



CITIZENS FOR BETTER COMMUNITY

華人權益服務社

P. O. Box 1, Fremont, CA 94537-0001

Web site: <http://www.cbcsfbay.org>

Membership Newsletter

Volume 9, Issue 2

March/April 2009



Saturday, April 4, 2009

Casino Games & Registration 5:30 p.m.
Dinner, Program & Entertainment 6:30 p.m.
Celebrity Poker Match ~ Texas Hold'em

Come and enjoy CBC's 17th Annual Spring Celebration. The event will be held at the Fremont Marriott. For more information or reservations, contact kjang25@yahoo.com or (510) 790-0740.

President's Message

By Lisa Quan



Dear CBC members, friends and supporters,

I am so pleased to announce that CBC will be hosting its 17th Annual Spring Celebration on April 4, 2009 at the Fremont Marriott. Our theme this year is "A Night in Two Cities: Hong Kong – Macau, Where Fortunes are Made." The festivities will begin at 5:30 p.m.

CBC is proud of the fact that it tries to outdo itself with the Spring Celebration entertainment year after year and that it is not unusual for the event to be sold-out! This year we will host a celebrity poker match in which the winner gets to contribute a sizeable sum of money provided by CBC to his or her favorite charity. And if the audience members are tempted to try their own luck, we will offer a wide variety of casino games and players will have a shot at winning prizes such as a round-trip ticket to Asia, a week-end get-away to a spa in Napa and an iPhone!

We will have dinner and of course, live music and entertainment throughout the evening. As co-chair for this event, I know that every effort will be made to delight your senses so that your evening will be a memorable one. Consider this event a virtual foray into two international cities acclaimed for their magical charms!

CBC's many important projects cannot exist without the proceeds from the Spring Celebration. As our country rebuilds itself, our community will rely on our services even more. We all need to pitch in this year and promote our fundraising efforts. I assure that everyone will have a great time while helping a great organization.

I encourage all CBC members, friends and supporters to

President's Message continued on Page 2

INSIDE THIS ISSUE

- 2 President's Message (con't) / Chinese New Year Celebration
- 3 Summer Youth Program / Yee Promoted to Colonel / CBC Recognizes Citizen and Volunteer of the Year
- 4 SBCC Scholarship Program
- 5 Lions Club Youth Exchange Program
- 6 Income Tax Assistance / Upcoming Events
- 7 Directory / Membership Application

attend this tremendously popular event and to invite others who have yet to attend one of our Spring Celebrations. Please see our website www.cbcsfbay.org for more information.

This is an event not to be missed. See you there!

Respectfully Submitted,

Lisa M. Quan

Lisa M. Quan
CBC President 2009

Chinese New Year Celebration at the Fremont Main Library

By Amy Cho



We sure know how to have celebrations! Even though Chinese New Year had officially taken place in January, Citizens for Better Community, sister organization South Bay Chinese Club and Fremont Chinese School sponsored a big Chinese New Year program at the Fremont Main Library this past February 14, 2009. This program involved many, many people. Some participated in an hour-long performance. Others demonstrated Chinese traditional art. And still others helped children to work on crafts.

Don Nunes, Jui-Lan Liu, Karen Pacheco and the Fremont Library staff spared no efforts to make us all welcome and comfortable in the library. The Fukaya Room was packed with an audience that finally had to be turned away because of lack of space. But all was not lost. Outside there were areas where one could see the art of Chinese Knots, Chinese Calligraphy, Dragon Design, Dough Figurines, and Paper Cutting. And in the Storytime Theater, children could see and have hands-on fun with doing Chinese Crafts. The children made fortune cookie pins and Chinese lanterns. Fabulous decorations were found everywhere, especially in the Fukaya Room. Parasols and lanterns hung from the ceiling. Paintings by very young students, but looking very professional, adorned all the walls. Even the performance stage displayed works of art. Finally, there was no more space for any more decorations!

The Chinese New Year celebration was largely arranged by Peggy Chiou and Amy Cho while Josephine Chou

coordinated a wonderful group of artists: Piling Tsai, Anli Liu, Judy Yen (Chinese Knot), Yu-Ping Cheng (Chinese Calligraphy), Wen-Shu Wang and Christina Morrison (Dough Figurine) and Shiu Ling Chang Li (Paper-Cutting), Christine Lee and Carol Tsi-Sen Tsu (Dragon Design). The performers included members from the Fremont Chinese School, Virtuoso International Flute Ensemble (VIFE), California Youth Chinese Symphony, Academy of Chinese Performing Arts (ACPA), O-mei Fremont WuShu Academy, Da Ai Choir, and Chinese Story Teller Jessica Muh. The event received donations from Fremont Bank and Citi Bank.

Our thanks also go to Emcee Lena Zee, Sound System Manager Johnson Ling, and Decorations Contributors Fremont Chinese School. Others include: Cecilia Leon, Michiko Zerda, Joe Zerda, Nicole Dutra, Ranelle Dutra, Gerry Low-Sabado, Josephine Chou, Linette Young, Eileen Morrison, Aliene Yee, Maria Yee, Michi Yee, Amber Sabado, Randy Sabado, Bernadette Chinn, Amy Cho, Steve Cho, Cecilia Leon, Ellie Wong, Xiping Yang, Lorrie Wong, Ron Wong, Serena Suranyi, Anna Muh, Hwei-Min Wu Lu (Conductor of the Da Ai Choir), Judy Lam (Director/Conductor Virtuoso International Flute Ensemble), Katy Wang (Director/Conductor Chinese Yo-Yo from Fremont Chinese School), Yongping Tian (Director of the California Youth Chinese Symphony), David Chen (Academy of Chinese Performing Arts) and Master Sun (O-Mei Fremont WuShu Academy), Alice Tong (Vice Principal Fremont Chinese School).

Hooray for the Year of the Ox!

CBC MEMBERSHIP NEWSLETTER

We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Kathy Jang, Executive Director, at (510) 790-0740, or email kjang25@yahoo.com.

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CBC's 2009 Youth Toastmaster Summer Leadership Program

By Irene Yung, Youth Group Chair

Youth Toastmaster Summer Leadership Program is a summer program sponsored by two excellent Toastmaster Clubs. We are very fortunate to have CBC Toastmaster Club and Star Search Toastmaster Club supporting our youth program this year. Also, we are very thankful to have outstanding guest speakers to present.

This is a five-week summer program which meets on Saturday mornings from 9:00 am to 12:00 pm. High school students, including incoming 9th graders, should take advantage of this program to further develop their communication skills. Coaches will create a lot of activities to make the program very enjoyable. After the students fulfill the Toastmaster requirements, a certificate will be rewarded at the graduation ceremony. All parents are invited to the graduation ceremony. Parents will have the opportunity to see their children build self-confidence and improve their public speaking skills in such a short period.

SPACE IS LIMITED. Please check the CBC website at www.cbcsfbay.org. The application can be downloaded at CBC's website beginning March 31, 2009 at the following link: www.cbcsfbay.org/youth.html.

If you have any questions, please contact Irene Yung at CBC_ylp08@yahoo.com.

Garrett Yee Promoted to Colonel

Reported by Matthew Artz, The Argus, dated March 6 and Office of College Advancement, Ohlone College, Press Release dated February 27

Fremont, CA - Garrett Yee announced that he has been selected for promotion to Colonel in the U.S. Army Reserve, as noted in the Congressional Record dated February 23, 2009. Garrett has been twice activated for full-time duty, for a total of 26 months, including a deployment to Iraq in support of Operation Iraqi Freedom from July to December 2006.

He has since written a book about his experiences in Iraq titled "Greetings from Iraq," which is available

through online book sellers such as Barnes and Noble and Amazon. In his current assignment, Garrett is a Group Commander in charge of approximately 1,300 soldiers stationed throughout the southwestern states and Hawaii.

In addition to being active in Citizens for Better Community, Garrett remains active in community affairs in the Tri-Cities area, including Ohlone College Board Trustee and in Boy Scout leadership.

Congratulations, Garrett!

CBC to Recognize Citizen of the Year and Volunteer of the Year at Spring Celebration



2008 Citizen of the Year ~ Gerry Low-Sabado



2008 Volunteer of the Year ~ Dr. Herbert Chiu

CBC congratulates Gerry Low-Sabado and Dr. Herbert Chiu on their well-deserved award and will be recognized at CBC's Spring Celebration on April 4, 2009 at the Fremont Marriott.

South Bay Chinese Service Club's 2008-2009 Scholarship Program

Submitted by Willy Yichoy
Scholarship Program Co-Chair

The Scholarship Committee is getting ready for the Scholarship Awards and Luncheon on **Saturday, April 25, 2009** at 12 pm at the Courtyard by Marriott in Newark. We have two wonderful speakers lined up for the Luncheon who will be able to will share their experiences and give some great advice to the high school seniors and their guests.

The South Bay Chinese Service Club is honored this year to have Leland Yee, California State Senator, speak to our graduating seniors. Leland was elected to the State Senate in November 2006, after serving four years in the California State Assembly representing District 8, which includes San Francisco and San Mateo County. Yee is the first Chinese American ever elected to the California State Senate and the first Asian American elected to the Legislature's upper house in forty years. Yee is also a member of the Senate Democratic Leadership as the Assistant President pro Tem.



During his tenure in the Legislature, Senator Yee has fought for children, mental health services, working families, open government, consumer protection, the environment, and civil rights. He has been named "Legislator of the Year" by the California Association of School Psychologists; California School Nutrition Association; California Psychiatric Association; Faculty Association of California Community Colleges; California Independent Grocers; California Mental Health Directors Association; California Staffing Professionals; Associated Students of UC Davis; California Partnership to End Domestic Violence; and the American Federation of State, County and Municipal Employees. In addition, he was named "Person of the Year" by GamePolitics.com, a leading video game news site.

Prior to serving in the Legislature, Dr. Yee spent eight years on the San Francisco Unified School District Board of Education where he fought to streamline bureaucracy, direct funds towards higher standards in core curriculum, update educational materials, reduce class sizes, and increase public access to school services.

In 1996, Dr. Yee was elected to the San Francisco Board of Supervisors. As Chair of the Finance Committee, he championed fiscal responsibility and accountability and established the largest "Rainy Day" budget reserve in San Francisco's history. Yee introduced and passed the General Obligation Bond Accountability Act and authored the Sunshine Ordinance to allow the public real access to what goes on at City Hall. He also became the first Supervisor to hold budget hearings in San Francisco neighborhoods, making it easier for communities to participate in the local budget process.

Leland Yee emigrated at the age of three to San Francisco from China. He was educated in San Francisco's public schools, and received his bachelor's degree from University of California at Berkeley, and his master's degree from San Francisco State University. After earning his doctorate in Child Psychology at the University of Hawaii, Dr. Yee worked in various mental health and school settings. Leland Yee and his wife have four children.

Sandy Liao is a former recipient of the SBCSC Scholarship in 2003. She graduated from San Leandro High School and attended UC Berkeley graduating with honors in 2007 with a degree in Molecular Environmental Biology. She is currently a Research Associate with Merck & Co, in San Francisco. She has worked as a Biochemist for Siemens Healthcare Diagnostics, and also as a Research Associate for Roche.



At Cal, in addition to shouldering full course loads in the classroom, she found time to stay in touch with her love of music by becoming a violinist for the University Orchestra, and a teacher for the Young Musicians Program. She also was a Research Assistant for the Department of Chemistry and a Health Intern at Kaiser Permanente.

Please join us this year at the Scholarship Luncheon which promises to be an informative and entertaining afternoon as we listen to our guest speakers and recognize outstanding students from the Tri-City area. If you have any questions about the luncheon, please contact Willy Yichoy at (510) 792-6961, email: willy51@aol.com, or Tracy Chan at (510) 386-1096, email: tpchan@gmail.com.

Fremont Asian Lions Club Youth Exchange Program



*Submitted by Anthony Tse
Vice-President, Youth Lions Club*

Purpose

The Lions International Youth Exchange program is organized to grant young people the opportunity to live with families in a foreign country and to gain an understanding about the customs, history and culture of people different from their own. The friendships, memories and experiences are all gained in a five or six week period. The ultimate goal is to have each participant, upon returning home, apply the greater awareness and appreciation of others to fellow students, friends and family; to foster harmony and understanding toward good will in international relations. This Youth Exchange student can truly be called "A Passport to World Peace and Understanding."

FAQ

Do I have to be a Leo or from a Lions family to participate in the Youth Exchange program?

No. The program is open to anyone who wants to travel or host as long as they are sponsored by and vouched for by a Lions Club.

How old do I have to be to participate in the Lion Youth Exchange?

To go to Japan you must be 16 year old and not over 21 at date of departure, except for Europe/Australia where you must be 17 - 21.

What is the procedure for applying?

Go to the MD-4 Youth Exchange committee website at www.ye.md4lions.org and the application forms and frequently asked questions (FAQ's) are there.

How can I request a Lions Club to endorse/sponsor me?

Ask your local Lions Club to sponsor you. Sponsorship does not mean the club will pay your way. It means they vouch for your good character and ability to handle the program.

PROGRAM OVERVIEW

Go Abroad. The Lions Youth Exchange Program was launched to provide today's youth, the leaders of tomorrow, an opportunity to learn about people and countries other than their own in an effort to promote world peace. Young people are given the opportunity of living with a family or families in a foreign country for **5 weeks** to experience first-hand a new culture, history and a different way of life. The ultimate goal is to have each participant, upon returning home, share

his or her experiences in promoting international understanding.

Be a Host. Lions-approved host families are an important component of the Lions International Youth Exchange Program. Host families share their home with a young person from another country and include the participant in the daily customs of their culture for **5 weeks**. Understanding different customs helps participants learn to accept the ways of others. At the same time, host families learn about the customs of the participant.

- Current Openings
15 of 25 to Europe / 26 of 26 to Japan
- Europe Open Spots:
Austria (3), Belgium (2), Brazil (1), Israel (1), Switzerland (2), Sweden (2), Norway (2), Germany (2)
- **Deadline: March 31, 2009 for students visiting overseas.** \$2500 /student (Italy/Australia \$2700)

REQUIREMENTS

Go Abroad, Participants must:

- Be between the ages of 16 and 21;
- Be sponsored by a Lions club;
- Be suitable to represent their community, Lions club, and country;
- Be willing to accept the customs of another culture.

Be a Host, Families must:

- Approved by the host Lions club
- Be in contact with youth of the approximate age of the participant.
- Be familiar with Lions clubs and the goals of the Lions International Youth Exchange Program.
- Be able to provide a bed and meals for the participant.
- Follow all local laws related to youth protection.
- Meet insurance requirements.

Fremont Asian Lions Club

Meetings are held every 2nd Wednesday of the month at 7pm at China Dragon Restaurant
39144 Paseo Padre Pkwy
Fremont, CA 94538
(510) 790-3988

Please visit <http://www.fremontasianlions.org> or email Anthony Tse at thetse@gmail.com.

Free Income Tax Preparation by Volunteer Income Tax Assistance Program



Submitted by Johnny Yee, VITA Volunteer

If your family income is less than \$45,000 annually, VITA volunteers can help you file your tax returns for free! You may be eligible for the Earned Income Tax Credit (EITC) and/or other credits you did not know about.

The Volunteer Income Tax Assistance (VITA) program, sponsored by the Internal Revenue Service (IRS), is available for qualifying families and individuals at the Fremont Family Resource Center.

When: *February 2 – April 15, 2009*

Mondays & Wednesdays ~ 4 to 8 pm

Fridays ~ 10 am to 12:30 pm

Walk-in only ~ **No appointment needed**

Where: Fremont Family Resource Center (FRC)
39155 Liberty Street, Fremont

Cost: FREE

Plus: Free onsite child care provided

What to Bring:

- Picture ID and Social Security (SSN) or Individual Taxpayer Identification Number (ITIN) cards or letters for all family members (Sorry, no exceptions)
- All forms, W-2 AND 1099's for all 2008 jobs and income
- Information for all other income (interest, savings, IRA's, etc)
- Information for all deductions and credits
 - Childcare provided information (SSN or EIN & address)
 - Name, address & phone number of landlord, if applicable
- A copy of last year's tax return is helpful
- Married couples filing jointly must come together
- For Direct Deposit of tax refund, please bring routing & account numbers for savings and/or checking accounts for split refund service (and a faster refund)

For further information, please contact Carolyn Robertson, VITA Coordinator at (510) 574-2020 or email vita@ci.fremont.ca.us.

Upcoming Events...

Chinese Medicine Health Evaluation

Chinese Medicine Day was first celebrated in 1929 in mainland China in the month of March, and has since become a yearly tradition. The Chinese medical community of Northern California has been celebrating this important day annually for the past thirty-two years in the San Francisco Bay Area.

In celebration of the 2009 Chinese Medicine Day, Citizens for Better Community, the Fremont Main Library and the United California Practitioners of Chinese Medicine (UCPCM) is co-sponsoring a FREE health evaluation event.

When: *Saturday, March 28, 2009*

Where: Fremont Main Library ~ Fukaya Room
2400 Stevenson Blvd, Fremont

Time: 1 pm – 4 pm

Cost: FREE

In addition to free consultation (no needles), the Chinese medical doctors will offer free massages, time permitting.

There will be two health seminars conducted in English: 1:30 pm – 2:30 pm, *Depression, How Chinese Medicine Views and Treats It*, by Dr. Lillian Huang, and 3:00 pm – 4:00 pm, *Enlighten Your Body with Qigong Exercise ~ A Workshop for the Body, Mind and Spirit*, by Dr. Erlene Chiang. All are welcome.

Charity Dragon Boat Race for the American Cancer Society – Northern California Chinese Unit

Want to have a day of fun and help a very worthy cause at the same time? The Charity Dragon Boat race will give you an opportunity to do both. Each team consists of 10 people (minimum of 4 females). CBC would like to field a team or two and enter the race. If you are interested in participating, please contact Steve Cho.

Date: *Saturday, June 6, 2009*

Where: Jack London Square, Oakland

Cost: \$50 or \$75/person depending on when registration is made

Contact: Steve Cho (510) 797-6426 or ascinc@mindspring.com

2008-2009 Directory

President:

Lisa Quan(510) 438-6868

Vice President:

Tim Tran(408) 799-5290

Secretary:

Bernadette Chinn.....(510) 790-3944

Treasurer:

Gordon Jang.....(510) 790-0740

Past President:

David Sheen.....(510) 438-6868

Executive Director

Kathy Jang.....(510) 790-0740

Committees

Education:

Ivy Wu.....(510) 252-9890

Health:

Herbert Chiu.....(510) 471-3777

Business:

Richard Li.....(510) 979-0065

Community Involvement:

Albert Wang.....(510) 657-6610

Youth Group: Irene Yung.....(510) 659-8618

Senior Liaison: Whisky Ho.....(510) 623-7636

Culture Exchange: Lena Zee(510) 421-6666

Membership: Tim Tran.....(408) 799-5290

Website: Carl Chen.....(510) 490-8118

Voter Registration: Cecilia Chang..... (510) 713-1769

Spring Celebration: Lisa Quan.....(510) 438-6868

Internship Program: Anna Muh.....(510) 468-6666

Board of Directors

Suzanne Chan	John Chen	Herbert Chiu
Amy Cho	Steve Cho	Josephine Chou
Thomas Hom	Richard Li	Anna Muh
Thomas Tang	James Tong	Ray Tong
Albert Wang	Susanna Wong	Ivy Wu
Angela Yang	Sharon Yap	Henry Yin
Irene Yung	Lena Zee	

CBC Advisory Committee

Adam Chou	Chi Choy	Cindy Lee
Tony Luh	Ting O'Connor	Michelle Royston
Tim Tam	Joan Wang	Patrick Wong
Stanley Woo	Carl Chen, Chair	Simon Chen

MEMBERSHIP APPLICATION / RENEWAL (November 1, 2008 – October 31, 2009)

If you like what you see in this newsletter and want to remain informed, please join CBC.

Please check one of the following and include a check payable to *CBC* and send to:

CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001

- | | |
|--|----------------------------------|
| <input type="checkbox"/> \$20 Individual | <input type="checkbox"/> New |
| <input type="checkbox"/> \$25 Family | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization | |
| <input type="checkbox"/> \$100 Individual: Life Membership | |
| <input type="checkbox"/> \$200 Family: Life Membership | |
| <input type="checkbox"/> \$500 Corporate/Organization: Life Membership | |

Please complete the following member(s) (contact person) information:

Member: _____
Last Name First Name Chinese Name

Spouse: _____
Last Name First Name Chinese Name

Address: _____
Street City State Zip

Home Phone # Office Phone # e-mail

Citizens for Better Community

P.O. Box 1
Fremont, CA 94537-0001
Web site: <http://www.cbcsfbay.org>

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CBC's Spring Celebration

Saturday, April 4, 2009

A Night in Two Cities: Hong Kong ~ Macau

Where Fortunes are Made

Call (510) 790-0740 for reservations

CBC's Mission Statement:

"To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement."

Calendar of Events

IACF Unity Day Dinner

When: Friday, March 27, 2009 (6:30 pm)
Where: Hilton Newark/Fremont
Contact: Jeevan Zutshi (510) 589-3702

Chinese Medicine Health Evaluation

When: Saturday, March 28, 2009 (1-4 pm)
Where: Fremont Main Library
Contact: the Library ~ Lui-Lan Liu (510) 745-1401

Annual Spring Celebration

When: Saturday, April 4, 2009 (5:30 pm)
Where: Fremont Marriott
Contact: Kathy Jang at kjang25@yahoo.com or (510) 790-0740

SBCC Scholarship Luncheon

When: Saturday, April 25, 2009 (12 noon)
Where: Courtyard by Marriott
Contact: Willy Yichoy at willy51@aol.com or Tracy Chan at tpchan@gmail.com

Ohlone Foundation Citizen of the Year Luncheon

When: Saturday, May 30, 2009 (11 am – 3 pm)
Where: Newark Ohlone Campus
Contact: Ohlone Foundation (510) 659-6020

Upcoming CBC Meetings

***Note: Prior to each meeting, there will be set-up and a social "hour" from 7 pm.**

CBC Spring Celebration/Board Meeting

Wednesday, April 1, 2009
Time & Place: **TBA**

CBC Board Meeting

Wednesday, May 6, 2009
Place: Carlton Plaza – 7:30 pm

CBC Board Meeting

Wednesday, June 3, 2009
Place: Carlton Plaza – 7:30 pm