



CITIZENS FOR BETTER COMMUNITY

華人權益服務社

P. O. Box 1, Fremont, CA 94537-0001

Tel. (510) 247-6280

Web site: <http://www.cbc-sfbay.com>

e-mail: cbcservices@cbc-sfbay.com

Membership Newsletter

Volume 3, Issue 3

May/June 2003

11th Annual Spring Celebration Plenty of Fun and Entertainment!

On April 26th, Citizens for the Better Community, "CBC" celebrated their 11th annual Spring Celebration at the Newark/Fremont Hilton in Newark. There were a variety of participants, including the 91st Division Color Guard, the Academy of Chinese Performing Arts, Chinese Acrobats, and other local talent. There was a street fair and Karaoke Night Club as part of the celebration. The two major sponsors for this year's celebration included the Fremont Vista Retirement Home, which broke ground last month, and ERA The Property Professionals.

The theme this year was An Evening in Old Shanghai, which reached back to the period of the 1930s and 1940s of Shanghai. Event Co-Chair Anna Muh explained, "This year, we selected a theme that takes us back a few years to the "Golden Age" of Shanghai during the 1930's and 1940's. This was a time when world travelers would be sure to stop by Shanghai to enjoy its

President's Message

By Garrett Yee

*Excerpt from 2003
Spring Celebration*



It's about community. It's not just about where you live, it's about relationships and mutual support. Obviously, our sponsors tonight have shown great support. I'd like to single out two great partners this year: Fremont Vista Retirement Homes and ERA The Property Professionals. We also have amongst us tonight organizations that we believe have mutually shared interest in improving our community: Fremont Education Foundation, Indo American Community Federation, Alameda County Library Foundation, Washington Hospital Healthcare Foundation, and of course the Ohlone College Foundation. Thank you for being our partners. Very few days can mark a major turning event in history as we saw with September 11th. If there is any bright spot, it is the fact that we have come to appreciate what we have in our own turf, and that is the local police and fire fighters. Tonight we have representatives from both the Fremont and Newark Fire and Police Departments. Let's give them a hand.

The 1930's

When the stock market crashed in 1929, our nation spun into such a horrible economic period that we named it "The Great Depression." History would tell us that it was actually a series of three stock market crashes, but it made no difference—it brought to an end, the Famous Roaring 20's. My father lived through the Great Depression and he can recall the long food lines everywhere and the unemployment. People wanted to work, but there were no jobs. This was before Social Security and Unemployment Insurance. The word depression not only captured the state of the

(See President's Message on Page 2)

INSIDE THIS ISSUE

- 3 Jade Ribbon Campaign
- 4 Remembering Lilian Shu
- 4 Chinese New Year—Year of the Ram
- 5 Citizen and Volunteer of the Year
- 5 Honoring CBC Interns
- 6 Calendar of Events

economy, but it reflected how the people of our nation felt.

At the same time in another part of the world, there was a place called Shanghai. Shanghai was beginning to grow into what we now refer to as the "Golden Age" of Shanghai. In Shanghai, life was good. This was a striking contrast to what was happening in the United States and it gave those that could afford to travel, the opportunity to take a break from the turmoil. It gave hope to some that America would eventually get through the tough times. In the 1930's, people were proud—they knew they were down and under. Ultimately, those that survived the Great Depression did so because they learned to live with what they had. In doing so, this era created men and women of character, later to become known as the Greatest Generation.

Let's Thank The Armed Forces

This time last year I met a man in Washington DC who had devoted his life to public service. When asked why he did so, he pulled out of his coat pocket a small booklet like this and read from page 1: Establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves and our posterity. If you are asking why these words may sound familiar, it is because they come from of our Constitution of the United States. To date, many Americans have made the ultimate sacrifice to protect our Constitution, and I am grateful. As get we caught up in our busy schedules, it is easy to take for granted all that we enjoy. So today, as with most days rain or shine, I proudly displayed the United States flag in front of my house.

CBC Future

During the past 12 months, we as a nation and community have been through challenging times. There has been one major event after another, with each event attempting to out do the previous. We had the energy crises, September 11th, the economy, the budget crises, and now the Middle East. But through it all, we know that we will get through these tough times. So, tonight, we offer you the chance to take a break from all that is happening and enjoy an evening of good food, entertainment, and most of all, great friends.

Respectfully submitted,

GARRETT S. YEE
President

cosmopolitan ambiance, rich culture, and endless nightlife, on their ventures into the Far East. With all the challenging issues that we are facing today, this is a great opportunity to relax for a moment and enjoy some camaraderie and fellowship amongst friends and colleagues."

CBC President Garrett Yee added, "This is our opportunity to celebrate the year in review and look forward to the year head. In the past year, CBC has been gratified to be a part of several encouraging events. In July, CBC won the "Peoples Choice" at the Fremont July 4th Parade; then in October, CBC was honored as the "Citizen of the Year" by the Ohlone College Foundation; then in November, CBC helped to support the successful passage of the public safety bond, Measure R; and in January 2003, CBC was honored as the Organization of the Year" by the Indo-American Community Federation. It certainly has been a very exciting year. As we look forward to next year, we hope to continue the good work of CBC."

At the event, CBC honored CBC founder Henry Yin as the CBC Citizen of the Year, and Eunice Ko as the CBC Volunteer of the Year. CBC also honored the interns that participated in the CBC Internship Program this past year. The money raised by this event will go to support the various programs, such as the Intern Program, and hosting community events, such as the Chinese New Year celebration and Autumn Moon Festival. Some of the funds will be used to support local non-profit organizations.

CBC Membership Newsletter

The CBC membership newsletter is published bi-monthly. We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Teresa Yin Wong, Executive Director, at 510-793-6302, or email dryin@attbi.com.

Editor Vivien Chen
Assistant Editor Ping Gan
Distribution Lily Lee

Contributors Amy Cho
Julia Hisaw

Jade Ribbon Campaign--

Hepatitis B Awareness

Key for Asian Americans

by Julia Hisaw

The message of the Jade Ribbon Campaign so simple, loud, and clear that EVERYONE can do it. With help from the CBC youth group, even I personally benefited from the hepatitis B prevention and immunization process seminar held on April 11. Karen Wang, from the Asian Liver Center, and Gina Arreola, from the Tri-City Health Center, provided helpful information, while Ruth Young, the Resource Library's outreach director, helped a lot by organizing the event at Washington Hospital. Their efforts to help Lisa, my 17-year-old daughter's pioneer service learning project on hepatitis B prevention, will reach and help many people.

Four days after attending the hepatitis B prevention seminar, I took Lisa to her pediatrician for her routine physical. At the end of the session, I asked the anticipated question by requesting the "hepatitis B surface antigen test" from the doctor. Her doctor flipped through Lisa's patient history, trying to find information to substantiate her response. After explaining that they normally give the test to pregnant women so infants can be treated or vaccinated, I firmly replied that we are Asian and that one in 10 Asians (quite a high ratio statistically) may be chronic carriers. Lisa was vaccinated three years ago but never had the surface antigen test. According to immunization clinic statistics, one in 20 of the vaccinations fail to work because of not being injected deep enough into the muscle.

I was proud of myself for having been able to recite the information I had learned a few days beforehand. Lisa's doctor looked impressed—she nodded and wrote a thorough blood test prescription; she not only checked the "hepatitis B surface antigen," but also checked the "hepatitis B surface antibody" test. (The former tests for any pre-existing infection, and the later checks if her vaccination worked.)

The key message of hepatitis B and liver cancer prevention is to urge people to ask their doctors to prescribe the "hepatitis B surface antigen test."

If the result is negative, you have not been exposed to the disease and should take the vaccination to protect yourself. If the result is positive, you are already a carrier of the disease and vaccinations are not needed. You should, however, seek medical treatment to prevent future development of liver cancer and have your family tested, as well. Chronic carriers of hepatitis B may not have any symptoms, so it is imperative all Asians are tested for it.

Most Asian chronic hepatitis B carriers contracted it as child. Immunization at birth is the only way to be protected for life, but since most of us receive vaccinations as teens or adults, chances are that some of us may have already contracted it and vaccinations after the fact cannot eradicate the disease. That is why the Asian Liver Center wants high school students to take the additional screening for hepatitis B that were not necessarily done before the vaccination.

10% of Asian and Pacific Islanders are chronic carriers from birth and of which one in four will develop liver cancer. The U.S. health organizations need to see Asian ethnicity as a risk factor and doctors need be encouraged to offer the 'hepatitis B surface antigen test' to all young Asian patients. This test costs a mere \$10-20, a very low price compared to the benefits.

So next time when you are in the doctor's office, ask about the 'hepatitis B surface antigen' test. It is important to protect yourself and your family. Stay tuned for more hepatitis B prevention events this summer. Visit the Jade Ribbon Campaign's web site at liver.stanford.edu.



Remembering Lilian Shu

Recently, CBC lost one of its Youth Group members due to a sudden illness. At a gathering at the Mission Church, family and friends reflected on the loss of this promising young woman who had been a positive influence and role model for others to follow. Re-printed below is the article written the Argus Newspaper on Lilian. Lilian will be missed by the many lives that she has touched.

By Sandhya Somashekhar

ARGUS STAFF WRITER

Friday, April 11, 2003 - FREMONT -- Lilian Shu, a 17-year-old Mission San Jose High School student, died last week after being rushed to the hospital two days earlier because of a severe headache. Family members say they aren't sure why she died, but say she was brain-dead within minutes of reaching the hospital April 1. She was declared dead April 3.

Shu was born Nov. 16, 1985, in Teipei, Taiwan. She and her parents immigrated to Fremont 11 years ago. Friends say she was extremely outgoing, enjoyed playing badminton and had plans to go to college to become a preschool teacher. She was active in Citizens for Better Community and St. Joseph Catholic Church. She was a natural-born leader, they said, seeking out leadership roles at church, school and elsewhere. "Whenever she was around, she was just so loud and happy," said Maria Wang, a family friend. Last summer, Shu interned at the Fremont office of Rep. Pete Stark, D-Fremont.

Some of those she worked with were stunned to hear the news of her death. "It's a real loss," said Jo Cazenave, Stark's district director. "She had such promise. She was such a bright, enthusiastic young woman, and I just think she would have reached great heights." Shu is survived by her mother, Kuo-Hwa Chi, and father, Shih Fong Wu. A Mass will be celebrated at 11 a.m. Saturday at Mission Church, 43300 Mission Blvd., Fremont. Staff writer Sandhya Somashekhar covers education for The Argus. She can be reached at (510) 353-7010 or at ssomashekhar@angnewspapers.com.

YEAR OF THE GOAT AT FREMONT MAIN LIBRARY

By Amy Cho

Recently, the local community at the Fremont Main Library celebrated the Year of the Goat. On Saturday February 15, South Bay Chinese Club and Citizens for Better Community joined with the Fremont Library to sponsor an afternoon of festivities, Chinese music and instruments, Chinese Yo-Yo, dance, martial arts demonstration, exhibits and crafts. It was a chance to share some Chinese culture and tradition. Best of all, there was something fun for everyone.

Students from the Fremont Chinese School presented a Dragon and Lion Dance along with performers from the Yellow River Chinese School, Tri-City Chinese School and Elise Jan's dance group. CBC President Garrett Yee and SBCC President Aaron Wong each welcomed some 200 attendees and participants. The outstanding martial arts, dance and music performers repeatedly amazed the audience. Equally interesting were the exhibits of traditional Chinese symbols representing good business, good marriage and good luck. For children who were interested in making their own keepsakes, there were some hands-on craft projects: making colored fortune cookie pins, making little Chinese lanterns and coloring a silhouette of a goat with large horns!

Our thanks go particularly to Elise Jan and Bernadette Chinn, who organized the Chinese schools, dance groups, exhibitors, performers and volunteers. Thank you also to Herbert Chiu who was able to get red envelopes from Gloria Fuerniss of Fremont Bank. Without these, we could not have made lanterns. And though we could not eat the fortune cookies, they were worn by many. Thank you Maria and Alissa Yee! And finally, thank you to the many, many volunteers who came to participate and help share the Chinese culture!





CBC Intern Honored at Spring Celebration

CBC honored the summer interns at the 2003 Spring Celebration. Picture above are those that were able to attend the Spring Celebration. CBC thanks all the interns that participated this past year. Following is the list of interns from last summer:

United States Congressman Pete Stark:

Tina Lin	James Logan High
Lilian Shu	Irvington High (deceased)

State Senator Liz Figueroa:

Jennifer Chen	Mission San Jose High
Kimberly Tsai	Mission San Jose High

State Assemblyman John Dutra:

Yin Yin Aung	Washington High
Wendy Hsieh	Foothill High
Howard Hwa	James Logan High
Winnie Kao	Mission San Jose High
Victoria Kuan	Mission San Jose High
Tiffany Lee	Mission San Jose High
Mandy Yu	Mission San Jose High

All interns received certificates of appreciation from the elected official along with a framed certificate from CBC. In addition, each intern, after completing the requirements, was given a modest stipend for their efforts. For the 2003 summer intern program, the deadline for applying through CBC has closed.

Unfortunately one of the CBC Interns, Lilian Shu, suffered a sudden illness and passed away in early April 2003. Lilian was an intern for Congressman Stark's office.

CBC Honors Henry Yin as Citizen of the Year.

CBC Founder Henry Yin was honored as the Citizen of the Year at the Spring Celebration. Henry has been involved with many organizations and has an impressive list of community service that goes back well over 25 years. Henry has been past president of CBC twice and currently serves on the Economic Development Advisory Committee for the City of Fremont. Henry is the president-elect for the Fremont Chamber of Commerce and runs a hi-tech business in Fremont. Congratulations Henry!



Eunice Ko honored as Volunteer of the Year

Eunice Ko was honored as the Volunteer of the Year at the 2003 Spring Celebration. Eunice has been involved with the CBC Youth Group and has put in many hours to help with various programs to include the Youth Toastmasters Program and the Summer Tutoring program this past summer.



Pictured above: Henry Yin, President-Elect Anna Muh, Eunice Ko, and current President Garrett Yee at 2003 Spring Celebration

CBC Calendar of Events

ACS Relay For Life

The American Cancer Society Relay For Life is a sponsored walk held every other year. There will be events all over the bay area; however, this particular event will be held at the Cupertino High School. Herb Chiu is helping to organize the program so you know it will be a hit!

Place: Cupertino High School

When: Saturday, June 21, 2003

Contact: Herb Chiu (510) 490-8649

Toastmaster Youth Leadership Program

It is that time of year again for the Summer Toastmasters Youth Leadership Program. The Youth Leadership Program is designed to develop the speaking and leadership skills for the young people so that they will be better prepared to meet the demands and challenges of today's world e.g. project presentation, college interview and job interview. This year, the program runs from 6/28 to 8/16 for seven Saturdays from 9:00 to 11:00 am. No class on 7/5. For more information, visit the CBC website at www.cbc-sfbay.com.

Fremont July 4th Parade

Don't miss out on this year's July 4th parade! This year, we will have the Academy of Chinese Performing Arts, the Friends of Children with Special Needs, and others joining in the fun.

What better way to show our patriotism than by joining in the parade? See you there!

Place: Warm Springs District

When: Friday, July 4, 2003

Contact: Josephine Chou & Ting O'Connor

Fremont Festival of the Arts

As with past two years, we will have a booth at the Fremont Festival of the Arts. We now have volunteer registration on-line at the CBC website www.cbc-sfbay.com. This is a great opportunity to meet some of the CBC members. Don't miss out on this fun opportunity!

Place: Paseo Padre Pkway

When: Sat & Sun July 26 & 27, 2003

Contact: Thomas Tang

Summer BBQ at Steve Cho's

Steve is at it again cooking the dogs and burgers for the annual BBQ with the South Bay Chinese Club. This event is for anyone in town on the first weekend in August. We understand that many have vacation plans in the summer, but if you happened to be around, the Quail Run clubhouse is the place to be!

Place: Quail Run Club House

When: Saturday, August 2, 2003

Contact: Steve Cho

Serving Meals at the Homeless Shelter

If you have not had an opportunity to do so, you should consider volunteering some time at the Tri-City Home Shelter at Sunrise Village. This is open to anyone interested in helping. If you feel inclined, please contact Margaret Wang and let her know you want to help. Pictured below is the youth group that served dinner a few months back.

Place: Sunrise Village

When: Sunday, August 31, 2003

Contact: Margaret Wang (510) 252-1926

Autumn Moon Festival

The Autumn Moon Festival at the Fremont Library is just around the corner. This year, the celebration is scheduled to be during the month of September. Stay tuned for more information on the fun event.



CBC Youth volunteers serving at Homeless Shelter on March 30, 2003

2002-2003 Directory

President:

Garrett Yee.....(510) 790-0865

Vice President:

Karen Chen.....(650) 934-5245

Secretary:

Cindy Lee.....(408) 280-6631

Treasurer:

Gordon Jang.....(510) 790-0740

Past President:

Carl Chen.....(510) 490-8118

Executive Director:

Teresa Yin Wong.....(510) 793-6302

Youth Group:

Eunice Ko.....(510) 657-0136

Senior Group Liaisons:

Tim Tam.....(510) 796-0962

Whisky Ho.....(510) 623-7636

Culture Exchange:

Elise Jan.....(510) 659-9348

Membership:

Chia-Chee Chan.....(510) 710-0820

Website:

Carl Chen.....(510) 490-8118

Voter Registration:

Daphne Yang.....(510) 651-6472

Committees

Education:

Anna Muh.....(510) 226-8678

Health:

Herbert Chiu.....(510) 490-8649

Business:

Henry Yin.....(510) 657-1235

Community Involvement:

Albert Wang.....(510) 657-6610

Board of Directors

Cecilia Chang	Chia-Chee Chan	Carl Chen
Simon Chen	Hebert Chiu	Steve Cho
Chi Choy	Whiskey Ho	Tom Hom
Tony Luh	Anna Muh	Ting O'Conner
Michelle Royston	Thomas Tang	Albert Wang
Stanley Woo	Angela Yang	Henry Yin
Teresa Yin Wong	Loretta Yu	Lena Zee

MEMBERSHIP APPLICATION / RENEWAL

If you like what you see in this newsletter and want to remain informed, please join CBC. Please check one of the following and include a check payable to *CBC* and send to: *CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001*

- | | |
|--|----------------------------------|
| <input type="checkbox"/> \$10 Individual | <input type="checkbox"/> New |
| <input type="checkbox"/> \$20 Family | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization | |
| <input type="checkbox"/> \$100 Individual: Life Membership | |
| <input type="checkbox"/> \$200 Family: Life Membership | |

Please complete the following member(s) (contact person) information:

Member: _____

Last Name	First Name	Chinese Name
-----------	------------	--------------

Spouse: _____

Last Name	First Name	Chinese Name
-----------	------------	--------------

Address: _____

Street	City	State	Zip
--------	------	-------	-----

Home Phone #	Office Phone #	e-mail
--------------	----------------	--------

Please check here if you don't want to publish your phone # and address in our membership roster.

Citizens for Better Community

P.O. Box 1
Fremont, CA 94537-0001
Tel. (510) 247-6280
e-mail: cbcservices@cbc-sfbay.com
Web site: <http://www.cbc-sfbay.com>

PRSR STD
US POSTAGE
PAID
FREMONT CA
PERMIT NO. 17

Mailing Address
Street Number and Name
City, State 98765-4321



"To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement."

Calendar of Events

ACS Relay For Life

Place: Cupertino High School
When: Saturday, June 21, 2003
Contact: Herb Chiu (510) 490-8649

Fremont July 4th Parade

Place: Warm Springs District
When: Friday, July 4, 2003
Contact: Josephine Chou & Ting O'Connor

Fremont Festival of the Arts

Place: Paseo Padre Pkway
When: Sat & Sun July 26 & 27, 2003
Contact: Thomas Tang

Summer BBQ at Steve Cho's

Place: Quail Run Club House
When: Saturday, August 2, 2003
Contact: Steve Cho

Serving Meals at the Homeless Shelter

Place: Sunrise Village
When: Sunday, August 31, 2003
Contact: Margaret Wang (510) 252-1926

Next CBC Meetings

CBC Board Meeting

Wednesday, July 2, 2003
Place: Carlton Plaza – 7:00 pm

CBC Board Meeting

Wednesday, August 6, 2003
Place: Carlton Plaza – 7:00 pm

CBC Board Meeting

Wednesday, September 3, 2003
Place: Carlton Plaza – 7:00 pm

CBC Board Meeting

Wednesday, October 1, 2003
Place: Carlton Plaza – 7:00 pm

CBC Board Meeting

Wednesday, November 5, 2003
Place: Carlton Plaza – 7:00 pm