



CITIZENS FOR BETTER COMMUNITY

華人權益服務社

P. O. Box 1, Fremont, CA 94537-0001

Web site: <http://www.cbc-sfbay.com>

Membership Newsletter

Volume 7, Issue 4

July / August 2007

CBC Wins 3rd Place award in Fremont's July 4th Parade



2007 July Fourth Parade

Congratulations to CBC for winning 3rd place in the Novelty Non-Profit Division in Fremont's 2007 July Fourth Parade held in Niles. CBC's entry included over 200 people from several organizations. (see page 4 for more details)

President's Message

By Steve Cho



Greetings to All,

Summer is here and for many families, it means vacation time. Whether you go to a faraway place or stay close to home, summer generally represents a time for families to relax and have fun. Picnics and BBQ's are the mainstay of many gatherings throughout the community. Such is the case with our own CBC organization. We had our Annual Picnic on Sunday, July 22 at the Quail Run HOA Clubhouse. As was the case for the past several years the event was held jointly with the South Bay Chinese Club. There were close to 100 people who came to have a fun time and to have a BBQ picnic lunch. If you were there, you could attest to the fun time. If you missed it, there's always next year.

For those of you who may not be aware, the City of Fremont is in the midst of updating its General Plans. They are actively engaging the community in gathering ideas, comments, and suggestions on how Fremont should be planned for the next 15-20 years. This is an excellent opportunity for anyone in the community to voice whatever concerns s/he may have. The General Plan becomes the roadmap on how Fremont will be developed. Since Fremont has become almost 50% Asian, it behooves the Asian community, especially the Chinese community, to participate in how Fremont will be developed. Community meetings are going on now. You should plan on attending the next meeting. Please visit www.fremont.gov/CityHall/GeneralPlan/Links.htm for the latest info on the General Plan update and for the next meeting date. A few CBC members are already participating but because this plan is so comprehensive, it requires input from everyone in the community. Don't let

President's Message continued on Page 2

INSIDE THIS ISSUE

- 2 CBC Toastmasters Youth Leadership Program
- 3 Fremont Living / Annual BBQ
- 4 July Fourth Parade
- 5 CBC Toastmasters Club
- 6 Eagle Scout Awardee / Upcoming Events
- 7 Directory / Membership Application

this opportunity slip by!

Another goal for CBC is to encourage its members to become more civically involved. The City of Fremont has a number of commissions and boards that require community volunteers. At the current time, there are vacancies on the following boards/commissions: Art Review Board, George W. Patterson House Advisory Board, Historical Architectural Review Board (HARB), Redevelopment Agency Relocation Appeals Board, and Senior Citizens Commission. If you are interested in serving on one of these boards, you may find more info and an application form at www.fremont.gov/CityHall/BoardsAndCommissions/default.htm.

On Saturday, August 18, CBC will be fielding a team of 20 in the Paddle for Life Dragon Boat Race. This is a fundraising event for the American Cancer Society - Northern California Chinese Unit (ACS-NCCU). The race will be held in Foster City. We are 1 of 50 entries in the race. If you want to come for a day of fun and cheer CBC to victory, you are most welcome. The location of the race is The Foster City Community Center at 650 Shell Blvd. Starting time is 9 a.m.

CBC holds its monthly board meetings at the Carlton Plaza Retirement Center (3800 Walnut Ave, Fremont). Meetings are held the 1st Wednesday of each month starting at 7 p.m. The meeting is open to all and you are most welcome to attend. I invite you come join us. It will be an excellent opportunity to meet people in the community and to create new and build on old friendships.

Warm regards,

Steve Cho
Steve Cho
President

CBC Toastmaster Youth Leadership Program a Success

By Eunice Ko, Youth Group Coordinator

The Youth Group had a successful opening for 2007 Toastmaster Youth Leadership Program (TYLP) that began on Saturday, June 23, 2007.

We had two classes this year, one Speech Craft and

one TYLP. The instructor for TYLP was Robert Kaiser and the Speech Craft instructor was Alexis Bennett who came all the way from Walnut Creek and has been teaching this program for four years.

We'd like to thank Anna Muh for devoting a lot of her time to lead this program. Naomi Chen has been a very good coordinator. Sharon Jiang has been the connector between the Youth Group and the CBC Toastmaster Club. Eunice Ko made a speech to motivate new parents to get involved. Judy Hou, Irene Yung, Diana Ru and Alice Cheung did a lot of supporting jobs to make this program a success. The whole group has had good communication through email, phone and personal conversation. We are very fortunate to have such a great team.

So far we had successful meetings with new parents. We had new parents sign up for various jobs and some of them donated supplies for the graduation party on August 11.

We hope the graduating TYLP students enjoyed the 8-week program and have the desire to return as instructors. Thank you to Alice's son, Concord, and Naomi's daughter, Ada, and her friend Eric who filled in as substitute teachers for a class. As parents and volunteers, we are so glad that our effort inspired our second generation to help others.

Thank you to the CBC Board for supporting the Youth group and for compensating the instructors in appreciation for their time. We hope that the teachers will come back next year.

We had a good opening day and looked forward to the graduation ceremony to witness how much the youths have grown from this wonderful program.



Fremont Living

By Angela Yang
Library Manager and CBC Board Member

Here are a few of my favorite things to share in the summer.

Fremont Public Art

A new web page was launched on the Fremont Library's website. One can take a digital tour of outdoor public art in Fremont, both city-owned and privately owned. Local artist Margaret Talt researched and compiled the text with Helen Talt, and photographed the art works with Jim Talt. The direct link is at:

<http://www.aclibrary.org/branches/frm/default.asp?topic=FremontMain&cat=FRMPublicArtIndex>



Fountain of Hippocrene
(located between Paseo Padre Parkway and Enea Streets)



Harmony of Shape
(located at Mowry Avenue and Paseo Padre Parkway, Washington Hospital Shopping Center)

Life & Liberty at Lake Liz

Doug Tinney is trying to compile a book about Fremont's stories. He welcomes input from everyone, because the book is about the life stories of all who live here. He feels that Fremont's story is America's story of migration and immigration; Fremont is a microcosm of our country's continuing evolution and a city of the world. And Central Park is our meeting place, where we connect with others and disconnect from our busy lives. It provides us a commonality of spirit. You can enter your story by mail or e-mail. More information can be found at

http://www.dougtinneydesigns.com/III_about.html.

Children's Health website in Chinese

A good and easy to use Chinese language website focused on children's health issues can be found at: <http://www.vghtpe.gov.tw/%7Epeda/>. The articles are in traditional Chinese.

Online Chinese Magazine

There is old saying that a scholar doesn't have to leave his study, but knows what goes on in the world. If you have a valid Alameda County Library card, you can read over 1,000 digital Chinese magazines at home from <http://www.qikan.com/alameda/bdefault.asp>. One can read magazines in the fields of health, business, politics, literature etc. in both simplified and traditional Chinese.

The route from the Alameda County Library page is:

Type the library address at <http://www.aclibrary.org>

- click on Articles and Databases under Research

Guide in the right side

- select Chinese E-Magazines

- enter your library card information.

ENJOY!

CBC & SBCC hosts 7th Annual BBQ

On the beautiful afternoon of Sunday, July 22, 2007, Citizens for Better Community (CBC) and the South Bay Chinese Club (SBCC) hosted their 7th Annual Summer BBQ held in North Fremont at the Quail Run Clubhouse. The event was enjoyed by approximately 100 people ~ members, families and guests from both clubs. The attendees enjoyed chicken wings, hot dogs, hamburgers, green salad, desserts and other side dishes. It was great to catch up with old friends and make new friends while enjoying the delicious food. Thank you to those who prepared the wonderful meal! It was thoroughly enjoyed by everyone who attended.

We Were There Again! 2007 Fremont Fourth of July Parade

By Amy Cho



CBC coordinated local Chinese American and other affiliated organizations to get together and put an entry in Fremont's 2007 Fourth of July parade. In the end, some 200 participants marched together and had a very, very fine time. People that had never marched in a parade even wished the parade route had been longer. It was a time for friends to chat and celebrate America's birthday together.

Entry #62 stretched nearly a city block. Red, white and blue colors were seen everywhere as each person carried a U.S. flag or balloons. The Tri City Band Corps, sponsored by CBC, provided music for the participants and the audience this year! How nice it was to have live music. The TCB specially prepared music that matched this year's parade theme, "America the Beautiful".

CBC President Steve Cho and Board member Anna Muh led the entry with CBC's banner. Many CBC members, even those who wanted their grandchildren to have the experience, marched as well.

Wow, CBC Toastmasters (Citizens For Better Communicators Toastmaster Club) joined the parade too! President Mary Shambaugh and incoming President Xiping Yang led Toastmaster members and their families. Although people at Toastmasters build their skills for making public speeches, there was no time for speeches that day....just time to greet the thousands of bystanders with "Happy 4th of July!"

CBC's sister organization, South Bay Chinese Club (SBCC) followed up. President Cecilia Leon did a



SBCC marching in 2007 July Fourth Parade

good job to motivate many of the SBCC members. In addition to the main priority of the annual scholarship program and activities that support this event, SBCC members often participate in community activities such as this parade. Many CBC members are also SBCC members. It was fun to see each other, to celebrate our freedom and country, and to talk about more events coming up where we would again see each other.

For the past several years, The Chinese School at American High (a private Chinese school meeting at American High School) has joined the CBC entry. We look forward to their spirited YES whenever we ask if they want to participate. Principal Waiming Kok was in town this year and all were happy that she was not traveling. As always, the many members who participated were well prepared with hats and costumed dances. For those who are interested to know, both Cantonese and Mandarin dialects are taught at this school. There are classes for adults too!

The American Buddhist Cultural Society was also able to join CBC this year. Hsiang Chu brought a nice group of members to join the parade, some of whom we met last year. It was nice to have the ABCS members around.

President Tsai-Wei Wu, Anna Wang, Albert Wang, Limin Hu, Linmei Chiao, Jim Chiao, Josephine Chou and a large group of representatives from the Friends of Children with Special Needs (FCSN) were there, of course. Our children in FCSN have much to contribute! They also had fun being a part of the parade. After being in the parade so many times, we are beginning to know many of the members and children.

And bringing up the last group was Tony Chen's USA OMEI Lion Dance and Martial Arts School. As the parade wound down the route, this group surely spiced up the entry with fascinating performances along the way.

The CBC entry won 3rd prize in the Novelty category and Tri City Band received a 3rd place award in the Band category. Not bad considering there were 80 some entries in the parade. But the most important thing was the great participation, the music and the fun we shared with others in our community. CBC thanks everyone for showing up and participating with us. Plan to come next year again! Next July will be here again before we know it.

Best of the Best ~ CBC Toastmasters Club



By Xiping Yang
2007-2008 President,
CBC Toastmasters Club

For the 2006-2007 Toastmasters Year, CBC Toastmasters Club accomplished 10 of 10 DCP (Distinguish Club Program) Goals. Hooray! Under the able leadership of our former presidents: Mary Shambaugh, Robert Kaiser and Amy Cho, with contribution from all of the members, we did it, three years in a row as a President's Distinguished Club (The highest level of recognition in Toastmaster Organization). Congratulations to CBC Toastmasters Club!

July 21st, 2007, we had a successful joint officer installation meeting with Fantastic Toastmaster Club at Hometown Buffet in Fremont. Approximately 30 members/guests attended the event. Our past Toastmasters area governor Prasad Bodas installed all incoming officers for CBC Toastmasters Club. We also presented certificates to the outgoing officers in appreciation for their contributions to CBC Toastmasters Club's success.

CBC Toastmasters Club provides a very positive, supportive, stimulating, and rewarding climate; each of our club members in their own way, dedicates their time and effort to help our fellow Toastmaster members grow and succeed in their communication and leadership skills. Here's what some of our members said about our club:

?? *"I like the way we operate in CBC Toastmaster club, take the action very efficiently for any good suggestions."*

?? *"I really like our club, and already made so many friends here."*

?? *"The thing I like our club is we really promote Toastmasters' way here by giving positive, helpful, and constructive evaluations."*

?? *"I did not expect to get a reward for giving my ice-break speech; I was really surprised when Amy called me up and gave me a Toastmaster pin as a recognition. This shows how much the club cares and supports members."*

?? *"When I go to the meeting every Saturday, and see Mary's smiles, it really makes my day."*

Our club is a community that welcomes anyone and everyone with open arms and huge smiles. If you want learn more, come to our meeting, and experience it for yourselves.

August 13th, 2005, the day I first visited CBC Toastmaster club, I still clearly remembered the scenes. I was a little bit late for the meeting, Robert Kaiser, the Toastmaster for that day, asked me to introduce myself. I, of course, stood up, and spoke in my trembling voice, with hands sweating. But people gave me a big, warm applause. I felt so touched, especially when Henry Yin came to me after the meeting. He briefly introduced the Toastmaster program to me, and even appraised that my English was good. I was very impressed by this warm and friendly group of people, and immediately made the decision to join the club. After 2 years, now I felt much more comfortable to speak in public. Toastmasters have changed my life for better in the last 2 years since I joined. I have since improved my self-confidence and leadership skills in serving our club, as well as in my professional life. There are many other members who have felt the same positive influence of their lives by attending CBC Toastmasters Club.

July 1st, 2007 marked the beginning of the new Toastmaster year. And starting from this coming Saturday (July 28th), we are going to have new regular meeting place at Fremont Adult School, so a new year with a new start (of new place). Looking ahead, there is more excitement waiting for us. Our incoming officers are working on a New Year plan, and we are eager to make this year an even better year for the CBC Toastmasters Club.

Come and join us, best of the best - CBC Toastmaster Club will make your dream come true.

What: Citizens for Better Communicators

When: Saturdays

**Where: Fremont Adult School
4700 Calaveras Avenue
Fremont, CA 94538**

Time: 10 a.m.

To learn more, please visit: <http://www.cbc-sfbay.com/toastmaster>.

Michael Yee Receives Eagle Scout Award

Submitted by Garrett Yee

Fremont—Michael Yee, a member of Troop 176 and a Sophomore at Washington High School, received Scouting's highest award at a Court of Honor held on Friday, June 29, 2007. Michael, age 15, is also a member of the CBC Youth Toastmasters Program (third year) and is the son of Garrett and Maria Yee.



The Yee Family

For his Eagle Project, Michael built floating waterfowl habitats at Quarry Lakes Park here in Fremont. This project took several months to complete and required a variety of materials to include dock foam, plywood, concrete, rope, and netting material. The floating habitats were launched this past summer and can be seen with waterfowl using actively using the habitats. In addition to his Eagle Project, he has earned a total of 21 merit badges, has over 50 nights of camping, has attended Brownsea Junior Leader Training, the 2005 National Jamboree in Virginia, and will be heading out to Philmont High Adventure Camp this August. He has been in Scouting for over 8 years. In addition to Scouting, Michael participates in extra curricular activities at school and is a member of both the Holy Spirit Church and the Chinese Independent Baptist Church of Fremont. Michael is the fourth Eagle Scout in the family. His older brother, Gilbert Yee, his father, Garrett Yee, and his uncle, Gary Ono are also Eagle Scouts.



Upcoming Events...

Cirque de Newark

The Newark Days - Cirque de Newark celebration features a multitude of activities. One of the activities will be a parade "It's a Circus" to be held on **Saturday, September 22, 2007** from 9:45 a.m. The parade route will take place on Newark Blvd and Cedar Blvd. Bring your family and friends and come join CBC in the parade. Visit www.newarkdays.org.

SAVE Breakfast Eye Opener

SAVE invites you to support the 5th Annual Breakfast Eye Opener on **Friday, September 28, 2007** from 7:30 a.m. to 9:00 a.m. at the Fremont Marriott. ABC7's illustrious Willie Monroe will host the event. This year's program will open your eyes to "Boys Becoming Men." Former State Senator Figueroa will also present the Liz Figueroa Domestic Violence Prevention Award to Fremont Police Chief Craig Steckler for his years of service to SAVE. Visit www.save-dv.org for more information.

Always Dream Foundation...Swing into Action

Kristi Yamaguchi's Always Dream Foundation is celebrating the groundbreaking for an extraordinary playground for children of all abilities on **Friday, October 12, 2007** at Fremont Central Park. Visit www.alwaysdream.org for more information.

Washington Hospital's Top Hat

The Washington Hospital Healthcare Foundation is having their 21st Annual Top Hat Dinner Dance on **Saturday, October 13, 2007** at the Fremont Marriott. Proceeds from this event will benefit the Diabetes Education Program at Washington Hospital. Call (510) 791-3428 for more information.

CBC MEMBERSHIP NEWSLETTER

We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Kathy Jang, Executive Director, at (510) 790-0740, or email kjang25@yahoo.com.

Editor: Kathy Jang

Distribution: Lilly Lee

Contributors: Amy Cho, Eunice Ko, Angela Yang, Xiping Yang, Garrett Yee

2006-2007 Directory

President:
Steve Cho (510) 797-6426

Vice President:
Lena Zee (510) 421-6666

Secretary:
Bernadette Chinn..... (510) 790-3944

Treasurer:
Gordon Jang.....(510) 790-0740

Past President:
Josephine Chou(510) 651-0446

Executive Director
Kathy Jang.....(510) 790-0740

Committees

Education:
Ivy Wu.....(510) 252-9890

Health:
Herbert Chiu.....(510) 471-3777

Business:
Henry Yin.....(510) 657-6850

Community Involvement:
Albert Wang.....(510) 657-6610

Youth Group: Irene Yung.....(510) 659-8618

Senior Liaison: Whisky Ho..... (510) 623-7636

Culture Exchange: Lena Zee(510) 421-6666

Membership: Angela Yang.....(510) 745-1414

Website: Carl Chen.....(510) 490-8118

Voter Registration: Cecilia Chang..... (510) 713-1769

Spring Celebration: David Sheen.....(510) 438-6868

Internship Program: Lisa Quan.....(510) 770-3900

Board of Directors

Suzanne Chan	Carl Chen	Herbert Chiu
Amy Cho	Chi Choy	Whisky Ho
Thomas Hom	Larry Hsu	Mike King
Anna Muh	David Sheen	Thomas Tang
Albert Wang	Aaron Wong	Susanna Wong
Stanley Woo	Ivy Wu	Angela Yang
Garrett Yee	Henry Yin	

CBC Advisory Committee

Adam Chou	Chi Choy	Cindy Lee
Tony Luh	Ting O'Connor	Michelle Royston
Tim Tam	Joan Wang	Patrick Wong
Stanley Woo	Carl Chen, Chair	Simon Chen

MEMBERSHIP APPLICATION / RENEWAL (November 1, 2006 – October 31, 2007)

If you like what you see in this newsletter and want to remain informed, please join CBC.

Please check one of the following and include a check payable to *CBC* and send to:

CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001

- | | |
|------------------------------------------------------------------------|----------------------------------|
| <input type="checkbox"/> \$20 Individual | <input type="checkbox"/> New |
| <input type="checkbox"/> \$25 Family | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization | |
| <input type="checkbox"/> \$100 Individual: Life Membership | |
| <input type="checkbox"/> \$200 Family: Life Membership | |
| <input type="checkbox"/> \$500 Corporate/Organization: Life Membership | |

Please complete the following member(s) (contact person) information:

Member: _____

Last Name	First Name	Chinese Name
-----------	------------	--------------

Spouse: _____

Last Name	First Name	Chinese Name
-----------	------------	--------------

Address: _____

Street	City	State	Zip
--------	------	-------	-----

Home Phone #	Office Phone #	e-mail
--------------	----------------	--------

Please check here if you don't want to publish your phone # and address in our membership roster.

Citizens for Better Community

P.O. Box 1
Fremont, CA 94537-0001
Web site: <http://www.cbc-sfbay.com>

PRSR STD
US POSTAGE
PAID
FREMONT CA
PERMIT No. 17



CBC's Mission Statement:

"To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement."

Calendar of Events

Toastmasters (Citizens for Better Communicators)

When: Saturdays (10:00 am)
Where: Fremont Adult School
Contact: xipingy97@yahoo.com

Newark Days Parade

When: Saturday, September 22, 2007 (9:45 am)
Where: Cedar and Newark Blvds
Info: www.newarkdays.org

SAVE Breakfast Eye Opener

When: Friday, September 28, 2007 (7:30 am)
Where: Fremont Marriott
Contact: www.save-dv.org

Always Dream Foundation...Swing into Action

When: Friday, October 12, 2007
Where: Fremont Central Park
Contact: www.alwaysdream.org

Washington Hospital's Top Hat

When: Saturday, October 13, 2007 (6 pm)
Where: Fremont Marriott
Contact: WHHS (510) 791-3428

Upcoming CBC Meetings

***Note: Prior to each meeting, there will be set-up and a social "hour" from 7 pm.**

CBC Board Meeting

Wednesday, September 5, 2007
Place: Carlton Plaza – 7:30 pm

CBC Board Meeting

Wednesday, October 3, 2007
Place: Carlton Plaza – 7:30 pm

CBC Board Meeting

Wednesday, November 7, 2007
Place: Carlton Plaza – 7:30 pm

