



CITIZENS FOR BETTER COMMUNITY

華人權益服務社

P. O. Box 1, Fremont, CA 94537-0001

Web site: <http://www.cbcsfbay.org>

Membership Newsletter

Volume 10, Issue 3

May/June 2010

July 4th Parade Needs YOU



We are asking YOU to come join CBC and many other Chinese American organizations to march in the Fremont July 4th parade. This year's theme is "Stars and Stripes Forever" to be held in the Mission San Jose District. Please see page 5 for more details.

Have a safe and fun-filled summer!

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President's Message

By *Tim V. Tran*



Dear CBC members, friends and supporters,

Hello and welcome to our May/June newsletter. As you may be aware, CBC celebrated its spectacular 18th Annual Spring Celebration on April 24. It was a wonderful, class-A event attended by many devoted supporters and sponsors alike.

As we move into summer and continue to fill the needs of the community, I want to take this opportunity to share with you something that is very near and dear to my heart and how it relates to CBC.

As a recent graduate of the Leadership Fremont class of 2010, I want to focus this month's article on the topic of leadership.

Much has been written and debated over various leadership styles and the importance of being a leader.

First and foremost, I believe that leaders are made and not born. Some people are born with the innate ability to attract others but that does not make them fine leaders. Leadership skills are acquired through life-long training, experience and a desire to make a difference in community lives.

Excellent leaders are hard to find mainly because only a few can truly crystallize the knowledge and experiences gained and transform that energy to demand excellence in everyone. When things go awry, leaders look in the mirror

President's Message continued on Page 2

and blame themselves. When success is achieved, excellent leaders know to thank and give credit to their followers.

Presidents of organizations know that to lead effectively, they must first build solid relationships in order to gain influence and support. Assessment of individuals, core values and a bird's eye focus on character building allow leaders to easily accomplish the organization's objectives and mission. It takes courage, a logical thought process and awareness of other's strengths to synthesize them into the success of the organization.

At CBC, everyone is a leader in his or her own right. Whether at work, community or home, we all have a set core values that we live by.

CBC is a place where each of us has the opportunity to cultivate our core values and convert them into value promises. Members of CBC take community service with a passion and that determination to serve is reflected in our actions as we continue to mature as an organization.

Enjoy your summer!

Respectfully Submitted,

Tim V. Tran

Tim V. Tran
CBC President 2009-2010

Yee Receives Asian American Heritage Award



Fremont, CA – Garrett Yee was honored with the *2010 Asian American Heritage Award for Outstanding Community Service*. The award was presented by the Asian American Federation of California (AAFC) during its 17th Annual Asian American Heritage festival celebration on May 15, 2010. The Festival was held at the Southern Alameda County Buddhist Church in Union City.

"I am honored to receive this prestigious award and participate in this event celebrating the rich cultural diversity of our community," said Yee. "Being of Chinese and Japanese decent, I am proud of my heritage and our contributions to society."

The Festival had a number of demonstrations of traditional song, music, and dance from Japan, Polynesia, Taiwan, the Philippines, Hawaii, Thailand, India, the Middle East, China, and India. "Community service has always been a part of my life," Yee commented. "I value public service. We choose to serve our communities, our families, in different ways and I respect the need for true public servants. This is a value that comes from my parents – I grew up with great role models."

Garrett Yee, who currently serves as an Ohlone Community College District Trustee, is also proud to serve our country as a Colonel in the United States Army Reserve and is an Iraq veteran. Yee is a dedicated public servant, a practical leader and a proud Democrat. Yee is a long-time local resident of the area and has lived in Fremont, Newark, and Union City.

Congratulations Garrett!



Garrett and his family

CBC MEMBERSHIP NEWSLETTER

We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Kathy Jang, Executive Director, at (510) 790-0740, or email kjang25@yahoo.com.

Publisher: Kathy Jang

Committee: Dr. Herbert Chiu, Steve Cho, Dr. Albert Wang

Distribution: Lilly Lee

Contributors: Tracy P. Chan, Amy Cho, Victoria Lopez, Tim Tran, Garrett Yee

Spring Celebration 2010 Sponsors

CBC would like to extend their sincerest appreciation to the sponsors for their generous support and contributions to the Spring Celebration.

Silver Sponsors

- ~ Asian Pacific Islander American Public Affairs Association (Bay Area Chapter)
 - ~ Fremont Firefighters
 - ~ Kaiser Permanente
 - ~ Milpitas Square, LLC

Bronze Sponsors

- ~ Friends of Children with Special Needs/Albert Wang
 - ~ Robson Homes

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Internship Sponsor

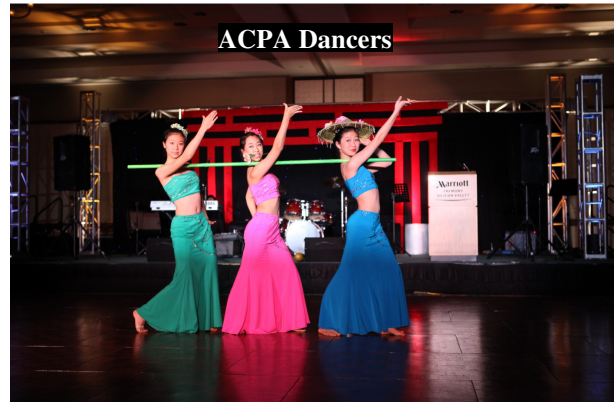
- ~ AT&T

Table Sponsors

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 - ~ Herbert Chiu
- ~ Lisa Quan/Stephen Heller
 - ~ Ohlone College
- ~ Pacific General Construction/Vantec
 - ~ Steve & Amy Cho
 - ~ Steve & Sue Chan
 - ~ Thomas Tang
- ~ Tim Tran/The Ivy Group
- ~ Vision New America
- ~ Washington Hospital

We also express gratitude to our prize donors and in-kind sponsors. Your charitable gifts are greatly appreciated and are a testament to your devotion to CBC and the community.

Photographers captured the magic of that evening so please take a moment to view the pictures at <http://www.cbcsfbay.org/sc/2010>. Here are a few photos (courtesy of Larry Lee):



We look forward to seeing you next year!

South Bay Chinese Service Club's Annual Scholarship Luncheon

By Tracy P. Chan, Chairman

The South Bay Chinese Service Club awarded \$10,250 in scholarships to graduating high school seniors of Chinese descent at our 41th annual SBCSC Scholarship Luncheon held at the Courtyard by Marriott, Newark-Silicon Valley on Saturday, April 17, 2009. SBCSC President Amy Cho greeted the graduates and praised them for their outstanding academic records and participation in community activities. Honored guests included, Fremont School Board Members Lily Mei, former School Board Member Anna Muh, former Fremont City Councilman Steve Cho and his wife, Amy, Citizens for Better Community President Tim Tran and Board Members Josephine Chou, David Sheen, Thomas Tang, Gordon Jang and Stella Chang.

Stephanie Chuang anchor for KSBW Action News 8 Weekend Sunrise and a reporter for KSBW Action News 8 delivered the key note address. Stephanie is a Fremont native and graduate of Mission San Jose High School. She relayed how she first became interested in Journalism –speaking with a family friend who was a CNN correspondent and discovering the Medill School of Journalism at Northwestern from her high school Newspaper Advisor at Mission. Taking a “non-traditional” route, Stephanie spoke about the importance of following one’s passions. Another key message that Stephanie shared with the students was get out of your comfort zone. Having worked and interned in cities such as Chicago and Topeka, Kansas, Stephanie stressed the importance of “getting out of the bubble” to understand different perspectives of the world.



Stephanie’s speech was both entertaining and very insightful. She served as a great inspiration to our award winners.

The 29 applicants represented 7 different high schools in the Tri-City area. They are an impressive group of scholars. Their average GPA is 3.778 and together they have donated over 9,632 community service hours. In this group there are 6 National Merit Finalists and 11 AP Scholars. The students are also officers and members of a number of school clubs and in student government.

Our 2010 Scholarship Recipients were:

\$2,000 Scholarship Recipients

Kylan Nieh, Mission San Jose High School –
CBC Award for Community Service

Lucia Wang, Mission San Jose High School –
Howard Tom Award for Top Honor

\$1,500 Scholarship Recipient

Michaela Lee, The Athenian –
Karl Ngan Award for Leadership

\$1,000 Scholarship Recipients

Andrew Huang, American High School –
Joan Taam Memorial Scholarship

Andrew Hsu, Mission San Jose High School –
Joan Taam Memorial Scholarship

\$500 Scholarship Recipients

Catherine Lu, Mission San Jose High School

Briana Ung, Fremont Christian

Jane Wang, Mission San Jose High School

Lucia Wang, Mission San Jose High School –
Best Essay

\$250 Scholarship Recipients

Rachel Chang, Mission San Jose High School

Kevin Tian, American High School

Jane Dong, Irvington High School

***Congratulations
to all the graduates
and scholarship recipients!***

Upcoming Events....

Toastmasters Youth Leadership Summer Program

Toastmasters Youth Leadership Summer Program enhances students' communication and public speaking skills not generally taught in schools. The program instills leadership, listening, communication, and self-confidence. Toastmasters Youth Leadership Program is designed for high school students to build up their confidence in speaking by utilizing these skills.

This year we have enrolled 55 students within 4 classes. The opening ceremony will be on **Saturday, June 19** from 8:30 a.m. at Friends of Children with Special Needs, 2300 Peralta Blvd, Fremont. The graduation ceremony will take place on Saturday, July 24, 2010. All parents are welcome to come and join us.

Come to the Fremont July 4th Parade



Plan now to see the Fremont July 4th parade! Even better, if you feel like being part of the parade this year, you are welcome to come and march too. CBC will coordinate our members as well as those from several other local Chinese American organizations. We often hear Fremont citizens saying how much they look forward to seeing the Chinese Americans turn out. This year, Citizens for Better Community, South Bay Chinese Club, American Chinese School, and Friends of Children With Special Needs are already planning to join the parade. There will be several more as the day approaches. Tri City Band Corps will be leading in front of us.

Some people are not interested in parades. Some are crazy about them. As one who used to be more or less uninterested, I can personally tell you that once you are in the parade, you become 'electrified'.

To give you some background about the Fremont July 4th parades... this will be the twelfth year of our city's parade. It has become a custom for the parade to rotate to different districts in Fremont (Warm Springs, Centerville, Mission, Niles, Irvington, and North Fremont). This year the parade will be a one mile long route and will be held in Mission San Jose. There are usually some 80 entries, including bands, drill and

dance teams, floats, clowns, antique cars to name a few. Thousands of people will watch the star spangled excitement of creative floats, specialty units, and marching musical units. Although the parade takes place on **Sunday, July 4**, at 10 a.m. and ends by 12 noon, those who participate in the parade usually need to assemble by around 8:30 a.m. The theme this year is "Stars and Stripes Forever!"

Please wear your purple T-shirt if you are a CBC member and have one. Otherwise, it will be great if you can wear red, white and blue. Members of other organizations joining CBC will wear their club T-shirts or uniforms too. CBC will provide flags for waving to all participants. Remember: Whenever possible, try to wear Red/White/Blue. This is the day we celebrate America's birthday!

Please call Amy or Steve Cho (510)797-6426 if you have any questions about joining the parade. We're looking forward to seeing you there bright and early!

Summer Time Fun... at the 10th Annual BBQ

It's time for the annual summer BBQ with the South Bay Chinese Club! Come and enjoy the afternoon with great friends and delicious food. Please RSVP by Wednesday, July 28th.

Date: **Sunday, August 1, 2010**

Time: Noon – 3 p.m.

Where: Quail Run Clubhouse ~ 33873 Whimbrel, Fremont

RSVP: by July 28 to Steve & Amy Cho (510) 797-6426

Cost: Free for CBC/SBCC members; \$5/guest

Homeless Shelter Meal Service

The CBC Youth Group serves meals at the Tri-City Homeless Coalition. The Homeless Shelter Meal Service allows high school students to participate in preparing and serving food to the homeless people. This is a good learning experience for the students and they will receive four community service hours upon completion.

The Youth Group will serve meals (dinner) on the following Sundays: **July 11**, August 29, November 14 and December 12.

If you are interested in helping, please contact Fendi Fuh at FendiFuh@yahoo.com.

Goal Setting Leads You to Success

By Victoria Lopez,
Member, CBC Toastmasters

Note: This speech was presented at a Toastmasters meeting.

Do you believe that goal setting can lead you to success?

Every New Year we get so excited about setting our new goals, but in reality, very few of us end up accomplishing them. Why is that?

There are several factors that can prevent us from accomplishing our goals. One can be that we are not serious enough about our goals. Another can be that all of our ideas were just spontaneous New Year's talk. Another factor can be a lack of motivation. Or perhaps the problem is that we do not know how to properly set goals. If this is the case, I want to offer some advice for goal setting.

When setting goals, keep in mind that your goals should be:

- Specific
- Measurable
- Attainable
- Realistic
- Timely

Remember, every goal starts as a dream. Many people talk about their dreams, but few of us see them through to reality. If you visualize your goal, it is possible. However, if you schedule it, it is real.

So how should you set your goals?

First, be aware of what you really want. What needs are you trying to satisfy? For example, perhaps you want to be a better person, or control your temper, or receive more recognition at work, or be recognized as a very successful person. Whatever you want, you can do it.

Once you decide on a goal, start measuring it. Think of how long it will take you to accomplish your goal. If it is a long-term goal, that is fine, but you may want to break it into smaller goals (ex: weekly, monthly and yearly goals).

Make sure your goal is attainable. For example, let's say your goal is to increase your salary by increasing

your sales. Yes, that is possible. However, if you say, "I want to make a million dollars buying the lotto," guess what? The probability of you winning that money is very low. You have to be more realistic. Otherwise, your goal will seem impossible to reach, and you will give up.

Be careful with whom you share your goals with. People will try to discourage you, and you may get disappointed and stop pursuing your goals. Share your goals with people who have similar values as you. Share them with people you admire.

Never give the excuse that you are too busy to work towards your goals. Make the commitment to yourself to complete your goals. Remember, you are the one who is going to be rewarded for your effort. Think of the satisfaction you will feel upon completing your goal. If you end up delaying some of the steps to your goal, that's fine. The important thing is that you eventually follow-through and get back on track because every action you take moves you closer to your goal.

I strongly encourage you to turn your dreams into reality. Avoid negative people that you might cross during the process. Remember, setting goals increases your self-esteem, self-respect, self-confidence, reputation, and prestige because you are becoming a new, better person. Use all the resources you have: Tapes, friends, books, feedback, etc.

In closing, I want to share with you these words my mother once told me, "If it is to be, it is up to you and nobody else!"

Come see what Toastmasters is all about!

What: Citizens for Better Communicators
Toastmasters

When: Saturdays

Where: Intero Real Estate Services
43225 Mission Boulevard, Lower Level
Fremont, CA 94539

Time: 10:15 a.m. - 11:45 a.m.

For more information about Citizens for Better Communicators Toastmasters, contact Justin Paras, President, at justin.paras@gmail.com.

Visitors are always welcome!

2009-2010 Directory

President:

Tim Tran(408) 799-5290

Vice President:

Richard Li.....(510) 683-3228

Secretary:

Xiping Yang..... (510) 364-0159

Treasurer:

Steve Cho..... (510) 797-6426

Past President/Legal Counsel:

Lisa Quan(510) 438-6868

Executive Director

Kathy Jang.....(510) 790-0740

Committees

Education:

Lily Mei.....(510) 770-9888

Health:

Herbert Chiu.....(510) 471-3777

Business:

Richard Li.....(510) 683-3228

Community Involvement:

Albert Wang.....(510) 657-6610

Youth Group: Irene Yung.....(510) 659-8618

Senior Liaison: Whisky Ho.....(510) 623-7636

Culture Exchange: Lena Zee(510) 421-6666

Membership: Tim Tran.....(408) 799-5290

Website: Carl Chen.....(510) 490-8118

Voter Registration: Cecilia Chang..... (510) 713-1769

Internship Program: Anna Muh.....(510) 468-6666

Spring Celebration: Richard Li(510) 683-3228

Board of Directors

Suzanne Chan	Stella Chang	John Chen
Herbert Chiu	Amy Cho	Josephine Chou
Gordon Jang	Sharon Jiang	Lily Mei
Anna Muh	Gerry Low Sabado	David Sheen
Thomas Tang	Albert Wang	April Xie
Angela Yang	Sharon Yap	Henry Yin
Irene Yung	Lena Zee	

CBC Advisory Committee

Carl Chen, Chair	Simon Chen	Adam Chou
Chi Choy	Phong La	Cindy Lee
Tony Luh	Ting O'Connor	Michelle Royston
Tim Tam	Joan Wang	Patrick Wong
Stanley Woo	Garrett Yee	

MEMBERSHIP APPLICATION / RENEWAL (November 1, 2009 – October 31, 2010)

If you like what you see in this newsletter and want to remain informed, please join CBC.

Please check one of the following and include a check payable to *CBC* and send to:

CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001

- | | |
|--|----------------------------------|
| <input type="checkbox"/> \$20 Individual | <input type="checkbox"/> New |
| <input type="checkbox"/> \$25 Family | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization | |
| <input type="checkbox"/> \$100 Individual: Life Membership | |
| <input type="checkbox"/> \$200 Family: Life Membership | |
| <input type="checkbox"/> \$500 Corporate/Organization: Life Membership | |

Please complete the following member(s) (contact person) information:

Member:

Last Name	First Name	Chinese Name
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Spouse:

Last Name	First Name	Chinese Name
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Address:

Street	City	State	Zip
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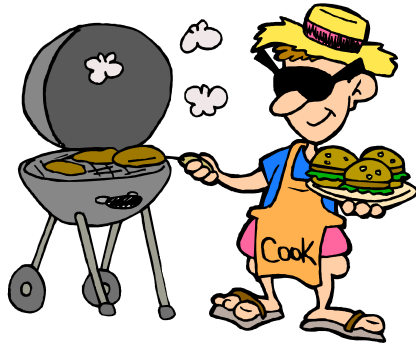
Home Phone #	Office Phone #	e-mail
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Citizens for Better Community

P.O. Box 1

Fremont, CA 94537-0001

Web site: <http://www.cbcsfbay.org>



**Don't forget to RSVP for
the Annual Summer BBQ!**

CBC's Mission Statement:

"To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement."

Calendar of Events

Toastmasters Youth Leadership Summer Program Opening Ceremony

When: Saturday, June 19 (8:30 am)

Where: Friends of Children with Special Needs

Relay for Life

When: Saturday, June 26, 2010

Where: James Logan High School

Fremont's 4th of July Parade

When: Sunday, July 4, 2010 (10 am)

Where: Mission San Jose District

Contact: Steve or Amy Cho (510) 797-6426

Homeless Shelter Meal Service

When: Sunday, July 11 (see pg 5 for additional dates)

Contact: Fendi Fuh at FendiFuh@yahoo.com

CBC/SBCC Summer BBQ

When: Sunday, August 1, 2010 (Noon)

Where: Quail Run Clubhouse

Contact: Steve or Amy Cho (510) 797-6426

Upcoming CBC Meetings

**Note: Prior to each meeting, there will be set-up and a social "hour" from 7 pm.*

CBC Board Meeting

Wednesday, July 7, 2010

Place: Carlton Plaza – 7:30 pm

CBC Board Meeting

Wednesday, August 4, 2010

Place: Carlton Plaza – 7:30 pm

CBC Board Meeting

Wednesday, September 1, 2010

Place: Carlton Plaza – 7:30 pm

