can miss the diagnosis.

- Get help. Early treatment of the hepatitis B infection can reduce the risk of further liver damage.

The Asian Liver Center asks for your support to be part of the Jade Ribbon Campaign. Further information can be found at <http://liver.stanford.edu>, or call 650-725-4837.

CBC/SBCC Share 3rd Annual BBQ Summer Time Fun...

By Amy Cho

If you missed the joint South Bay Chinese Club (SBCC) and CBC barbecue this past August 2, you surely lost out on tons of fun, friends and good food. To top it off, the weather was great that day!

About 90 members from SBCC and CBC participated, that was a BIG attendance. It was nice to see people getting to know each other, enjoying lunch and just relaxing. The event followed the strenuous Fremont Festival of the Arts that took place only the weekend before. At the Festival, it was an entirely different story where SBCC and CBC members were contributing time and energy, and slaving over their booths!

Though Amy and Steve Cho were supposedly in charge of the Annual BBQ, who else came to the rescue but Bernadette Chinn, Ken Chinn, Aliene Yee, Jack Yee, Gerry Lowe-Sabado and Randy Sabado. Thanks to these workaholics for their never ending support. Thanks to everyone who attended, hope to see you all next year!

South Bay Chinese Club Installs New Officers and Directors

The South Bay Chinese Club (SBCC) installed its new officers and directors at their installation dinner held on Sunday, August 17th at Uncle Chong's Restaurant in Fremont. Several CBC members are also SBCC members and serve on both boards. The outgoing president is Aaron Wong and the incoming president is Victor Gin. Congratulations to the South Bay Chinese Club for continuing to serve the community!

CBC Meets with Fremont Fire Chief

CBC Members met with Fire Chief Willie McDonald at the City Offices to listen to the Chief talk about the Fremont Fire Department. Chief McDonald provided an overview of the services and asked for feedback about how the city can better serve its residents. CBC has had a continued interest in public safety and had supported a public safety bond in a recent election.

Congratulations to the 2003 CBC Youth Toastmasters!

Last Name	First Name	School	Grade
Chang	Ada	Milpitas	11
Chen	Stephanie	MSJH	11
Cheung	Daryl	Irvington	8
Cheung	Rex	Irvington	8
Huang	Jeff	MSJH	12
Hui	Kyle	Irvington	9
Lee	Vincent	MSJH	9
Lin	Vivian	American	11
Liu	Tiffany	MSJH	10
Mammen	Samantha	Washington	10
Sheh	Cheryl	MSJH	10
Stillman	Daniel	Hopkins	8
Stillman	Joyce	MSJH	11
Tsay	Joseph	Mission	9
Tseung	Alexander	MSJH	10
Tsiang	Steven	Hopkins	8
Wang	Allen	MSJH	9
Wang	Eric	Hopkins	8
Yuen	Arthur	Bentley	10
Chen	Inga	Hopkins	7
Chen	Stephanie	MSJH	9
Ching	Eric	MSJH	10
Huang	Peggy	MSJH	10
Kao	Jessica	MSJH	10
Ko	Allen	Hopkins	7
Kuo	Judy	MSJH	11
Lee	Jonathan	Hopkins	7
Lee	Victor	MSJH	9
Lin	Dennis	MSJH	9
Lin	Eric	Thornton	7
Lo	Joshua	Jordan	6
Tsai	Austin	Hopkins	7
Tsiang	Michael	MSJH	10
Yu	Kate	MSJH	10
Yung	Jonathan	Hopkins	8
Tseung	Sharon	Hopkins	7
Yung	Michelle	MSJH	10
Zhang	Sean	Thornton	7



Another Year of Toastmasters

By: Vivian Lin

BEE-BEE-BEE-BEEP!!! BEE-BEE-BEE-BEEP!!!

I groaned and sleepily looked at the digital clock across from my bed. 8:00. For a second, I couldn't remember why on this fine summer Saturday morning, I had to get up at such an ungodly hour. Then I remembered. Toastmasters. Today would be the day when I would present the Icebreaker speech that I planned out the night before. A feeling of dread abounded as I finally got up. I sat nervously at my seat, fumbling with my paper, my mouth dry and my hands sweaty. Any second now... "And our next speaker is Vivian Lin. Her speech title is "It's a Short World After All." Trembling, I picked up my paper and walked up to the front of the class. "This is it," I thought to myself as I took a deep breath.

Public speaking. It's one of the greatest fears of most people. In reality, public speaking isn't as scary as it seems. All it takes is some practice along with the support and encouragement of peers. I speak from experience, since this is my third year in Toastmasters, a youth leadership program designed to improve public speaking skills, ranging from impromptu speaking to speech making. From the day I first attended Toastmasters to the day of my third graduation, I have come a long way: from the scared girl who would forget her speech halfway through to a girl who is comfortable with making the speeches she writes, from the pathetic, boring speeches to the humorous, funny ones. As a result, public speaking is no longer one of my greatest fears.

Under the direction of James Lechner and Sam Barrager, students tackled everything from speech organization to voice variety and even evaluation to impromptu speaking. All the participants, including elected officers, had a chance to improve their leadership skills by organizing meetings, coming up with impromptu topics, keeping track of attendance, and making sure that the club ran efficiently. In addition, age and experience carried no weight as newer students took advice from the older students and vice versa, everybody learning from each other's mistakes.

During the graduation on August 16th, the two classes organized a debate: Should human cloning be banned? Students from both classes presented their side and defended it with the skills they've acquired during the 8-week session that had begun on July 28th. It didn't matter which class won the debate – everybody left with a certificate in their hands, an invaluable skill, and friends who had supported and encouraged them, and who they had supported and encouraged in return.

Left: Graduates from the 8-week CBC Youth Toastmasters/ Youth Leadership Program on Saturday, August 16th. Special thanks to Mr. James Lechner and Mr. Saam Barragar for their support.

Prop 54 – How should we vote?

By Albert Wang, MD, Community Involvement Chair

Proposition 54, the so-called “Racial Privacy Initiative”, will be on the October 7 ballot along with the recall election. Due to the publicity on the recall and the celebrity candidate for replacement, little press attention has been focused on this very important issue.

Prop. 54 is a “Prohibition Against Classifying by Race by State and Other Public Entities”. In other words, public agencies will not be allowed to record race-related information on their forms, etc. Proponents believe this will achieve a “color-blind” society. Opponents state that crucial information such as those needed for public health, fighting discrimination and hate crimes, etc., will be eliminated, causing great harm to not just minorities, but the white population as well.

CBC Board of Directors considered the merits of this proposition and voted overwhelmingly to oppose it. Prop. 54 would disallow the collection of information vital to detect diseases more prevalent in different ethnic groups, such as hepatitis B in Chinese. Further, public health efforts to screen diseases and educate the targeted group will no longer be possible. The exclusion in the proposition for medical research cannot address the need for data collected as baseline (without a research purpose) that is used to detect statistically significant differences among groups. From this perspective, the California Medical Association and Kaiser Permanente both are against Prop. 54.

The claim that not collecting such data will help Asian American students get into prestigious state universities more easily is also false. Nothing in the proposition discusses any preferential treatment (or elimination of such) in university admissions or otherwise (such as government contracts). If a public university practices overt discrimination against Asian students, we'll never know without the data. **Prop. 54 just hides discrimination. It does not eliminate it.**

A “color-blind” society is the utopia we all dream of. Unfortunately, “color” does bring certain association with it in the society we live in today. Pretending to be color-blind simply does not work!



**President-elect
Anna Muh to
Lead CBC in
2003-2004**

Citizens for Better Community tapped Anna Muh as its next president, beginning this November. Anna has been a CBC member since 1998.

Anna became the first Chinese-American elected Fremont official in when she was appointed, then elected to the Fremont Unified School District Board of Education in 1998. In 2002, Anna decided not to run for re-election, deciding to help the community in other ways. She has also been active with the Fremont Chinese School, serving as vice principal. Anna was awarded “CBC Citizen of the Year” award for the year 1998. Anna and her husband, Richard, have a son, Victor, and a daughter, Jessica.

According to outgoing CBC President Garrett Yee, “CBC will be in good hands with Anna Muh as the organization’s new president. Anna is a leader and her experience as a former FUSD Trustee will bring a new level of competence to CBC.”



Steve Cho addresses Youth Toastmaster Graduation on August 16th.

CBC Calendar of Events

Serving Meals at the Homeless Shelter

If you have not had an opportunity to do so, you should consider volunteering some time at the Tri-City Home Shelter at Sunrise Village. This is open to anyone interested in helping. If you feel inclined, please contact Margaret Wang and let her know you want to help. Pictured below is the youth group that served dinner a few months back.

Place: Sunrise Village

When: Sunday, August 31, 2003

Contact: Margaret Wang (510) 252-1926

Newark Days

This year, CBC will participate in Newark Days, which will be held in September. CBC will participate in both the parade and the talent show. The Parade will be held on Saturday, September 20th while the talent show will be held on Sunday, September 21st. Don't miss out! See you there!

Place: Newark

When: Saturday/Sunday, September 20-21, 2003

Contact: Gordon Jang (510) 790-0740 (Parade on 9/20) Elise Jan (510) 659-9348 (Performance on 9/21)

Autumn Moon Festival

The third Annual Autumn Moon Festival will be held at the Fremont Library. There will be crafts, entertainment, and lots of fun! Stay tuned for more information on the fun event.

Place: Fremont Library

When: Saturday, September 20, 2003

Time: 1:00-3:00 pm

Contact: Anna Muh (510) 226-8678

Installation of New CBC Directors and Officers

CBC will install its new officers and directors for the new membership year, which begins on November 1, 2003. Mark your calendars, as this will be an opportunity to show your support for the great efforts and contributions by the CBC Board of Directors.

Place: TBD

When: Sunday, October 12, 2003

Contact: Carl Chen (510) 490-8118

CBC BCB (Breakfast Club for Business)

Here is something fun... If you happen to be free on the 3rd Friday of the month, join us for breakfast. Although we call it the Breakfast Club for Business, it is really just an informal way to get together. Some times there are just 4-5 of us, and some times there are more. We are looking for a new location. Call Thomas for details about the next event.

Place: Recently changed—Call Thomas Tang

When: 3rd Friday of each Month (8-9:30 am)

Contact: Thomas Tang (510) 713-2388

CBC 2003 Summer Intern Program

This year, CBC helped to place nine high school interns in local district offices. Following is the list of interns working in local district offices this summer. For more information, contact Karen Chen, Intern Coordinator, at (510) 206-2194.

United States Congressman Pete Stark:

Kate Yu

Mission San Jose High

Tiffany Yang

Mission San Jose High

State Senator Liz Figueroa:

Allen Yeh

Mission San Jose High

Nancy Zhang

Mission San Jose High

State Assemblyman John Dutra:

Nancy Hang

Kennedy High

Jason Lee

St Francis High

Stephanie Chen

Mission San Jose High

Ginny Wang

Irrington High

Esmond Ai

Mission San Jose High



Above: Interns share their experiences and receive training with Louise Wu, Karen Chen, and Lena Zee. Below: July 4th judges panel.--Argus Editor Steve Waterhouse in the front and Councilmember Steve Cho waiving in the background.



2002-2003 Directory

President:

Garrett Yee.....(510) 790-0865

Vice President:

Karen Chen.....(650) 934-5245

Secretary:

Cindy Lee.....(408) 280-6631

Treasurer:

Gordon Jang.....(510) 790-0740

Past President:

Carl Chen.....(510) 490-8118

Executive Director:

Teresa Yin Wong.....(510) 793-6302

Youth Group:

Eunice Ko.....(510) 657-0136

Senior Group Liaisons:

Tim Tam.....(510) 796-0962

Whisky Ho.....(510) 623-7636

Culture Exchange:

Elise Jan.....(510) 659-9348

Membership:

Chia-Chee Chan.....(510) 710-0820

Website:

Carl Chen.....(510) 490-8118

Voter Registration:

Daphne Yang.....(510) 651-6472

Committees

Education:

Anna Muh.....(510) 226-8678

Health:

Herbert Chiu.....(510) 490-8649

Business:

Henry Yin.....(510) 657-1235

Community Involvement:

Albert Wang.....(510) 657-6610

Board of Directors

Cecilia Chang	Chia-Chee Chan	Carl Chen
Simon Chen	Hebert Chiu	Steve Cho
Chi Choy	Whiskey Ho	Tom Hom
Tony Luh	Anna Muh	Ting O'Conner
Michelle Royston	Thomas Tang	Albert Wang
Stanley Woo	Angela Yang	Henry Yin
Teresa Yin Wong	Loretta Yu	Lena Zee

MEMBERSHIP APPLICATION / RENEWAL

If you like what you see in this newsletter and want to remain informed, please join CBC. Please check one of the following and include a check payable to *CBC* and send to: *CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001*

- | | |
|--|----------------------------------|
| <input type="checkbox"/> \$20 Individual | <input type="checkbox"/> New |
| <input type="checkbox"/> \$25 Family | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization | |
| <input type="checkbox"/> \$100 Individual: Life Membership | |
| <input type="checkbox"/> \$200 Family: Life Membership | |

Please complete the following member(s) (contact person) information:

Member: _____

Last Name	First Name	Chinese Name
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Spouse: _____

Last Name	First Name	Chinese Name
-----------	------------	--------------

Address: _____

Street	City	State	Zip
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Home Phone #	Office Phone #	e-mail
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Please check here if you don't want to publish your phone # and address in our membership roster.

Citizens for Better Community

P.O. Box 1
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Web site: <http://www.cbc-sfbay.com>

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"To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement."

Calendar of Events

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Place: Sunrise Village
When: Sunday, August 31, 2003
Contact: Margaret Wang (510) 252-1926

CBC Breakfast Club for Business (BCB)

Place: Recently changed—Call Thomas Tang
When: 3rd Friday of each Month (8-9:30 am)
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Place: Newark
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3rd Annual Autumn Moon Festival

Place: Fremont Library
When: Saturday, September 20, 2003
Time: 1:00-3:00 pm
Contact: Anna Muh (510) 226-8678

Installation of New CBC Directors & Officers

Place: TBD
When: Sunday, October 12, 2003
Contact: Carl Chen (510) 490-8118

Next CBC Meetings

CBC Board Meeting

Wednesday, September 3, 2003
Place: Carlton Plaza— 7:30 pm

CBC Board Meeting

Wednesday, October 1, 2003
Place: Carlton Plaza— 7:30 pm

CBC Board Meeting

Wednesday, November 5, 2003
Place: Carlton Plaza— 7:30 pm



Friends of
Children
with
Special
Needs
March in
July 4th
Parade.