



# CITIZENS FOR BETTER COMMUNITY

## 華人權益服務社

P. O. Box 1, Fremont, CA 94537-0001  
Website: <http://www.cbcsfbay.org>

**Membership Newsletter**

**Volume 22, Issue 3**

**July – September 2022**

## Save the Date

**Friday, December 16, 2022**



## President's Message



*By Herbert Chiu,  
CBC President*

Dear CBC Members and Friends,

Time goes by so quickly; it is already the 30<sup>th</sup> summer for the CBC family!

Board members held their first hybrid meeting in May at the Pearl Bay Restaurant. It was so nice to meet in person as we had virtual meetings for over 2 years; however, the Board carried on most of the programs and events with modifications due to COVID. Thank you to Kent Chu, owner of Pearl Bay Restaurant, for making the special food arrangements and for giving CBC the credit reimbursement from the Spring Celebration Gala. CBC really appreciates his kindness and community spirit.

CBC's Toastmasters Youth Leadership Program (TYLP) concluded another successful year under the pristine leadership of CBC VP, Midji Rovetta, and head coach, Brian Goodman (see page 4 for more details). CBC Gavel Club also kicked off its year round program for summer TYLP graduates (see flyer on page 6) and register [HERE](#).

On a gorgeous Saturday afternoon, with over 120 guests in attendance, CBC and South Bay Chinese Club held a joint summer picnic (see page 5) at Central Park after the TYLP graduation. Special thanks to CBC Board member and Social Activities Chair, Cecilia Leon, for planning and leading the team in coordinating the food. Parent volunteer, Jenny He, and TYLP parents helped to make the picnic an enjoyable time for everyone. Attendees were treated to musical entertainment provided by TYLP Coach Justin Paras, guest vocalist Jimmy Shao and myself.

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President's Message... cont'd from page 1

CBC has been a loyal supporter of South Bay Chinese Service Club's Annual Scholarship. The Scholarship Selection Committee chose Alicia Li to be the recipient of the 2022 Citizens for Better Community (CBC) Scholarship for Community Involvement. Alicia is a 4.0 unweighted GPA student from American High School, with 11 AP classes and 1,456 hours of community service. Alicia plans to pursue her career in medicine and serve the less privileged members of the community.



For the last 25 years, CBC volunteers have been serving freshly prepared Chinese dinners at the Sunrise Village Homeless Shelter in Fremont. The dishes are always delicious and well-liked by the residents. Thanks to Program Coordinator, Sherry Chang, and head chefs, Sam & Yvonne Ng, for their dedication and commitment for over a decade!



After two years of virtual July 4<sup>th</sup> "Porch Parades", Fremont resumed the in-person parade to celebrate our nation's birthday. CBC won the "People's Choice" Award and was proud to have the following organizations as part of our entry: South Bay Chinese Club, Friends of Children with Special Needs (FCSN) and the Dream Achievers Band, FCSN Boy Scouts Troop 3468, Huaren Rotary Club of Silicon Valley and CBC Adult Toastmasters which included students from the summer TYLP. The Post Parade Party, attracting over 500 people at the Fremont Downtown Event Center Plaza, was a well-organized debut event. Hats off to the founders and volunteers of the Tri-City Nonprofit Coalition! ~ Herbert Chiu

## CBC and FCSN: The Perfect Partnership

By Anna Wang, VP of Enrichment Programs & Community Programs, FCSN

Friends of Children with Special Needs (FCSN) is honored to partner with the CBC team at the Fremont's July 4<sup>th</sup> Parade year after year. Celebrating with the community is so important to individuals with special needs who were often isolated during the pandemic. We were especially ecstatic and grateful when CBC arranged for our newly formed Special Needs Boy Scout Troop 3468 to march the huge American flag down the parade route while the Dream Achievers Band / Musicians with Autism performed their awesome patriotic music on a beautifully decorated float. Behind the float, more than 30 FCSN members and their children were waving American flags and grooving to the Dream Achiever Band's "Surfin' USA" and "YMCA." The spectators gave them a thunderous applause and cheers as they went by.



FCSN's mission is to help individuals with special needs and their families find love, hope, respect and support through integrated community involvement. We appreciate this wonderful community integration opportunity for our under-recognized population to be loved, respected and embraced by the community. It was indeed a Happy 4<sup>th</sup> of July. Thank you, CBC!!



# CBC Wins “People’s Choice” Award!

Photos Courtesy of David-Aiqing Chen



Additional parade photos can be found [HERE](#).





## Summer Toastmaster's Youth Leadership Program (TYLP)

By Brian Goodman,  
TYLP Head Coach and CBC Toastmaster

It was my honor to serve as head coordinator for this summer's TYLP program. I assumed responsibility from last year's coordinator, Linda Ko, who orchestrated the program over zoom. A technological feat to be sure, but with lifted restrictions, this year we decided to "zoom away" from face time to meet in person, while reducing the risk of infection by meeting outside at Lake Elizabeth.



Our objective was to hold true to TYLP traditions, while experimenting with some new additions to the program. Here are some highlight updates:

- 1) introduction of the classic book "How to Win Friends and Influence people" by Dale Carnegie, distributed to each student at orientation;
- 2) an "open air" format with team meetings conducted at picnic tables;
- 3) a series of interactive lectures delivered by four experienced Toastmaster coaches, covering topics from voice and breath control, humor, and strategies for effective speech writing;
- 4) a final team presentation, based upon the principles of the Carnegie book.



Photos Courtesy of Samantha Qu and David-Aiqing Chen  
See [HERE](#) for additional pictures.

Gift cards were awarded to each member of the winning team, who gave an outstanding presentation based upon the Shark Tank show. Additionally, prizes were awarded to the 1<sup>st</sup> and 2<sup>nd</sup> place Table Topic contestants Emma Chan and Kari Wu, respectively. Three students were also awarded the coveted Carnegie Award: Emma Chan, Kallie Kuang, and Kan Xu.

From my perspective, the highlight of the 5-week program happened during week 4, when the 4 teams began working together brainstorming their projects. Their creativity and spirit of cooperation was on full display and they were clearly having fun.



Finally, I would like to thank coaches Justin Paras and Derrick Ho for assisting me with the program this year. A genuine thanks to Midji Rovetta and all the members of the CBC board, who embraced and approved the many program changes, with bravery and enthusiasm, without knowing how it would all turn out. Hopefully, we can carry forward with what worked best to next year's TYLP. Feedback and suggestions from students and parents on this year's program are strongly encouraged and can be emailed to [apply.cbctyp@gmail.com](mailto:apply.cbctyp@gmail.com).

Best wishes for the rest of 2022!



## Summer Picnic Enjoyed by All

On Saturday, July 16, 2022, CBC and sister organization South Bay Chinese Club held a joint picnic at the Palms Pavilion area in Fremont's Central Park. After a two-year hiatus, approximately 120 members and their families gathered from both clubs and enjoyed a beautiful afternoon at the well-coordinated event.

This year, the picnic was held immediately following the graduation ceremony for TYLP; the venue was perfect for the occasion. TYLP graduates and their families stayed to enjoy the camaraderie while eating delicious food: fried chicken, pizza, potato salad, garden salad, watermelon and bite-sized brownies.



Special thanks to CBC Board member, Cecilia Leon, for coordinating all of the food along with TYLP parent volunteer, Jenny He. Other TYLP parent volunteers assisted to purchase the food and to help serve.

To make the event even more enjoyable, attendees were entertained with live music by CBC President Herbert Chiu, TYLP Coach Justin Paras and vocalist Jimmy Shao.



## Internship Program for Youths

*By Charles Liu,  
CBC Board Member and Youth Internship Coordinator*

CBC's Internship Program continued its tradition of focusing on placing interns at elected offices that have home districts in Fremont. This year, we are grateful to be able to send interns to the following elected officials: Congressman Ro Khanna, Fremont Mayor Lily Mei, and Alameda County Supervisor David Haubert.

Applicant interviews for CBC internships were conducted via Zoom like last year. It was a group interview format with all candidates answering the same questions in the same room, to simulate the panel interviews that the political candidates would face during the campaigns. Charles Liu and Herbert Chiu conducted the interviews and jointly made recommendations to the respective offices.



Congressman Ro Khanna's internship program is only open to college students, not to high school students like the rest of CBC's internship opportunities. This is because they require that the interns do some real case work and maturity is very important. Also, Congressman Khanna's interns actually become employees (part-time) of the federal government and get paid. This year, Rachael Chan had the opportunity and she won kudos from Congressman Khanna's office. The office was so pleased with the quality of CBC's intern, they are willing to take another CBC intern this year. The intern will need to work in Congressman Khanna's local field office, although due to the pandemic, many projects are done online in their own home. A suitable college-age student to be sent to the Congressman's office is not easy to find because the intern would need to be going to college locally; however, for this year's fall semester's internship program, Irvington High School graduate Caroline Xin who will be attending American University and is recommended by CBC, just got accepted to intern at Congressman Khanna's DC office. We wish her all the best! Any CBC members who know of strong candidates for future openings are encouraged to apply.

*Cont'd on page 7*



# 2022-2023 CBC GAVEL CLUB PROGRAM

## WHEN

**1<sup>st</sup> & 3<sup>rd</sup> Saturday every month  
(Sept 2022 – May 2023)  
(no classes in December & summer)  
1:30 pm – 3:30 pm**

## THE TOASTMASTERS EXPERIENCE

**Gavel Clubs are a way of providing the full Toastmasters experience to students under 18 years of age, with an excellent opportunity for community service.**

## WHO CAN REGISTER

- **Must be CBC Members**
- **Must have completed CBC TYLP summer program prior to participating in Gavel Club**

## HOW TO REGISTER

**<https://www.cbcsfbay.org/gavel-club>**

## SPECIAL NOTE

- **Program fee subject to increase upon start of in-person meetings on a regular basis; continuing students will pay difference in fees.**

## **7<sup>TH</sup> - 12<sup>TH</sup> GRADERS AND COMPLETED CBC SUMMER TYLP PROGRAM**

### **PUBLIC SPEAKING**

Learn by doing,  
Impromptu speaking,  
Body language,  
Voice and words,  
Preparing and presenting

### **LEADERSHIP SKILLS**

Learn together,  
Conduct meetings,  
Officer elections,  
Provide feedback,  
Supporting your peers,  
Think on your feet

### **REGISTRATION**

New Student:  
\$75 annual fee  
(Covers supplies &  
materials and  
Toastmasters  
International Registration)

Returning Student:  
\$55 annual fee

### **LOCATION**

In-person, twice a month  
at Quarry Lakes Regional  
Park

*Internship Program...cont'd from page 5*

Fremont Mayor Lily Mei has consistently been the most reliable source of internship opportunities made available to CBC due to her strong support to our program, and they are highly sought after. We typically would interview and screen the most mature and outstanding candidates and send them to Mayor Mei's office for further interview and acceptance. Since the Mayor does not have dedicated staff working for her in the City, she needs to work with the other city staffers to help with the internship programs. Interns have been able to participate in some of the meetings that the Mayor attended and also prepare to get the residents input on key issues that they are concerned about. Originally, we sent two interns to Mayor Mei's office to be interviewed for confirmation, but this year due to increasing needs, we ended up sending two more interns, subsequently.

Lastly, Alameda County Supervisor David Haubert's internship program has been quickly developing and maturing due to resources that he has on his office staff. CBC sent two candidates to his office for the

confirmation interviews and both were accepted. They have been working on various projects such as attending meetings held by Alameda Public Protection Committee, the County Supervisor's annual BBQ event, etc.

## Upcoming CBC Meetings

CBC Board of Directors meet on the first Wednesday of each month. CBC members or guests from the community are welcome to attend the general meeting starting at 7:30 p.m. The regular Board meeting for the Officers and Directors immediately follows the general meeting. The upcoming meeting dates are as follows:

~ Wednesday, September 7, 2022

~ Wednesday, October 5, 2022

~ Wednesday, November 2, 2022

Please email [cbcoutreach20@gmail.com](mailto:cbcoutreach20@gmail.com) to request virtual meeting information.

## **MEMBERSHIP APPLICATION / RENEWAL (January 1, 2022– December 31, 2022)**

**If you like what you see in this newsletter and want to remain informed, please join CBC. Please check one of the following and include a check payable to *CBC* and send to: *CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001*. Or visit [www.cbcsfbay.org](http://www.cbcsfbay.org) for online membership.**

- |  |                                  |
|--|----------------------------------|
| <input type="checkbox"/> \$20 Individual                               | <input type="checkbox"/> New     |
| <input type="checkbox"/> \$25 Family                                   | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization                   |                                  |
| <input type="checkbox"/> \$100 Individual: Life Membership             |                                  |
| <input type="checkbox"/> \$200 Family: Life Membership                 |                                  |
| <input type="checkbox"/> \$500 Corporate/Organization: Life Membership |                                  |

**Please complete the following member(s) (contact person) information:**

Member: \_\_\_\_\_  
Last Name First Name

Spouse: \_\_\_\_\_  
Last Name First Name

Address: \_\_\_\_\_  
Street City State Zip

\_\_\_\_\_ Home Phone # Cell Phone # e-mail

**CBC’s Mission Statement:**

*“To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement.”*

**CBC’s Vision Statement:**

*“CBC will be a model of excellence in community service by facilitation and motivating Chinese American involvement in the community.”*

**2021-2022 Board Directory**

**President:** Herbert Chiu

**Co-Vice Presidents:** Midji Rovetta & Teresa Eng

**Secretary:** Wilson Hu

**Co-Treasurers:** Steve Cho & Julie Wang

**Past President:** David Lam

**Legal Counsel:** David Sheen

**Executive Director:** Kathy Jang

**Committees**

**Education:** Yang Shao & Yajing Zhang

**Health:** Herbert Chiu & Sue Kwong

**Business:** Chunchi Ma & Henry Yin

**Community Involvement:** Albert Wang

**Membership:** Wing Ng

**Youth Internship:** Charles Liu

**TYLP/Gavel Club:** Midji Rovetta

**Culture Exchange & Social Activities:**

Lena Zee & Cecilia Leon

**Spring Celebration:**

Herbert Chiu & Kathy Kimberlin

Any of the above Committee members can be reached by calling (510) 770-6160.

**2021-2022 Board of Directors**

Herbert Chiu	Chunchi Ma
Steve Cho	Lily Mei
Teresa Eng	Anna Muh
Whisky Ho	Wing Ng
Wilson Hu	Midji Rovetta
Kathy Kimberlin	Yang Shao
Sue Kwong	Albert Wang
David Lam	Julie Wang
Cecilia Leon	Henry Yin
Ying-Min Li	Lena Zee
Henry Liang	Yajing Zhang
Charles Liu	Yonggang Zhang

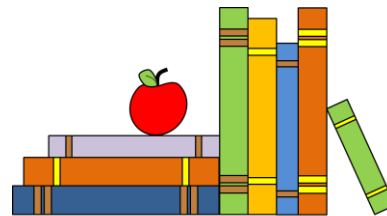
**CBC NEWSLETTER**

We welcome your questions, comments and feedback. You may send them to CBC, P.O. Box 1, Fremont, CA 94537, or you may contact Kathy Jang, Executive Director, at (510) 770-6160, or email [cbcoutreach20@gmail.com](mailto:cbcoutreach20@gmail.com).

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**Committee:** Herbert Chiu, Amy Cho, Steve Cho, Teresa Eng, Albert Wang

**Contributors/Photos:** Sherry Chang, David-Aiqing Chen, Herbert Chiu, Brian Goodman, Cecilia Leon, Charles Liu, Samantha Qu, Midji Rovetta, South Bay Chinese Club, Anna Wang



Back To School  
Please drive safely