



# CITIZENS FOR BETTER COMMUNITY

華人權益服務社

P. O. Box 1, Fremont, CA 94537-0001  
Web site: <http://www.cbcsfbay.org>

**Membership Newsletter**

**Volume 18, Issue 3**

**July - September 2018**

## **One Community One World** Summer Concert Thursday, August 30, 2018

Event is free; Open to the public



Please mark your calendars and join CBC and co-sponsors for a non-religious, non-political community event which welcomes anyone who wants to foster a harmonious community spirit, to build community partnerships, and to instill and promote a common civic pride. Admission is free and open to the public. See page 2 for concert flyer.

## **President's Message**

*By Charles Liu*



Dear CBC Members and Friends,

What are the most important skills in life?

That was the 'table topic' question that was posed to each of the student representatives from four CBC Toastmasters Youth Leadership program classes during the final speech competition this summer. 'Table topic' questions, in Toastmasters' lingo, are given to the speakers without preparation, and they are required to give impromptu speeches related to the topic.

Interestingly enough, all four classes' table topic contestants gave similar and very much related answers. They took turns to enter the room to hear the question for the first time, so they did not know about the answers of speakers before them. Class 1's Jack Liu said the most important life skill was the ability to give speeches and speak well. Class 2's Ethan Yuan said it was common sense and communication with others. Class 3's Tim Yang spoke of how to talk and interact with other people and form human relationships. Class 4's Felix Peng chose the ability to socialize and make friends.

The common theme among all four speakers' answers is verbal communication and relationship with others. I think the young students are very insightful and they are exactly right. They already know, correctly, at such young age, what the most important skills are in life. The ability to communicate with others effectively, building friendships and meaningful relationships,

*Cont'd on page 3*

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# ONE COMMUNITY ONE WORLD



## SUMMER CONCERT

Thursday, August 30, 2018, 5:30 pm - 7:30 pm  
Fremont Central Park Pavilion



A non-religious, non-political community event which welcomes anyone who wants to foster a harmonious community spirit, to build community partnerships, and to instill and promote a common civic pride.

## EVENT SPONSORS



Cont'd from page 1...President's Message

and gaining acceptance and respect, have been the most important skills in life since human history, because human beings are social beings. No man is an island.



We know WHAT is important in life, but HOW do we gain these skills? How do we learn to communicate well and how do we form strong human relationships? Obviously, that's not easy and there can be many answers. Some seem to be natural born good communicators, but many of us need to work at it. I think there are two aspects to this - technique and content. CBC's Toastmasters public speaking class, as well as many other speaking and debate training programs can help you improve speaking techniques through practice and feedback loops. You learn to overcome your fear of public speaking by being prepared, doing it again and again, controlling your breaths, having the right postures and hand gestures, eye contact, interacting with your audience, so on and so forth. But the more challenging aspect is the content of your speech, what message do you want to deliver to your listeners, what will resonate with people and move people to want to connect with you and respect you.



What we can think of to say and do over time reflects who we are. And we all want to be around people who are positive, generous, helpful, open-minded, warm-hearted, and honest. It's through being with people who possess these qualities that we either

consciously or subconsciously become more like them. I must say in Citizens for Better Community and many other service organizations such as Rotary, both of these groups are full of such people. By working with people who are service minded and helpful in these organizations, you will develop a more positive outlook in life, and that will ultimately and naturally come through in the content of your speech. Messages and practice of love, compassion, inclusion, community service, combined with good speaking techniques will be good skills that people respond to, and make you a respected community member.

Speaking of respected community members, one only needs to look at the surprise going-away party that CBC hosted for Steve and Amy Cho on July 22<sup>nd</sup> at Fremont's World Gourmet Restaurant. Over 150 well-wishers from over 40 non-profit organizations that Steve and Amy belong to attended their surprise party. Many don't necessarily share the same political beliefs as Steve and Amy, but all who attended would agree that Steve and Amy possess the utmost integrity and community service orientation that we all look up to. And if it's still too abstract of a concept to grasp what the most important skills in life are, just ask Steve and Amy how they gain their respect and love from the Fremont community, and be more like these two exemplary CBC board members.



Thank you!

Charles Liu  
CBC President 2017-2018

## Summer TYLP a Success!

*By Midji Rovetta, TYLP Chair*

CBC's summer Toastmasters Youth Leadership Program (TYLP) was very successful! Thanks to President Charles Liu who promoted the program through WeChat, we had an overwhelming interest in the program this year. We were able to accommodate 60 students and had a wait list of over 50 students. The 5 Saturday classes were jam-packed and concluded with a class showcase. Thank you to all the students for their hard work!

I'd like to thank the Volunteer Core Team: Alice Cheung, Anny Kan, Amanda Kwan, Wendy Lee, Kian Lim, Wing Ng, Julie Wang and John Zhu for their tireless efforts in planning, coordinating, implementing and supporting this program. We had highly experienced and dedicated coaches from CBC Toastmasters Club. Kudos to our Coaching Team for their dedication to the students: Head Coach – Robert Kaiser, Coaches Linda Ko, Sudha Krishnamoorthy and Cara Wasden.

We appreciate the parent volunteers for their help in making this program successful. With everyone pitching in, the program ran smoothly and was enjoyed by everyone. Special thanks to Friends of Children with Special Needs for the continuous support of the program and for the use of the facility.

McGrath RentCorp continuously supports our youth programs by making a generous monetary donation each year. Thank you to Anna Muh for making this happen! Also, Jackery Inc. donated portable mobile phone batteries which were awarded to all the TYLP showcase winners, coaches and volunteer team leaders. Thanks to Julie Wang!

Due to the high demand, we plan to launch the year round YLP - Gavel club, where the students will be

able to practice public speaking, run the meeting and other leadership roles within the group. Details are forth coming!



*Photos Courtesy of John Zhu*



## Fremont's July 4<sup>th</sup> Parade "Journey Across America"

CBC once again is a proud sponsor and participant in the Fremont July 4<sup>th</sup> Parade. The CBC entry was one of two groups who won the "Peoples Choice" award. CBC thanks everyone for showing up and participating with us.

*Photos Courtesy of Larry Hsu & Lena Zee*



## BBQ Enjoyed by All!

The annual BBQ hosted by CBC and SBCC (South Bay Chinese Club) was held on Sunday, July 29<sup>th</sup> at the Quail Run HOA Clubhouse. Approximately 80 people were in attendance to enjoy the delicious hamburgers, hot dogs and hot & spicy chicken wings. Along with these items, fruits and tossed green salad were also offered. CBC lifetime member, Teresa Keng, brought everyone a refreshing iced tea or bubble tea which was a special treat. To top it off, a good meal does not go without dessert - Ice cream cookie sandwiches were enjoyed by many!

Special thanks to SBCC member Serena Suranyi for stepping up and taking the reigns to coordinate the meal while Steve and Amy Cho prepared for their move to Roseville. We need to acknowledge Steve and Amy's tireless efforts in taking charge of this event for a number of years. We appreciated all the volunteers who helped in the kitchen and to our BBQ chefs, Joe Zerda and Marvin Wong.

New faces amongst CBC and SBCC were in attendance along with the summer interns who met during the BBQ to discuss their progress in the legislative and various offices.



## Community Preservationist Shares Recent Experiences

*By Gerry Low-Sabado*

I was invited by Charles Fang Chen and his Jingxi Project-Based Learning Experience students from China to meet them at Stanford University to tell them about my family's Chinese American History on the Monterey Peninsula. Their plans included visits to Stanford's Hopkins Marine Station and the Monterey Bay Aquarium, both sites where my early Chinese ancestors' fishing village once stood.



I also was invited to go whale watching with the students on the Sea Goddess Whale Watching Cruise in Moss Landing. Carolyn Sotka, Adjunct Faculty, College of Charleston Graduate Programs, helped to host the students.



*Con't on page 7*

Con't from page 6....Preservationist

To my total surprise, the students' presentations of their projects about what they learned about the revival of the Monterey Bay and how they planned to bring what they have learned back to China to help the revival of the ocean around China took place at the Wave Street Studios. The studio is the site of my Grandfather's house where my Great Grandmother Quock Mui lived, where my Mother was raised, and where my sisters and cousins' families gathered for special occasions!! The students had interviewed me and will also report on the revival of the Chinese American history on the Monterey Peninsula!



On August 7, the Bunkmates and visiting Fremont Police Department officers came to the Chinese Bunkhouse during National Night Out Ice Cream Social at Shinn Historical Park hosted by the Chinese Bunkhouse Preservation Project and the Mission Peak Heritage Foundation!

[https://www.facebook.com/Chinese.Bunkhouse.Project/?hc\\_location=ufi](https://www.facebook.com/Chinese.Bunkhouse.Project/?hc_location=ufi)



"The Chinese Bunkhouse sits in the back of the Shinn Historical Park & Arboretum in Fremont, California. The bunkhouse was once part of a complex of buildings along Alameda Creek - for sleeping, eating, and washing - for the Chinese workers at the Shinn ranch. Only the bunkhouse and an outhouse remain now. A group has formed to stabilize the bunkhouse

so it may be used to tell the story of the people who helped build our town, when it was part of the Washington Township...from the Gold Rush, Transcontinental Railroad, Chinese Exclusion Act, World Wars, and finally the towns of Fremont, Union City, and Newark."



Background information on Gerry Low-Sabado:

- 5<sup>th</sup> Generation Chinese Fishing Village Descendant
- Community Preservationist
- Cultural Advisor to the Monterey Bay Aquarium Summer Deck Show: "Turning the Tide: The Story of Monterey Bay"
- Recipient of the American Civil Liberties Union – Northern California, Monterey Chapter, 2016 Ralph B. Atkinson Award for Civil Liberties

## Want to be Heard?

By Sudha Krishnamoorthy  
President, CBC Adult Toastmasters



Hello, Citizens for Better Community members!

Citizens for Better community, as the name goes, is committed to improving our community and leave it a better place for our future generation. Change can happen only when our voices ring loud and clear in our community.

So how can we be "heard"? We will be heard when we raise our voices with confidence, speak with clarity and lead with a purpose. And yes, every one of us can find our voices because there is someone right by our side to help! And that is our partner organization, The Citizens for Better Communicators Toastmasters club (CBCTM).

CBC Toastmasters club meets every Saturday from 10 a.m. to 12 Noon at Unitek College, Auto Mall

Con't on page 8

Con't from page 7...Want to be Heard?

Parkway in Fremont. If you were involved with CBC during the summer, you would have heard of the Toastmasters Youth Leadership Program (TYLP) conducted by us (see page 4 for more details). This program is popular for our youths and equips them to become better speakers and leaders. The parents of the participants were amazed at the positive transformation in their children. The CBC Toastmasters provides the same opportunities for adults to come and work on their public speaking and leadership skills on a regular basis.

I invite you all to come visit us and see what we do. The Club is free for guests and a nominal charge for those interested in becoming members. Be a part of the change that you see in our community! Visit us and let your voices ring loud and clear!

When: Saturdays  
Where: Unitek College (Room 119)  
4670 Auto Mall Parkway, Fremont  
Time: 10 a.m. – 12 Noon

Visit <http://654714.toastmastersclubs.org/> for more information.



## New CBC Members

Mei Hong and James Yang & Family  
Clare Huang and Steve Fu & Family  
Pokai Huang  
Yea-Lian Huang and David Kuo & Family  
Tanushka Joshi  
Teresa and Robert Keng & Family  
Ming Tang and Suli Lin & Family  
Heidi Wang  
Yongzhen Wu and Dan Zhang & Family

## Homeless Shelter Meal Service

The CBC Youth Group serves meals at Sunrise Village in Fremont. The Homeless Shelter Meal Service allows high school students to participate in preparing and serving food to the homeless people. This is a good learning experience for the students and they will receive community service hours upon completion.

The last meal service scheduled for 2018 is:

- **Saturday, September 29 (dinner)**

The meal services scheduled for 2019 are as follows:

- Saturday, March 30 (dinner)
- Sunday, June 23 (lunch)
- Saturday, August 31 (dinner)
- Sunday, September 29 (dinner)

For more information, please contact [sherry.y.chang@gmail.com](mailto:sherry.y.chang@gmail.com).



CBC is planning the following upcoming events. Plan on joining us!

### **Sunday, November 18, 2018 (11 a.m.):**

*CBC Installation of Officers and Directors and Intern Recognition Luncheon*

The newly elected CBC Board members will be installed and we will recognize the summer interns and hear first-hand about their experiences.

### **Saturday, December 8, 2018 (3 p.m. – 6 p.m.):**

*CBC/SBCC Annual Christmas Party*

CBC and sister organization, South Bay Chinese Club (SBCC), will co-host the annual Christmas Party for the senior residents at Aegis Gardens in Fremont. There will be great entertainment followed by a delicious dinner with the residents.

### **Saturday, February 16, 2019 (1 p.m. – 4 p.m.):**

*Chinese New Year Celebration*

Come celebrate the Year of the Pig! This event is for anyone interested in the Chinese culture. It will be a fun-filled afternoon with entertainment and arts and crafts.

### **Saturday, April 27, 2019 (5:30 p.m.):**

*CBC's 27th Annual Spring Celebration*

The annual fundraiser is very popular because we offer fun entertainment, wonderful food and great company. The first planning meeting is scheduled for November 7, 2018. If you would like to help with this event, please let us know!

Stay tuned for more details in next quarter's newsletter!



**CBC's Mission Statement:**

*"To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement."*

**CBC's Vision Statement:**

*"CBC will be a model of excellence in community service by facilitation and motivating Chinese American involvement in the community."*

**2017-2018 Board Directory**

**President:**

Charles Liu .....(510) 938-6668

**Vice President:**

Herbert Chiu.....(510) 471-3777

**Secretary:**

Wilson Hu.....(925) 480-7305

**Treasurer:**

Robert Kaiser .....(510) 386-9967

**Past President:**

Judy Lam .....(510) 979-9263

**Legal Counsel**

David Sheen .....(510) 676-2178

**Executive Director**

Kathy Jang.....(510) 790-0740

**Committees**

**Education:**

Yang Shao.....(510) 687-9184

**Health:**

Herbert Chiu.....(510) 471-3777

**Business:**

Henry Yin.....(510) 676-7139

**Community Involvement:**

Albert Wang.....(510) 657-6610

**Membership:** Wing Ng.....(510) 326-1133

**Culture Exchange:** Lena Zee .....(510) 421-6666

**Youth Internship:** Charles Liu .....(510) 938-6668

**Youth Toastmasters:** Midji Rovetta.....(510) 798-7871

**Social Activities:** Amy Cho.....(510) 797-6426

**Spring Celebration:**

Herbert Chiu .....(510) 471-3777

David Bonaccorsi .....(510) 791-1888

**2017-2018 Board of Directors**

David Bonaccorsi

Herbert Chiu

Amy Cho

Steve Cho

Whisky Ho

Larry Hsu

Wilson Hu

Robert Kaiser

David Lam

Judy Lam

Cecilia Leon

Charlies Liu

Gerry Low Sabado

Lily Mei

Anna Muh

Richard Muh

Wing Ng

Midji Rovetta

Raj Salwan

Yang Shao

David Sheen

Albert Wang

Marvin Wong

Henry Yin

Lena Zee

**CBC MEMBERSHIP NEWSLETTER**

We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Kathy Jang, Executive Director, at (510) 790-0740, or email [kjang@cbsfbay.org](mailto:kjang@cbsfbay.org).

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**Back to School...  
Please drive safely**

## Calendar of Events

### One Community One World Concert

When: **Thursday, August 30, 2018 (5:30 pm)**  
Where: Fremont Central Park Pavilion  
Paseo Padre Parkway, Fremont

### Homeless Shelter Meal Service

When: **Saturday, September 29, 2018 (dinner)**  
Where: Sunrise Village  
Contact: [sherry.y.chang@gmail.com](mailto:sherry.y.chang@gmail.com)

### CBC Installation & Internship Recognition Luncheon

When: **Sunday, November 18, 2018 (11 am)**  
Where: TBA

### CBC/SBCC Christmas Party

When: **Saturday, December 8, 2018 (3 pm)**  
Where: Aegis Gardens (across American H.S.)  
36821 Fremont Blvd, Fremont  
Contact: Kathy Jang at [kjang@cbcsfbay.org](mailto:kjang@cbcsfbay.org) or  
(510) 790-0740

### CBC/SBCC Chinese New Year Celebration

When: **Saturday, February 16, 2019 (1 pm)**  
Where: Fremont Main Library  
2400 Stevenson Blvd, Fremont

### CBC Spring Celebration

When: **Saturday, April 27, 2019 (5:30 pm)**  
Where: Chandni Restaurant  
5748 Mowry School Road, Newark  
Contact: Kathy Jang at [kjang@cbcsfbay.org](mailto:kjang@cbcsfbay.org)  
or (510) 790-0740

## Upcoming CBC Meetings

*\*Note: Meetings are held monthly with special meetings to be determined.*

*Prior to each meeting, there will be set-up and a social "hour" from 7:15 p.m. Meetings begin at 7:30 p.m. at **Carlton Plaza, 3800 Walnut Avenue, Fremont.***

- **Wednesday, September 5, 2018**
- **Wednesday, October 3, 2018**
- **Wednesday, November 7, 2018**

General meeting from 7:30 p.m. is open to guests and CBC members. To be followed by a meeting for Board members.

## **MEMBERSHIP APPLICATION / RENEWAL (November 1, 2018– October 31, 2019)**

If you like what you see in this newsletter and want to remain informed, please join CBC. Please check one of the following and include a check payable to *CBC* and send to: *CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001*

- |  |                                  |
|--|----------------------------------|
| <input type="checkbox"/> \$20 Individual                               | <input type="checkbox"/> New     |
| <input type="checkbox"/> \$25 Family                                   | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization                   |                                  |
| <input type="checkbox"/> \$100 Individual: Life Membership             |                                  |
| <input type="checkbox"/> \$200 Family: Life Membership                 |                                  |
| <input type="checkbox"/> \$500 Corporate/Organization: Life Membership |                                  |

**Please complete the following member(s) (contact person) information:**

Member:	_____		
	Last Name	First Name	Chinese Name
Spouse:	_____		
	Last Name	First Name	Chinese Name
Address:	_____		
	Street	City	State Zip
	_____		
	Home Phone #	Office Phone #	e-mail