



CITIZENS FOR BETTER COMMUNITY

華人權益服務社

P. O. Box 1, Fremont, CA 94537-0001

Web site: <http://www.cbc-sfbay.com>

Membership Newsletter

Volume 7, Issue 2

March / April 2007

CBC Celebrates 15th Annual Spring Celebration “Evening in Canton”



Master Chef Martin Yan entertains the crowd at the Annual Spring Celebration. See page 3 for more details.

President's Message

By Steve Cho



Greetings to All,

Wow, we did it! The 15th Annual CBC Spring Celebration was a smashing success! Of course, the success may be attributed to Martin Yan's appearance at the event but I would also suggest that our Spring Celebration has become a “must” attend event for the community.

I would like to extend my appreciation to all the people who worked very hard on making the 15th Annual Spring Celebration a huge success. The two Co-Chairs, Mike King and David Sheen, orchestrated and directed the team that met several months to plan out the event. I would like to say thanks to Sharon Yap and Linette Young for giving of their time and sharing their expertise in planning the event. Another individual to recognize is Suzanne Chan. She was instrumental in getting many of this year's sponsors. There were many others who helped but if I try to list all the names of the individuals, I know I will invariably leave someone off. So, I'll just say thanks to everyone!

In the spirit of community service, Martin Yan was a showcase of what service is all about. He acknowledged our non-profit status and what CBC stands for by donating his time and making his Trade Mark Name available for us to use in promoting the event. He even donated a percentage of his book and merchandise sales to CBC as his way of giving back to the community. Thank you to Martin and his staff for their participation and help.

Now that our major fundraiser has passed and we have successfully raised the necessary funds for the year, we

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must turn our attention to providing the programs and services that will help our members and our community.

We have recently sponsored, co-sponsored or participated in several events in the community. These included the Chinese New Celebration at the Fremont Library, the Culture to Culture Senior Mental Health Services, the FUN Rotary Club Chinese New Year Celebration, the Ohlone College Foundation Annual Awards Luncheon, the Chinese Medicine Clinic at the Fremont Library, the Fremont Symphony Children's Concert and the South Bay Chinese Service Club Scholarship Award.

In the next few months, there are several programs that CBC will be supporting and/or will host. These include our participation in the Annual Relay for Life Cancer Walkathon (American Cancer Society), conducting the Summer Youth Toastmasters Leadership Program and conducting the Summer Youth Internship Program. CBC looks forward to participating in the July 4th Parade. This year the parade will be held in the Niles District.

I invite you come join us. It will be an excellent opportunity to meet people in the community and to create new and build on old friendships.

Warm regards,

Steve Cho

Steve Cho
President

Chinese New Year at the Fremont Main Library

By Amy Cho

We sure know how to have celebrations! Even though Chinese New Year had officially taken place in February, Citizens for Better Community and sister organization South Bay Chinese Club put together a big Chinese New Year program at the Fremont Main Library on March 3, 2007. This program involved many, many people. Some participated in an hour-long performance. Others demonstrated Chinese traditional art. And still others helped children to work on crafts.

Angela Yang, Karen Pacheco and the Fremont Library staff spared no efforts to make CBC and SBCC welcome and comfortable in the library. The Fukaya Room was



packed with an audience that finally had to be turned away because of lack of space. But all was not lost. Outside there were areas where one could see the art of Chinese Knot, Silk Dye, Chinese Calligraphy, Dragon Design, Dough Figurines, Paper Cutting and Flower Arrangement. And in the Storytime Theater, children could see and have hands-on fun with doing Chinese Crafts. The children made fortune cookie pins, Year of the Boar fans, and Chinese lanterns. SBCC handled the children's crafts, while CBC attended to the program show and art demo groups. The event received donations from Fremont Bank and Marina Foods-Union City.

The Chinese New Year celebration was largely arranged by Peggy Chiou and Gerry Low-Sabado (Past President of SBCC) while Eileen Morrison and Josephine Chou coordinated a wonderful group of artists: Piling Tsai, Anli Liu, Judy Yen (Chinese Knot), Sue Lin and Iris Lin (Silk Dye), Yu-Ping Cheng (Chinese Calligraphy), Wen-Shu Wang (Dough Figurine) and Spring Kao (Paper-Cutting), Lily Hou (Flower Arrangement), Christine Lee (Dragon Design). The performers included members from the Firebird Youth Chinese Orchestra, Da Ai Choir, O-mei Fremont WuShu Academy, Tri-City Chinese School, MERC Hayward Chinese School, and Chinese Story Teller Jessica Muh.

Our thanks also go to Emcee Lena Zee, Sound System Manager Johnson Ling, and Decorations Contributor Joanne Ma of Purple Lotus School. Other CBC and SBCC members who gave so much of their time include: Aliene Yee, Alissa Yee, Michi Yee, Amber Sabado, Randy Sabado, Bernadette Chinn, Amy Cho, Steve Cho, Cecilia Leon, Ellie Wong, Fran Gin, Lorrie Wong, Ron Wong, Serena Suranyi, Anna Muh, Emily Chan, and Hwei Min Wu Lu (Conductor of the Da Ai Choir).

Hooray for the Year of the Boar!

July 4th Parade needs you!

This year the Fourth of July Parade will be held in the Niles District on Wednesday, July 4. CBC needs your support by bringing your family and friends to march with us in the parade.

Please call Amy Cho (510) 797-6426 if you have any questions about joining the parade. We are looking forward to having you march with us!

Spring Celebration 2007

By David Sheen
Co-Chair, Spring Celebration

"Wow, this is the most fun I had in years...I can't believe I get see Martin Yan cooking before me!" That was a comment I've heard over and over again on the night of CBC's Spring Celebration.

Not only that, our seats were sold out weeks before our event; there was even a "waiting list" of people who wanted to come. Needless to say, Citizens for Better Community's 15th annual fundraiser gala was a great success.



CBC raises the majority of our operating funds from our annual Spring Celebration event. Since its establishment, CBC exists for the betterment of Chinese Americans and the community at large by sponsoring and participating in activities that fall within our mission. The record success of our fundraising this year will certainly enable us to continue hosting and supporting all our existing and future programs and community activities.

CBC Spring Celebration is more than just a fundraiser. It is also a momentous tradition for our members, supporters and affiliates to mingle and to learn from each other. More importantly, it is the time of year for us to recognize and honor our model citizen and volunteer of the year. I am very pleased to see our former president, Thomas Tang, receiving the award as our "Citizen of the Year" and our Director and Officer, Bernadette Chinn being honored as CBC "Volunteer of the Year." They are both deserving and outstanding individuals who have contributed greatly to CBC and our community at large. Their achievements and dedications are inspiring to us all.

Of course, this year's Spring Celebration event could not have happened without the hard work and unconditional support of our planning committee members and the CBC Board of Directors including, my Co-Chair, Mike King, our President Steve Cho and Board of Directors and members Sue Chan, Henry Yin, Susanna Wong, Linette Young, Carl Chen, Sharon Yap and Chi Choy, just to name a few.

We also owe a special "Thank you" to our celebrity guest this year, Master Chef Martin Yan for taking the time from his busy schedule to meet and entertain our guests. Martin's live demonstration and comic skills were beyond our expectation.

We also want to thank our new and returning sponsors for their generous support and contributions to our organization.

Platinum Sponsor

Fremont Bank

Gold Sponsor

HSBC

Robson Homes

Ruby Sponsor

Fremont Firefighters Local 1689

Kaiser Permanente

Washington Hospital

Wells Fargo Bank

Jade Sponsor

Milpitas Square

Ohlone College

SummerHill Homes

Yin McDonalds/APAPA

Pearl Sponsor

GD Commercial

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Greenbriar Homes

JD Global Law Group

Pacific Commons Retail Properties

Pacific National Bank

Palo Alto Medical Foundation

Pan Pacific Bank

Regis Homes

Silverstate Development

Wine Sponsor

White Crane Winery

Also, we are grateful to those that generously donated door prizes, silent auction prizes and in-kind donations for the Spring Celebration.

We appreciate everyone's continuous support and participation that enables CBC to give back to the community.

I look forward to seeing you all again next year!

CBC Summer Internship Program

Offering Local Chinese-American Youth:

- ?? *Communication and Leadership Skills Development*
- ?? *Exposure to The Legislative Process (Federal, State & Local)*
- ?? *Practical Work Experience*
- ?? *Opportunity to Work With Legislators to Help Our Community*
- ?? *Source of Recommendation Letter for Future Colleges and Jobs*

Qualifications:

1. Chinese American, 16 years or older on January 1, 2007
2. High School Sophomore, Junior, or Senior
3. Resident of the San Francisco Bay Area
4. Preference given to families of CBC members

Requirements:

1. Able to work 3 to 6 hours a week (total of at least 60 hours during the summer)
2. 3 to 5 month commitment (to be negotiated with the legislative offices)
3. An essay describing your experience at the end of the term
4. Must be available to meet for orientation as well as 2 evenings during the summer for Interns' Progress Meeting
5. Reliable transportation to/from designated internship office

At the End of the Program, You Will Receive:

- ?? \$300 Stipend
- ?? Certificate of Completion Awarded at the Annual CBC Interns' Appreciation Luncheon
- ?? Possible Recommendation Letter from an Elected Official

If you are interested in this program, please contact Lisa M. Quan, CBC Internship Coordinator, at 415-238-1893 or via e-mail at lisamquan@istep.com. Or complete the application form (available at the CBC website: www.cbc-sfbay.com) and mail (or e-mail) to the address above.

Application deadline: Thursday, May 1, 2007

Summer Youth Toastmasters Leadership Program

By Irene Yung & Eunice Ko

The Summer Youth Leadership Program is designed to develop speaking and leadership skills for young people to be better prepared to meet the demands and challenges of today's world. This program is for students who are currently enrolled in a Tri-City or Milpitas high school. The students should be in Grade 9 in September 2007 or older. This program meets on Saturday mornings from 9:00 a.m. to 11:00 a.m. for eight weeks from June 23-August 11, 2007. The location is at Best Friends Learning Center, 42080 Osgood Rd., Suite 1, Fremont, CA 94539. The cost for a CBC member is \$25 per student and \$55 for non-members (materials and snacks are included). The fee is nonrefundable.

The application can be downloaded at www.cbc-sfbay.com and click on "CBC Youth Group." Send the completed registration form and make a check payable to CBC. We encourage students to write a simple essay telling us why you want to participate in this program. Send a stamped, self-addressed, envelope to CBC Youth, 193 Beaumere Way, Milpitas, CA 95035. A confirmation letter will be sent to you by mail by late-May.

The application deadline is May 1, 2007. The class size is limited to 10-15 students. Please apply early if you are interested in this program.

More information on the Toastmasters Youth Leadership Summer Program is available at the above-mentioned website. Questions can be sent to: cbc_ylp07@yahoo.com.

Appreciation Corner

CBC would like to thank the following for their generous donation:

Marina Foods (Union City): food for the Tri-City Homeless Shelter and Chinese New Year Celebration

Fremont Bank: donation for the Chinese New Year Celebration

Charter Anniversary Celebration

By Mary Shambaugh
President, CBC Toastmasters



“Hello?” “Yes, this is Mary.”
“Signature? You need my signature?” Right now?! “I’m afraid I can’t do that right now. I’m standing in line for a chance to compete for Wheel of Fortune and I’ve been in line now for four hours, and I’m almost there.”

That was the scene 3 years ago on the night that CBC Toastmasters was chartered. There was to be a hand-off of paperwork that would make it all official. We had been scouring the community for just one more person who would be interested in wanting to better their speaking skills. We were just one person shy of the 20 needed. Now we had 23 and all was a go, and off I left for my chance to ‘spin the wheel’ and feeling quite pleased that our little club was also headed for notoriety.

Our ‘little club’ which now numbers 39, celebrated this charter anniversary on March 24 at Yen Ching Restaurant on Washington Blvd. in Fremont. The nicely appointed banquet room was perfect for our gathering and the food that followed the meal was plentiful and tasty. A perfect way to treat ourselves for the last 3 years of pushing past our fears of standing in front of an audience while learning so much more. But the friendships formed have been the unexpected blessing of all our efforts.

We looked back with fond memories, but now we look forward towards our current goals and how we will reach them. We each have individual aspirations we hope to achieve since we are all different in our strengths and weaknesses, but only by working together can we reach them. Thus, the club will continue to thrive and grow simply as a by-product of all its’ individual parts working in tandem, helping one another.

Which is exactly what they did when I was far away in San Francisco with my pen, someone in the community of our Toastmasters district, took care of it for me and we were on our way...even if I didn’t end up getting a chance to ‘spin the wheel.’ I still have people cheering me on each Saturday morning as I race towards my reward that exceeds any dollar amount.

Want to feel what it’s like to be famous? Come join us as we applaud YOUR successes!

To learn more about CBC Toastmasters, visit www.cbc-sfbay.com/toastmaster.

Come and visit *Citizens for Better Communicators*.

When: Saturdays
Where: Best Friends Learning Center
42080 Osgood Road, Fremont
Time: 10 a.m.

March is Chinese Medicine Month

By Herbert Chiu, DDS
Chair, CBC Health Committee

In celebration of the Chinese Medicine month, United California Practitioners of Chinese Medicine (UCPCM) and CBC held a free Chinese medicine evaluation at the Fremont Main Library on March 31st.

Twelve local Chinese medicine doctors of various specialties, such as internal medicine, dermatology, allergies, gynecology and pain management, participated in the 3-hour long event. It attracted families and individuals ranging from elementary school children to grandparents. Nearly 100 people got their complimentary consultation and evaluation. A few of them even received minor adjustment of their arms and shoulders as a demonstration of how acupuncture can work for pain management.

Stay tuned for this annual event next year. The Fremont Main Library will join CBC and UCPCM as a co-sponsor!



CBC MEMBERSHIP NEWSLETTER

We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Kathy Jang, Executive Director, at 510-790-0740, or email kjang25@yahoo.com.

Editor: Kathy Jang
Distribution: Lilly Lee
Contributors: Herbert Chiu, DDS, Amy Cho, Fran Sabado-Gin, Eunice Ko, Lisa Quan, Mary Shambaugh, David Sheen, Willy Yichoy, Irene Yung

South Bay Chinese Service Club's 2007 Annual Scholarship Luncheon

*Submitted by Willy Yichoy and Fran Sabado-Gin,
Co-Chairpersons*

This year the South Bay Chinese Service Club awarded \$10,000 in scholarships to graduating high school seniors of Chinese descent at our 38th annual SBCSC Scholarship Luncheon held at the Courtyard by Marriott, Newark-Silicon Valley on Saturday, April 1, 2007. SBCSC President Mary K. Lim greeted the graduates and praised them for their outstanding academic records and participation in community activities. Each applicant was introduced and presented with certificates of recognition from Congressman Pete Stark, State Senator Ellen Corbett, Assemblyman Albert Torrico and Alameda County Supervisor Scott Haggerty. Honored guests included Congressman Pete Stark, his son Fish, and assistant Jo Cazenave, Fremont Mayor Bob Wasserman, City Councilman Steve Cho and his wife, Amy, Planning Commissioner David Bonaccorsi, Fremont School Board Members Peggy Herndon, Nina Moore, Lara York and Ivy Wu, Citizens for Better Community Board Members Thomas Tang, Angela Yang and Lena Zee, and former Assemblymember John Dutra was represented by his wife Bernadine, and John J. Dutra of Dutra Enterprises.

Our speakers were Fremont School Board member Ivy Wu and Ohlone College Board Trustee and previous SBCSC scholarship winner Garrett Yee. Both speakers shared their experiences. They advised the students to pursue their dreams, challenge themselves, work hard and dare to step out of their comfort zones. They encouraged them to pursue their dreams, choose their experiences wisely and strive to keep their integrity. Both presentations were very well received by the students, their parents, club members, donors and local dignitaries.

The 18 applicants represented 4 different high schools in the Tri City area. They are an impressive group of scholars. Their average GPA is 3.80 and together they have donated over 5,380 community service hours. In this group there are 4 National Merit Finalists, 4 AP Scholars, 4 students with perfect unweighted 4.0 GPA's, and 1 valedictorian.

\$1,000 Scholarship Recipients

- ~ Karen Chong, American High School (Karl Ngan Memorial Scholarship for Leadership)
- ~ Kevin Shen, Irvington High School
- ~ Lily Chen, James Logan High School
- ~ Johnny Lin, James Logan High School (also best

essay \$250)

- ~ Cindy Guan, Mission San Jose High School (also best essay \$250)
- ~ Christopher Pang, Mission San Jose High School
- ~ Christina Yeh, Mission San Jose High School

\$500 Scholarship Recipients

- ~ Jasper Chen, Irvington High School
- ~ Wei Jung Hsia, Irvington High School
- ~ Emily Ho, James Logan High School
- ~ Ethan Chou, Mission San Jose High School
- ~ Jessica Liu, Mission San Jose High School



2007 Scholarship Recipients

- Front row (l to r):** Ethan Chou, Karen Chong, Jasper Chen, Christopher Pang, Cindy Guan
Second row (l to r): Liang Ping Shen, Wei Jung Hsai, Johnny Lin, Emily Ho, Lily Chen
Third row (l to r): Garrett Yee, Ivy Wu, Fran Sabado-Gin, Willy Yichoy

Volunteers Wanted to Participate in a Special Diabetes Research Study

Dr. Christine Kwan, Project Director from UCSF, is looking for volunteers who have Type 2 diabetes in the South County area to participate in a special diabetes research study. Because the rate of Type 2 diabetes is 2-3 higher in the Chinese population as compared to other ethnic groups, the study will help to establish norms and help to determine possible causes. The study will also serve to create a basis for future funding on a State and Federal level.

UCSF is recruiting participants for a research study about the roles of family and culture on diabetes management. If you have Type 2 diabetes, are a Chinese or Chinese American, are married or live with a partner, and aged 35-75, you may be eligible to participate in the study. Participants will be paid a nominal fee for their participation. If you are interested or have any questions, please call Dr. Kwan at (415) 476-3889.

2006-2007 Directory

President:
Steve Cho (510) 797-6426

Vice President:
Lena Zee (510) 421-6666

Secretary:
Bernadette Chin..... (510) 790-3944

Treasurer:
Gordon Jang.....(510) 790-0740

Past President:
Josephine Chou(510) 651-0446

Executive Director
Kathy Jang.....(510) 790-0740

Committees

Education:
Ivy Wu.....(510) 252-9890

Health:
Herbert Chiu.....(510) 471-3777

Business:
Henry Yin.....(510) 657-6850

Community Involvement:
Albert Wang.....(510) 657-6610

Youth Group: Irene Yung.....(510) 659-8618

Senior Liaison: Whisky Ho..... (510) 623-7636

Culture Exchange: Lena Zee(510) 421-6666

Membership: Angela Yang.....(510) 745-1414

Website: Carl Chen.....(510) 490-8118

Voter Registration: Cecilia Chang..... (510) 713-1769

Spring Celebration: Mike King.....(510) 918-6015

Internship Program: Lisa Quan.....(510) 770-3900

Board of Directors

Suzanne Chan	Carl Chen	Herbert Chiu
Amy Cho	Chi Choy	Whisky Ho
Thomas Hom	Larry Hsu	Mike King
Anna Muh	David Sheen	Thomas Tang
Albert Wang	Aaron Wong	Susanna Wong
Stanley Woo	Ivy Wu	Angela Yang
Garrett Yee	Henry Yin	

CBC Advisory Committee

Adam Chou	Chi Choy	Cindy Lee
Tony Luh	Ting O'Connor	Michelle Royston
Tim Tam	Joan Wang	Patrick Wong
Stanley Woo	Carl Chen, Chair	Simon Chen

MEMBERSHIP APPLICATION / RENEWAL (November 1, 2006 – October 31, 2007)

If you like what you see in this newsletter and want to remain informed, please join CBC.

Please check one of the following and include a check payable to *CBC* and send to:

CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001

- | | |
|--|----------------------------------|
| <input type="checkbox"/> \$20 Individual | <input type="checkbox"/> New |
| <input type="checkbox"/> \$25 Family | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization | |
| <input type="checkbox"/> \$100 Individual: Life Membership | |
| <input type="checkbox"/> \$200 Family: Life Membership | |
| <input type="checkbox"/> \$500 Corporate/Organization: Life Membership | |

Please complete the following member(s) (contact person) information:

Member: _____

Last Name	First Name	Chinese Name
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Spouse: _____

Last Name	First Name	Chinese Name
-----------	------------	--------------

Address: _____

Street	City	State	Zip
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Home Phone #	Office Phone #	e-mail
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Please check here if you don't want to publish your phone # and address in our membership roster.

Citizens for Better Community

P.O. Box 1
Fremont, CA 94537-0001
Web site: <http://www.cbc-sfbay.com>

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CBC's Mission Statement:

"To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement."

Calendar of Events

HYSTA Annual Conference

When: Wednesday, May 2, 2007 Center
Where: Santa Clara Convention Center
Contact: www.HYSTA.org for online registration

Fremont Symphony Orchestra: Pops Concert

When: Saturday (8 pm) & Sunday (2pm)
May 12 & 13, 2007
Where: Ohlone College Smith Center
Contact: www.fremontsymphony.org

SBCC 20th Annual Golf Tournament

When: Sunday, May 20, 2007 (9 am)
Where: Sunol Valley Golf Course, Cypress Course
Awards Banquet: Wok City Diner
Contact: Frank Louie (510) 656-1041

Passport to Adventure: Multicultural Magic

When: Friday, June 8, 2007 (6:30 pm)
Where: Fremont Main Library
Contact: Tiona Smith tsmith@aclf.org or (510) 745-1542

July 4th Parade

When: Wednesday, July 4, 2007 (10 am)
Where: Niles District
Contact: Amy Cho (510) 797-6426

Upcoming CBC Meetings

***Note: Prior to each meeting, there will be set-up and a social "hour" from 7 pm.**

CBC Board Meeting

Wednesday, May 9, 2007 (postponed from May 2)
Place: Carlton Plaza – 7:30 pm

CBC Board Meeting

Wednesday, June 6, 2007
Place: Carlton Plaza – 7:30 pm

CBC Board Meeting

Wednesday, July 11, 2007 (postponed due to July 4)
Place: Carlton Plaza – 7:30 pm



Congratulations to Lt. Col. Garrett Yee for being recognized as Citizen of the Year by the Indo-American Community Federation (Picture: Garrett Yee with wife, Maria, and Lt. Gov. John Garamendi)