



CITIZENS FOR BETTER COMMUNITY

華人權益服務社

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Membership Newsletter

Volume 4, Issue 2

March/April 2004

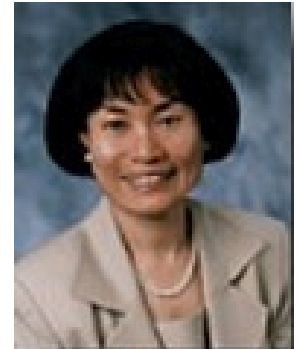


CBC Celebrates 12 Anniversary At 2004 Spring Celebration with Sunrise over Mt Ali

Citizens for Better Community will celebrates its 12th anniversary with this year's theme: Sunrise over Mt Ali. Be sure to attend this year's gala event, which will be held at the Newark/Fremont Hilton on April 24th. For more information, visit our website or contact Chia Chee Chan, event chair, at 510-710-0820.

President's Message

By Anna Muh
(From Spring Celebration)



My dear friends of CBC, your presence and continuous support at this event provides us great encouragement for what CBC stands for and what CBC strives for – to get more involved and to give back to this great community that we call home here in the Tri-Cities area.

Immigrants established this country more than 200 year ago and this is what makes America unique and strong. Most Americans can trace back their ancestors generations back and will not be surprised to find that they were immigrants at one point of time.

Every ethnic group had made great contributions to America one way or the other. Chinese American is no exception either. Way back in the 1800 railroad construction days to the 20th century of the technology era, Chinese had put in hard work to promote the economic prosperity and the modern technology. We had also fought for our fair share of equality in this country just like any other group.

We are proud to be Chinese Americans. We are proud to share our rich culture and heritage with the mainstream. We are here to dream the American dream and stand side by side with one another to defend the country that we had chosen and love.

Twelve years is a full cycle of the Chinese

(See President's Message on Page 2)

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calendar. During this time, CBC has grown from a handful of founding members to several hundred members and still growing. Each year we focus on a couple of areas to serve. This year we chose to better serve our seniors and our youth group.

Taking care of our aging parents is one of the most respected Chinese traditions. Our dream is that one day we can care for all seniors just like we care for our own parents. We are also proud to be a Gold sponsor for Fremont's senior fund raising event this coming May.

Bringing up our youngsters in a positive environment to keep our unique heritage is no small task. Chinese Schools in Fremont (now many of them) have done a great job. CBC is happy to be the glue to bond these schools together to better serve our youth group. Our interns are doing a fabulous job at various elected governmental offices and they have learned much about the importance of public service.

Again, your strong support makes CBC strong in community involvement and community service. We are proud to be part of this great community.

Respectfully,

Anna Muh
President

CBC Membership Newsletter

The CBC membership newsletter is published bi-monthly. We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Teresa Yin Wong, Executive Director, at 510-793-6302, or email dryin@yahoo.com.

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	Amy Cho
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12TH ANNUAL SPRING CELEBRATION SUNRISE OVER MOUNT ALI

APRIL 24, 2004
Newark/Fremont Hilton
6:00 in the evening

Mt. Ali is not a single mountain, but a cluster consisting of 18 great mountains. Mt. Ali is located 72 kilometers east of the city of Chiayi. This area is called Mt. Ali Scenic Area. This whole area is densely forested with a total forest area of 30,000 hectares. The highest peak in this mountain range is Mt. Tower which is more than 2600 meters high.

Mt. Ali has three wonders which are its forests, legend of clouds and the sunrise view. Some world-wide peculiar timbers are produced in this area. When spring arrives, the cherry trees blossom everywhere of the mountains and plains. This beautiful scenery attracts a great many tourists every year. On the mountain there is an alpine plant park. In this park, a lot of fantastic and strange trees are on display.

In the summer, the temperature of the Mt. Ali area is very comfortable. So it is the most wonderful place to avoid sunstroke in Taiwan. Pictured below, the famous Mt. Ali Railway cuts through the most scenic parts of the mountain.

(Photo provided by the Tourism Bureau, Ministry of Transportation & Communications, Republic of China; Photographer: Xu Zhi Hao.)



Henry Yin Takes Helm of Fremont Chamber of Commerce



Dear all Fremont community members,

I am honored to take the Chairperson position with Fremont Chamber of Commerce on April 1st. Please join me to offer our special thanks to the outgoing Chair, Tim Tikalsky, for his leadership and dedicated services for the Chamber in the last many years.

This is going to be my 16th year of volunteer service for the Chamber. I fully understand that **providing our members with more and better benefits and services** is chamber's #1 priority. Several new programs are either being released or shall be introduced soon. To name few, the "Top of the Week" has been a very exciting marketing tool to many members. Scholarship, business roundtable and educational workshops are among others coming out. Sign Ordinance and Worker's Compensation are the 2 top priorities under Government Affairs.

Helping rebuild Fremont's economy is one of Chamber's long-term goals. The keys of ensuring Fremont stronger economic competition are:

- Where we place our vision on global-wide economic development and business opportunity?
- Where we focus our effort on the needs of local business and people?

My 3-Step proposal to improve Fremont's business and economy are:

1. Balanced growth between traditional retail and those with ethnic diversity.
2. Balanced growth between local business and international trading.
3. Balanced growth between conventional retail and technology based industry.

I also need to urge everyone in Fremont to support a **united business community!**

No matter which neighborhood business district you may belong to, or which ethnic you might be from, **we are one big family on one boat** floating, or sinking,

together! We need to work toward **one common goal – to prosper for all of us in Fremont!**

I am confident that I have **vision, passion, experience, and capability** to lead this Chamber and work with the entire business community.

Obviously, this is not a one-person's job. I need from every one of you and from every business **your passion and your action** - offering you talent, experience, and volunteer work.

Lastly, but not the least, we are proud of having an elite team of staffs and volunteered directors who are ready to accomplish our goals with excellent professional skill.

Chamber of Commerce has been by all of you! Chamber of Commerce is here for all of you!

Please call me at (510) 657-1235, or write to me, hmyin@comcast.net, anytime!

WE NEED YOU! CBC Toastmasters

CBC is now organizing a Toastmasters club. We are meeting at Best Friend Learning Center at 42080 Osgood Road, Fremont every Saturday morning from 10 to 11am. Toastmasters International is a non-profit organization established in 1924 in California. It has many members worldwide. Here are the reasons why you and your family should join us:

- Improve your presentation skills
- Strengthen your communication skills
- Open up networking opportunities with other CBC members
- Improve your public speaking skills
- AND many more...

To learn more, please visit www.toastmasters.org or contact Chia-Chee Chan at chiacheec@yahoo.com or call 925.979.2374.

Did you miss the CBC Long Term Care Seminar? To learn how to apply it through CBC group rate (up to 15% off) or get more information, please contact Chia-Chee Chan at chiacheec@yahoo.com or call 925.979.2374.

CBC BCB (Breakfast Club for Business)

Here is something fun... If you happen to be free on the 3rd Friday of the month, join us for breakfast. Although we call it the Breakfast Club for Business, it is really just an informal way to get together. Sometimes there are just 4-5 of us, and sometimes there are more.

Place: Cabrillo Café

When: 3rd Friday of each Month (8-9:30 am)

Contact: Thomas Tang (510) 713-2388

Chinese Medicine Day Held

March 2004 is Chinese Medicine Month's 75th anniversary. This year, CBC is co-sponsoring a "Chinese Medicine Day" under the auspice of the Chinese Medicine Month Committee, a consortium of several prominent Chinese medicine practitioner groups.

Two seminars and complimentary evaluation will be performed through out the event by Chinese medicine doctors (OMDs).

Seminar Topics:

(These are what we selected for the S. Bay topics)

- Allergy - what you need to know about it
- Weight control and exercise for busy people

Language: Chinese Mandarin

Cost: Free

Date: 03/28/2004 (Sunday)

Time: 1:45 PM - 5:00 PM

East Bay Immanuel Prebyterian Church of Fremont
4333 Hansen Ave., Fremont, CA 94536

American Cancer Society Event

By Albert Wang, M.D.

The Chinese Cancer Memorial Foundation (CCMF) announces an upcoming charity concert featuring superstar singer Tsai Chin from Taiwan to be held on 5/1/04 and 5/2/04 at the Flint Center in Cupertino. Proceeds will benefit American Cancer Society, Northern California Chinese Unit, the Asian Liver Center at Stanford, and the CCMF. Tickets are on pre-sale reservation right now, at \$100, \$80, \$60 and \$40. You may also be a sponsor at \$2500 and receive 10 VIP tickets and an invitation for 2 to the post-show reception with Tsai Chin and her band members. The earlier you reserve tickets, the better the seats will be. Please contact Ellie Liu, 510-676-6321 or Selena Shan, 925-938-4215 for ticket purchases.

CBC AND SBCC SPONSOR CHINESE NEW YEAR CONCERT



By Amy Cho

On February 1, Citizens for Better Community and South Bay Chinese Club joined several other organizations in sponsoring a Chinese New Year concert. This musical celebration, one of the Fremont Symphony Orchestra concert series, proved to be a grand way of ushering in the Year of the Monkey!

Our own SBCC and CBC member Lena Zee was the emcee. The Melody of China performers, based in San Francisco, played tunes on the Banhu (bowed two-string instrument), Dizi (bamboo flute), Gu (drums), Sheng (Bamboo mouth organ with 13-36 individual bamboo pipes), Bo (cymbals), Erhu (bowed two-string instrument similar to a violin), Pipa (four-stringed lute) and Yangqin (hammered dulcimer with over 150 strings). Every minute was filled with music and the musicians gave brief explanations during their performances.

Time passed very quickly. At the end of the concert, the performers even invited some of the children in the audience to come to the stage and participate. The youngsters played instruments to join in the music. We have to admit one of the children burst into tears too and that added to the excitement.

This was a great way to pass the weekend.... first Chinese New Year's at the Fremont Main Library on Saturday and then this concert at Ohlone College on Sunday. We were not short of things to do!



CBC in July 4th parade. This year's parade is just around the corner, which will be held in north Fremont.

Asian Health & Politics

By Eric Craig Mah, MPH



On January 13, 2004, Congressman Mike Honda who represents the 15th Congressional District (mostly consisting of San Jose), held a public forum in Santa Clara on the White House Initiative on Asian American and Pacific Islanders (WHIAAPI).

WHIAAPI was created by executive order during the Clinton administration as recognition of health needs specific and relevant to the Asian American & Pacific Islander community.

WHIAAPI has 3 main goals:

1. Develop, monitor and coordinate federal efforts to improve Asian American and Pacific Islander participation in government programs;
2. Foster research and data collection for Asian American and Pacific Islander populations and sub-populations; and
3. Increase public and private sector and community involvement in improving the health and well-being of Asian Americans and Pacific Islanders.

In June 2001, President George W. Bush renewed the Clinton executive order and Dr. John Tsu now chairs this important interagency working group whose mission is to increase opportunities for and improve the quality of life of approximately 12 million Asian Americans and Pacific Islanders living in the United States and the U.S.-associated Pacific Island jurisdictions.

Why is it important to consider Asian Americans and Pacific Islander (AAPI) health needs apart from the general population? Despite the image of Asian Americans being the model minority, consider these facts.

- The poverty rate of AAPI families (14%) is higher than that of non-Hispanic White families (8%).
- AAPIs lack health insurance at a higher rate than the total U.S. population, with Korean Americans being the most likely racial/ethnic group to be uninsured. An estimated 2 million AAPIs are

uninsured.

- AAPIs face tremendous cultural and linguistic barriers to health and social services.
- AAPIs suffer disproportionately high rates of hepatitis B, diabetes, cancer and tuberculosis.
- Infant mortality rates in the U.S.-associated Pacific Island jurisdictions exceed the U.S. rate, in cases more than twice as much.

Consequently, the special needs of AAPIs are clear and the government must take steps to protect our community's health with as much effort as any other vulnerable population.

Unfortunately, the Bush administration is currently taking preliminary steps to change the current WHIAAPI for the worse. Specifically, some hope to move WHIAAPI from the jurisdiction of the Department of Health & Human Services (DHHS) to the Department of Commerce. However, such a move dramatically shifts the priority of WHIAAPI from health and wellness to business and commerce.

What difference does this make? Simply put, without recognition under the auspices of DHHS, the AAPI community has less of a voice compared to other groups when resources are allocated under health grants. In other words, the Asian American community will not have as much influence and our health priorities could be jeopardized.

We must stay active, educated, and involved in public policy and government. Furthermore, we must sometimes raise our voices loudly to be heard in this system of representative government even if doing so may go against our cultural intuitions. To those ends, I encourage each of you to contact the White House (202-456-1111) and tell them you want to keep the Executive Order 13126 under the guidance of the Department of Health & Human Services and not another department.

Together, we can live better, healthier lives.

About the author: Eric Mah is a project manager/consultant on health and research issues and public policy. He earned a Master in Health Sciences from Johns Hopkins School of Public Health and Bachelor of Arts in philosophy from UCLA. He currently works with the Asian & Pacific Islander Wellness Center in San Francisco and proudly calls Fremont, "home."

Homeless Shelter Update

If you have not had an opportunity to do so, you should consider volunteering some time at the Tri-City Homeless Shelter at Sunrise Village. This is open to anyone interested in helping. If you feel inclined, please contact Margaret Wang and let her know you want to help.

Place: Sunrise Village
When: Sunday, May 16, 2004
Sunday, July 31, 2004
Contact: Margaret Wang (510) 252-1926

For information about the Tri-City Homeless Coalition, visit their website at <http://www.tricityhomeless.org> or call 510-657-7409, or e-mail: info@tricityhomeless.org.

SBCSC Scholarships

The **South Bay Chinese Service Club** annually awards scholarships to exemplary high school students of Chinese descent in Southern Alameda County. The purpose of the scholarship program is to recognize these talented students for their hard work and achievements, and to provide encouragement for the challenges ahead.

Our recipients are an exceptional group of highly motivated future leaders - each year it is difficult to select just a few. The applicants are carefully evaluated based on academic achievement, leadership, and community service. Last year, our organization awarded twelve \$1,000 scholarships, three \$500 scholarships, and four \$250 scholarships for a total of \$14,500 in awards locally. This year, with your help, our goal is to generate an equal or greater amount for our scholarship fund.

The scholarship awards will be presented during the annual scholarship luncheon to be held on **Sunday, April 25, 2004** at the Courtyard by Marriott in Newark, California. The names of the donors who make this program possible will be included in the program and other printed materials. All donors will also receive written acknowledgment for their tax-deductible contributions. Your participation will make a powerful statement about the strength of our community. Donations may be sent to:

SBCSC
C/O Gordon Jang
38742 Glencoe Drive
Fremont, CA 94536

South Bay Chinese Club website: www.sbclub.org

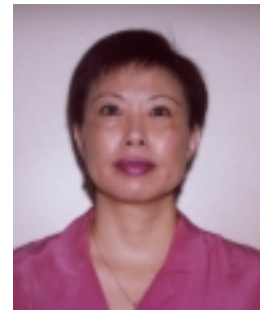
Dr. Albert Wang CBC Citizen of the Year



Chia-Chee Chan and Margaret Wang CBC Volunteers of the Year



Chia Chee Chan



Margaret Wang



Henry Yin getting installed at the next Fremont Chamber of Commerce Chair.

2003-2004 Directory

President:

Anna Muh.....(510) 226-8678

Vice President:

Thomas Tang.....(510) 353-0507

Secretary:

Amy Cho.....(510) 797-6426

Treasurer:

Gordon Jang.....(510) 790-0740

Past President:

Garrett Yee.....(510) 790-0865

Executive Director:

Teresa Yin Wong.....(510) 793-6302

Committees

Education:

Larry Hsu.....(510) 490-2936

Health:

Herbert Chiu.....(510) 490-8649

Business:

Henry Yin.....(510) 657-1235

Community Involvement:

Albert Wang.....(510) 657-6610

Youth Group: Eunice Ko.....(510) 657-0136

Senior Liaison: Whisky Ho.....(510) 623-7636

Culture Exchange: Elise Jan.....(510) 659-9348

Membership: Chia-Chee Chan.....(510) 710-0820

Website: Carl Chen.....(510) 490-8118

Voter Registration: Daphne Yang.....(510) 651-6472

Board of Directors

Cecilia Chang	Chia-Chee Chan	Carl Chen
Simon Chen	Hebert Chiu	Steve Cho
Chi Choy	Whiskey Ho	Tom Hom
Karen Chen	Robert Danko	Josephine Chou
Albert Wang	Elise Jan	Aaron Wong
Angela Yang	Henry Yin	Daphne Yang
Teresa Yin Wong	Loretta Yu	Lena Zee

CBC Advisory Committee

Adam Chou	Chi Choy	Cindy Lee
Tony Luh	Ting O'Connor	Michelle Royston
Tim Tam	Joan Wang	Patrick Wong
Stanley Woo	Carl Chen, Chair	

MEMBERSHIP APPLICATION / RENEWAL

If you like what you see in this newsletter and want to remain informed, please join CBC. Please check one of the following and include a check payable to *CBC* and send to: *CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001*

- | | |
|--|----------------------------------|
| <input type="checkbox"/> \$20 Individual | <input type="checkbox"/> New |
| <input type="checkbox"/> \$25 Family | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization | |
| <input type="checkbox"/> \$100 Individual: Life Membership | |
| <input type="checkbox"/> \$200 Family: Life Membership | |

Please complete the following member(s) (contact person) information:

Member:

_____	_____	_____
Last Name	First Name	Chinese Name

Spouse:

_____	_____	_____
Last Name	First Name	Chinese Name

Address:

_____	_____	_____	_____
Street	City	State	Zip

_____	_____	_____
Home Phone #	Office Phone #	e-mail

Please check here if you don't want to publish your phone # and address in our membership roster.

Citizens for Better Community

P.O. Box 1
Fremont, CA 94537-0001
Tel. (510) 247-6280
e-mail: cbcservices@cbc-sfbay.com
Web site: <http://www.cbc-sfbay.com>

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City, State 98765-4321



"To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement."

Calendar of Events

CBC Toastmasters

Place: Best Friends Learning Center
Address: 42080 Osgood Road, Fremont
When: Saturdays (10-11 am)
Contact: Chia Chee Chan (925) 979-2374

CBC Breakfast Club for Business (BCB)

Place: Cabrillo Park Café (4673 Thornton Ave)
When: 3rd Friday of the month (8-9:30 am)
Contact: Thomas Tang (510) 713-2388

CBC Spring Celebration

Place: Newark/Fremont Hilton
When: Saturday, April 24, 2004
Contact: Chia-Chee Chan (925) 979-2374

Celebrating Newark's Diversity

Place: Newark Pavilion
When: Sunday, April 25, 2004
Contact: Elise Jan (510) 659-9348

Serving Meals at the Homeless Shelter

Place: Sunrise Village
When: Sunday, May 16, 2004
Contact: Margaret Wang (510) 252-1926

Next CBC Meetings

CBC Board Meeting

Wednesday, April 7, 2004
Place: Carlton Plaza– 7:30 pm

CBC Board Meeting

Wednesday, May 5, 2004
Place: Carlton Plaza– 7:30 pm

CBC Board Meeting

Wednesday, June 2, 2004
Place: Carlton Plaza– 7:30 pm

Membership Dues Due

It is that time of year again...

The new membership year began on November 1, 2003. If you have not paid your membership dues in the last few months, please complete the membership form and send in your dues. Better yet, become a lifetime member and never worry about your annual dues. Your dues help to pay for our CBC newsletter. Thanks in advance for your support!