



CITIZENS FOR BETTER COMMUNITY

華人權益服務社

P. O. Box 1, Fremont, CA 94537-0001
Web site: <http://www.cbcsfbay.org>

Membership Newsletter

Volume 14, Issue 4

October - December 2014

Tri-City Volunteers
Food Bank • Thrift Store

Turkey Drive

Help a family in need this holiday season!

You may drop your donations directly at our facility or become a donation site:
37350 Joseph St. Fremont CA 94536
(510)793-4583
sgovea@tri-cityvolunteers.org

Chickens also needed!

What We Do | Tri-City Volunteers provides emergency grocery assistance to almost 6,000 families in Alameda County every month primarily those in the Tri-City area.

President's Message

By Ivy Wu



Dear CBC Board, Members and Friends,

After serving as the CBC President for two years, I decided that it was time for me to step down, because I was uncertain as to whether I could bring CBC to the next level. I also needed time to figure out why, how and what I was serving.

Being the CBC President gave me good opportunities to reach out to the community; however, as I got more involved, I became more aware of my limitations and purpose for serving. I realized that not only was I limited in how much time, energy, and commitment I could put in, but I was also lacking in strength and ability to carry out CBC's mission.

How is my service as the CBC president helping to better the community as the name CBC (Citizens for Better Community) suggests? How adequate am I in implementing CBC's vision? What is it about our community that CBC could help improve? Is it business development? Is it socio-economical-political climate? Is it healthcare and welfare programs? Is it education environment? Is it community engagement? Is it cultural and art appreciation.....? How effectively have I been working with CBC Board and members in addressing issues in all these areas?

After having an opportunity to discuss these concerns with CBC senior leadership, I felt very thankful and blessed to have their encouragement, understanding and support. We will need to streamline our operation! Some structural changes may be necessary to ensure healthy growth of CBC. Focus will be placed on a few

President's Message continued on Page 2

INSIDE THIS ISSUE

- 2 con't ... President's Message / In Memory of Irene Yung
- 3 Brain Waves Campaign
- 4 VIFE Benefit Christmas Concert
- 5 Upcoming Events
- 6 More Upcoming Events / Save the Date
- 7 Board Directory / Upcoming Meetings
- 8 Calendar of Events / Membership Application

projects that CBC does well so that they could be done more excellently (e.g. Toastmasters Youth Leadership Program, Internship Program, July 4th Parade, Annual Spring Celebration Gala, Chinese New Year Celebration, joint events with SBCC and Fremont Rotary). Responsibilities need to be delegated more clearly and evenly. Conscious efforts need to be made in reaching out to members-at-large and recruiting new members by sharing common goals and interests.

CBC is a reputable organization with many talented, giving, knowledgeable, professional, experienced and respectable members who have a lot of passion for the welfare of our community and compassion for the well-being of the people in our community. I am thankful for the trust that CBC has in me by allowing me to serve as its President for another year. With a new executive team, I am hoping that we will be able to strengthen CBC's organization, as well as its impact in making our community better!

Sincerely,

Ivy Wu 吳葦
CBC President 2014-2015

In Memory of Irene Yung

"CBC Board Member, Irene Yung, just passed away (November 6, 2014). We are all overwhelmed with grief and shock! How short life is! Irene chaired our Toastmasters Youth Leadership Program for many years. She served faithfully and tirelessly until she fell ill.

She was such a delightful person to work with because she was always cheerful, enthusiastic, hardworking, reliable and fun!

We are sharing this news with our friends and members, because we know you will miss her just as much as we are right now.

This gives us more reason to cherish the time that we could come together to serve or to just enjoy a good time. Irene sowed a seed of kindness in each of our heart, and we would like to pass that kindness on to others. Blessings." - *Posted on FaceBook by President Ivy Wu*



Irene (in red sweater), with CBC Board members at a monthly meeting



Irene was honored as CBC's 2010 Citizen of the Year; Pictured from left to right: son, Jonathan, daughter Michelle, Irene, Brigadier General Garrett Yee and Irene's husband, John.



FUSS, in collaboration with City of Fremont Human Services

Department - Youth & Family Services and Family Resource Center, Fremont Unified School District, SURFBoardE (Students United for the Representation to the FUSD Board of Education, Fremont Counseling Services, NAMI Alameda, other service providers and concerned individuals, will kick off the BRAIN-WAVES

CAMPAIGN to promote healthy mind and heart for our children!

What can you do to help kids overcome depression, cutting, anger, suicidal attempts, drug & alcohol abuse, bullying (verbal, physical, cyber, academical, relational, prejudicial), eating disorders, other addiction and mental/emotional health related problems?

1. Attend our presentations and workshops - Gain accurate information and knowledge so that you will be empowered not only to help yourself, but also your kids and others. (e.g. healthy friendships; relational aggression; bullying; anxiety; coping skills; positive self-care)
2. Support SURFBoardE Anti-Bullying Video Contest:
3. Submit a Logo, Slogan and/or Idea for the Brain-Waves Campaign and win \$250!

Build your mind with healthy and constructive thoughts
 Rouse your head with positive and creative ideas
 Apply kindness and thanksgiving to your attitude
 Inspire your heart with objective and comprehensive views
 Nourish your soul with integrity and virtues
 Wade through troubled waters by following seasoned guides
 Avoid people or circumstances that sweep over you
 Value the ebb and flow lessons in life
 Establish strength and character as you ride the waves of trials
 Sail through life with people who are wise, safe and authentic



Virtuoso International Flute Ensemble

- Directed by Judy Lam



Free Admission

VIFE Christmas Concert to Benefit

Hope HEART OF HOPE
ASIAN AMERICAN HOSPICE CARE

Tax deductible donation to Heart of Hope is appreciated

12/20/2014

Saturday, 2:30 pm to 4:00 pm

Centerville Presbyterian Church

4360 Central Avenue, Fremont,
CA 94536 (across from the Fremont DMV)

For more information please contact:

Heart of Hope/408-986-8584

HeartOfHopeHospice.org

VIFE/510-979-9263

vife.music@gmail.com



Upcoming Events...

Christmas Party – Dancing and the FCSN Band!

By Amy Cho

Citizens for Better Community and South Bay Chinese Club will co-sponsor our Christmas party at Aegis Gardens Senior Retirement Center. Please plan to attend on **Saturday, December 6, 2014** from 3:00 p.m. to 6:00 p.m. Enjoy dancing and music while spreading the good cheer to friends and others! Aegis Gardens will be beautifully decorated. It's a great place to take pictures with Santa and the Christmas tree.

There will be loads of fun featuring the FCSN Band (Friends of Children with Special Needs). They are a fantastic band and their name is spreading. The FCSN Band has performed all over the area, at major events and at weddings. FCSN Band will be playing a mix of Christmas and band music. Come and dance. Some of the seniors will join us in the merry making and all love to watch the action! We'll have dinner hosted by the two organizations and Aegis Gardens afterwards. We always have a great time with the seniors.

Please RSVP by December 1st to Amy Cho at (510) 797-6426. To help defray expenses, there will be a nominal charge of \$5/person for adults and children over age 10.

We are also holding a canned food and toy drive as in previous years. If you want to share something at this time of giving, please make sure to bring it to Aegis Gardens. We will help you deliver it to the League of Volunteers (LOV).

The address of Aegis Gardens is 36281 Fremont Blvd (across from American High School on Fremont Boulevard. This is different from the other Aegis in Fremont!). Please allow time for parking. Parking at Aegis Gardens is very limited but can be found easily on side streets.



CBC Installation and Internship Luncheon

The CBC Board of Directors approved the following Executive Officer appointments for 2014-2015:

President: Ivy Wu
V.P.s: Herbert Chiu and
Thomas Tang
Treasurer: Steve Cho
Secretary: Wilson Hu

The 2014-2015 Board elections are currently in progress; all CBC members in good standing will be receiving a ballot via US mail. Please return the ballot by Monday, November 17 in the envelope provided with the ballot. The Board of Directors will be listed on the Directory page of the next newsletter.

In addition, the summer interns will be recognized for a job well done in the legislative offices. It will be a treat to hear short speeches from the interns about their experience. For some, this may have been their first opportunity to develop insight and skills in a very important area.

CBC thanks Anna Muh and Steve Cho for coordinating the Summer Internship program once again. Also, CBC is very grateful for the partnership from AT&T and McGrath RentCorp for their kind donation to the Internship Program.

Everyone is welcome to attend the luncheon.

Date: **Sunday, December 7, 2014**
Time: 11:00 a.m. sharp – 2:00 p.m.
Place: World Gourmet Buffet
6010 Stevenson Blvd
Fremont, CA 94538
Cost: \$10/person
RSVP: by November 28, 2014 to
Kathy Jang at kjang25@yahoo.com
or (510) 790-0740

Come Join Us!

VIFE Christmas Benefit Concert

Event: VIFE Christmas Benefit Concert to support Heart of Hope, Asian American Hospice Care

Date: *Saturday, December 20, 2014*

Time: 2:30 p.m. – 4:00 p.m.

Venue: Centerville Presbyterian Church (across from DMV), 4360 Central Avenue, Fremont, CA 94536

Admission: Free to public



The Virtuoso International Flute Ensemble (VIFE), directed by Judy Lam, serves the community with the gift of music and has enjoyed the privilege of performing for various non-profit organizations in the Bay Area as well as in southern California. We are happy to dedicate this concert to support the good cause of Heart of Hope, a non-profit hospice.

Admission is free; however, tax deductible donations to Heart of Hope are appreciated. For more details, please visit www.HeartOfHopeHospice.org, contact (408) 986-8584 or (510) 979-9263

Save the Date...

CBC to Co-Host Annual Chinese New Year Celebration “Year of the Sheep”



Citizens for Better Community will again co-host the Chinese New Year Celebration on *Saturday, February 21, 2015*, from 1 – 4 p.m. at the Fremont Main Library. This year we will celebrate the Year of the Sheep! The official date for the new lunar year is February 19, 2015.

This event is for families, youngsters and anyone interested in the Chinese culture. Art and craft booths will fill the library along with an entertainment program. More details to come.

Annual Spring Celebration

Mark your calendars for CBC’s 23rd Annual Spring Celebration to be held on *Saturday, April 25, 2015*, at the Fremont Marriott from 5:30 p.m. We will be honoring CBC’s Citizen of the Year and Volunteer of the Year. Nominations will be accepted in January.

Toastmasters Youth Leadership Program Receives Grant

CBC is pleased to announce that we have recently partnered with AT&T to enhance our Toastmasters Youth Leadership Program (TYLP).

Our deepest appreciation is extended to Daren Chan and Shiyama Clunie at AT&T for the \$4,700 grant towards the Program. The grant will be used to develop essential public speaking skills and leadership qualities and to build a community of friendship and support.

TYLP is designed under the guidelines of Toastmasters International curriculum to develop the public speaking and leadership skills of young adults to better prepare them to meet the demands and challenges of today’s world (e.g. project presentation, college interview and job interview).

CBC looks forward to future partnerships with AT&T to make the program a continued success.

Dedication Ceremony - Pacific Grove Chinese Fishing Village Educational Panel

Submitted by Gerry Low-Sabado

On Saturday September 20, 2014, over one hundred people attended the unveiling of a panel that will educate the community about Pacific Grove's early Chinese American History. The panel is located by the recreation trail in front of the Monterey Boatworks and Hopkins Marine Station.

Additional information about the event is described in the following article:

Monterey Herald
http://www.Montereyherald.com/localnews/ci_26574767/Monterey-peninsulas-historic-Chinese-fishing-village-celebrated

CBC's Mission Statement:

"To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement."

CBC's Vision Statement:

"CBC will be a model of excellence in community service by facilitation and motivating Chinese American involvement in the community."

2014-2015 Board Directory

President:

Ivy Wu(510) 252-9890

Vice Presidents:

Herbert Chiu, DDS.....(510) 471-3777

Thomas Tang(510) 438-8998

Secretary:

Wilson Hu.....(925) 480-7305

Treasurer:

Steve Cho(510) 797-6426

Legal Counsel

Lisa Quan(415) 238-1893

Executive Director

Kathy Jang.....(510) 790-0740

Committees

Education:

Lily Mei.....(510) 770-9888

Health:

Teresa Yin, DC.....(510) 793-6302

Business:

Henry Yin.....(510) 676-7139

Community Involvement:

Albert Wang, MD.....(510) 657-6610

Youth Group: Anna Muh.....(510) 468-6666

Senior Liaison: Whisky Ho.....(510) 623-7636

Culture Exchange: Lena Zee(510) 421-6666

Membership: Steve Cho.....(510) 797-6426

Website: Ivy Wu(510) 252-9890

Voter Registration: Cecilia Chang..... (510) 713-1769

Internship Program: Anna Muh.....(510) 468-6666

Spring Celebration: Richard Li(650) 207-3804

2013-2014 *

Board of Directors

Cecilia Chang

Carl Chen

Amy Cho

Steve Cho

Whisky Ho

Judy Lam

Cecelia Leon

Lily Mei

Nina Moore

Anna Muh

Wing Ng

David Sheen

Thomas Tang

Tim Tran

Albert Wang, MD

Sharon Yap

Garrett Yee

Henry Yin

Lena Zee

*Elections currently in progress; to be updated in the next newsletter

CBC MEMBERSHIP NEWSLETTER

We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Kathy Jang, Executive Director, at (510) 790-0740, or email kjang25@yahoo.com.

Publisher: Kathy Jang

Committee: Dr. Herbert Chiu, Steve Cho, Dr. Albert Wang

Contributors: Amy Cho, Judy Lam, Gerry Low-Sabado, Ivy Wu

CBC Membership Dues

The new membership year began on November 1, 2014. The membership renewal form should have been received with your CBC election ballot or can be found below. Please complete the form and send in your dues today!

Calendar of Events

CBC/SBCC Christmas Party

When: **Saturday, December 6, 2014 (3 pm)**
Where: Aegis Gardens (Fremont Blvd)
Contact: amytcho@yahoo.com or (510) 797-6426

CBC Installation/Internship Luncheon

When: **Sunday, December 7, 2014 (11 am)**
Where: World Gourmet Buffet
6010 Stevenson Blvd, Fremont
Contact: kjang25@yahoo.com or
(510)790-0740

VIFE Benefit Christmas Concert

When: **Saturday, December 20, 2014 (2:30 pm)**
Where: Centerville Presbyterian Church
4360 Central Avenue, Fremont
Contact: (408)986-8584 or (510)979-9263

Chinese New Year Celebration

When: **Saturday, February 21, 2015 (1 pm)**
Where: Fremont Main Library
2400 Stevenson Blvd, Fremont

CBC Spring Celebration

When: **Saturday, April 25, 2015 (5:30 pm)**
Where: Fremont Marriott
46100 Landing Parkway, Fremont
Contact: kjang25@yahoo.com

Upcoming CBC Meetings

**Note: Meetings have been changed to bi-monthly with special meetings to be determined.*

Prior to each meeting, there will be set-up and a social "hour" from 7:15 p.m. Meetings begin at 7:30 p.m. at Carlton Plaza, 3800 Walnut Avenue, Fremont.

- ~ Wednesday, December 3, 2014*
- ~ Wednesday, February 4, 2015*
- ~ Wednesday, April 1, 2015*

General meeting from 7:30 p.m. is open to guests and CBC members. To be followed by a meeting for the Board.

MEMBERSHIP APPLICATION / RENEWAL (November 1, 2014– October 31, 2015)

If you like what you see in this newsletter and want to remain informed, please join CBC. Please check one of the following and include a check payable to *CBC* and send to: *CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001*

- | | |
|--|----------------------------------|
| <input type="checkbox"/> \$20 Individual | <input type="checkbox"/> New |
| <input type="checkbox"/> \$25 Family | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization | |
| <input type="checkbox"/> \$100 Individual: Life Membership | |
| <input type="checkbox"/> \$200 Family: Life Membership | |
| <input type="checkbox"/> \$500 Corporate/Organization: Life Membership | |

Please complete the following member(s) (contact person) information:

Member:

Last Name First Name Chinese Name

Spouse:

Last Name First Name Chinese Name

Address:

Street City State Zip

Home Phone # Office Phone # e-mail