



# CITIZENS FOR BETTER COMMUNITY

華人權益服務社

P. O. Box 1, Fremont, CA 94537-0001  
Web site: <http://www.cbcsfbay.org>

**Membership Newsletter**

**Volume 12, Issue 3**

**July - September 2012**

## July 4<sup>th</sup> Parade Winners!



*Congratulations to CBC and all the organizations that marched in the July 4<sup>th</sup> parade under the CBC entry and won 1<sup>st</sup> place in the Novelty Category! The entry was led by the Tri-City Band which won Best Band.*

## President's Message

By Gerry Low-Sabado



Dear Members, Friends & Supporters,

Happy summer! So much has developed in the past quarter in efforts to raise awareness of Chinese consciousness and accomplishments as well as various CBC activities.

The U.S. Congress passed HR 683, expressing regret for the Chinese Exclusion Act of 1882 and other discriminating legislations against people of Chinese descent. The U.S. Senate passed the companion SR 201 last year.

The Fremont 4<sup>th</sup> of July Parade was such a success! Thanks to Amy and Steve Cho for organizing the many groups that marched with CBC! What enthusiasm and camaraderie we felt on this day as Fremont celebrated our colorful birthday - our Independence Day. Once again, CBC won first place in the Novelty category!

Thank you, Anna Muh, for organizing the CBC Relay for Life Team to raise funds for the American Cancer Society! Nine CBC members and the 2012 CBC interns raised more than \$2,000 for this worthwhile cause.

Thank you for the wonderful joint effort with CBC and the Toastmasters Youth Leadership Summer Program for such a successful program! I am so impressed with the focus and efforts of so many to give opportunities to our youth to practice and develop their speaking abilities and skills. You all have had a hand in educating and serving as role models to our young Toastmasters. I have seen

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the personal growth and confidence that these students have developed since the Opening Ceremony 5 weeks ago. I have also seen the pride felt by the students and their parents alike as they have made their speeches, completed and graduated from our program. Kudos to you ALL for your important investment of time and skill in shaping these future Citizens for Better Community!

The summer internship program is wrapping up. CBC would like to thank the legislative and city offices (see page 5) that gave these students the wonderful opportunity for hands-on experience. We look forward to hearing, first-hand, about their experiences at our Installation of Officers and Internship luncheon in the fall. Stay tuned for details.

Thank you to all the volunteers who helped at the Fremont Festival of the Arts, on CBC's behalf. We had numerous students who willingly gave up their Saturday and/or Sunday to assist in duties ranging from setting up various areas, to keeping the streets clean as well as providing information to Festival attendees.

With Great Gratitude,

*Gerry Low-Sabado*

Gerry Low-Sabado  
CBC President 2011-2012

## **CBC Toastmasters Update**

*By Mary Verghese  
President, CBC Toastmasters Club*

Toastmasters International is a non-profit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. Founded in October 1924, the organization currently has more than 270,000 members in 13,000 clubs in 116 countries. Each week, Toastmasters helps more than a quarter million people of every ethnicity, education and profession build their competence in communication so they can gain the confidence to lead others. Over the years, Toastmasters has become a proven way to improve our everyday communication and leadership skills.

Currently, there are close to ten Toastmasters Clubs that meet regularly in Fremont and surrounding areas. One of them is Citizens for Better Communicators (CBC)

Toastmasters Club. Founded, about 9 years ago, by none other than Amy and Steve Cho, the club now enjoys a group of 30 active and committed members. A typical club meeting is a very structured activity. Following a proven curriculum, members prepare and present short speeches which get evaluated during the same meeting. In addition to prepared speeches, members also practice their 'Impromptu' speaking skills. These weekly opportunities help club members learn the arts of speaking, listening, and thinking on the feet – vital skills that promote self-actualization, enhance leadership potential, foster human understanding, and contribute to the betterment of mankind.

To improve public speaking skills, Toastmasters also conducts a variety of Speech contests during the year. Justin Paras, a very active member of CBC Toastmasters Club, won 2<sup>nd</sup> place in Division A International speech contest held in March 2012. Earlier, he had won 1<sup>st</sup> place at the area level contest. Interestingly, Justin also won 2<sup>nd</sup> place in the Table Topics Contest held on the same day in Fremont.

While working on their public speaking skills, members can enhance their leadership skills by taking active responsibilities at various levels. Robert Kaiser, another active and a long standing member of CBC Toastmasters Club is currently serving as a District Level Treasurer for the term 2012-13. Working at the District Level is a great opportunity to meet other extraordinary leaders and helps foster team work. Speaking of team work, members of the CBC Toastmasters club recently joined CBC at the July 4<sup>th</sup> parade.



*CBC Club Members preparing to march at the 4<sup>th</sup> of July Parade in Fremont.*

## Toastmasters Youth Leadership Program A Great Success!

By Irene Yung  
CBC Youth Group Chair



2012 has been another wonderful year for the Toastmasters Youth Leadership Summer Program. Enrollment this year was fabulous. We are seeing more participation from students in the Tri-City area, also students from Milpitas, San Jose, Pleasanton, Sunnyvale and Los Altos. I am confident that with the help and support of our parents and students our program will continue to grow and succeed.

This year's opening and closing ceremonies were phenomenal. On July 14, 2012, the Toastmasters Youth Leadership Summer Program Graduation Ceremony had over 160 people in attendance. I want to thank the Citizens for Better Communicator Toastmasters and Star Search Toastmasters Club for their continued support towards our youth program. I want to especially thank our excellent coaches for this program - Albert Mo, Susan Brooks, Robert Kaiser, and Steve Cho. In addition, I would like to thank our Assistant Coaches - Mary Shambaugh, Josh Bobb, Jim Thomas, and Amy Cho; and Guest Speakers - Josh Bobb, James Lechner, and May Kiara for their enthusiasm and contribution of their time and

commitment to the Youth Leadership Program. We are very thankful for the entire Coaching Team for inspiring and energizing the youth. Our special thanks to Albert Mo for the well-planned youth leadership program curriculum. Additionally, we'd like to recognize Friends of Children with Special Needs (FCSN), President Mr. Tsai-Wei Wu, for his generous and continuous support throughout the past years by providing a facility for our leadership program.

We also want to thank CBC President, Gerry Low-Sabado, CBC Toastmasters Club President, Vaidy Venkatesan, Star Search Toastmasters Club President, Jim Thomas, FCSN Executive Director, Sylvia Yeh, FUSD School Board President, Lily Mei, and our emcee Tim Tran, who all attended the Opening Ceremony on June 16, 2012. President Gerry Low-Sabado, and Executive Director, Sylvia Yeh, gave encouraging speeches to the youths in attendance. Furthermore, we appreciate our special guests for participating and supporting in this summer program: Anna Muh, Lara York, and Dave Bonaccorsi, who all attended the Graduation Ceremony on July 14, 2012.

I would like to take this great opportunity to give special thanks to my youth group team leaders Alice Cheung, Doris Chung, Fendi Fuh, Anny Kan, Amanda Kwan, Donna Lam, Margaret Ma, Wing Ng, Mabel Wong, Wendy Wong, Jenny Yeh, and Lily Xu and the Toastmasters Youth parents for volunteering their time and supporting the program. This program would not be possible without the 60 parent volunteers.



*Congratulations  
to the  
Toastmasters  
Youth  
Leadership  
Program  
Graduates!*

Con't from page 3 . . . **Toastmasters Youth Leadership Program**

We are very impressed with the progress the students have made on their public speaking and leadership skills during the short five-week summer session. It is very incredible to see how much the students improved when they presented their final speeches at the Graduation Ceremony. Congratulations to the Toastmasters students who have successfully completed this leadership program.

Like Nancy Reagan once said, "I am a big believer that eventually everything comes back to you. You get back what you give out" and it is because of your support and faith in the Toastmasters Youth Leadership Program that we are as large and as strong as we are today. I want to wish everyone a happy and safe summer and I look forward to seeing all of you next year.

*Congratulations to the Toastmasters Youth Graduation Day Winners*

<u>Program Contests Winners</u>			*	<u>Graduation Speech and MIT* Award</u>	
<u>Speech Contest</u>	<u>Evaluation Contest</u>	<u>Table Topics Contest</u>	*	<u>Graduation Speech</u>	<u>MIT Award</u>
<b>Gold:</b> Adarsh Kadoor	Iris Lee	Cory Yang	*	<b>Class 1:</b> Ryan Chen	Kevin Li
<b>Silver:</b> Calvin Lui	Geofree Tze-Tabakov	Tiffany Chou	*	<b>Class 2:</b> Cari Gan	Kaitlyn Shih
<b>Bronze:</b> Zachary Liou	Malina Jiang	Trisha Agrawal	*	<b>Class 3:</b> Larry Liu	Curtis Lee
<b>Bronze:</b> Kevin Li	Truman Leung	Julia Shih	*	<b>Class 4:</b> Calvin Hsu	Lakshmidivi Pabbisetty

- Most Improved Toastmaster

**Fremont Unified Student Store (FUSS) Program**

Yes, school funding is grossly lacking! Yes, school facilities are in poor condition! What can we do to help? We will help our schools when we help our school district! Come join FUSS to raise money for Fremont Unified School District!

FUSS is a nonprofit 501(c)(3) (pending) organization formed in 2012 to support Fremont Unified School District in California.

**Mission:** To support Fremont Unified School District by informing, motivating, engaging and partnering with our community to generate funds for our schools.

**Vision:** To serve as a platform for fundraising collaboration among individuals and organizations to support Fremont schools, and to provide our children with a stable, sound and vigorous environment that is conducive to learning and growing.

Visit [www.fuss4schools.org](http://www.fuss4schools.org) for more information.

**Volunteers Needed for VIP Rides Program**

Life Eldercare is a non-profit, community supported direct service program for older adults living in Fremont, Newark and Union City. The organization is currently seeking volunteers for the VIP Rides Program.

VIP Rides links seniors and individuals with disabilities with a volunteer to accompany and/or assist while traveling to appointments, grocery shopping or errands using local Paratransit. Volunteers may also use their own vehicle to drive ambulatory clients who require door-through-door assistance.

Rides are limited to persons who do not have a family member to assist them, or any other means to get to necessary appointments and errands.

If interested, please contact Barbara Proctor, VIP Rides Volunteer Coordinator at (510) 574-2094 or [Bproctor@fremont.gov](mailto:Bproctor@fremont.gov). For more information on Life Eldercare, visit [www.lifeeldercare.org](http://www.lifeeldercare.org).

## “Vincent Chin 30: Standing Up Then and Now”

Submitted by Sue Chan

On June 23, “*Vincent Chin 30: Standing Up Then and Now*,” a nationwide Google+ Hangout was held with leading civil rights leaders from around the country to commemorate the 30<sup>th</sup> Anniversary of the brutal murder of Vincent Chin and to discuss hate crimes and bullying in the community. This new technology brought over 30 cities throughout the United States together for thoughtful discussion and debate. We held our event at Mission San Jose High School (MSJHS).

In June 1982, Vincent Chin, mistaken as being Japanese, was bludgeoned to death by two unemployed autoworkers in Detroit, just days before his wedding. His murderers served no jail time, received only three years probation and a \$3,000 fine. The verdict outraged Asian Americans and Pacific Islanders across the country and launched the pan-Asian American movement and awareness.

"Growing up in the Midwest, during a time when there were very few Asians, I experienced first-hand the isolation and loneliness of being a minority. Picked upon, verbally assaulted, taunted, and teased – those memories still hurt even to this day," states Councilmember Sue Chan. "It is important that we mark this 30<sup>th</sup> Anniversary of Vincent Chin's murder and use it as an opportunity to discuss that racial harassment and bias have no place in today's society.

With co-hosts FUSD Superintendent Dr. Jim Morris, MSJHS Principal Sandra Prairie, Fremont Human Relations Commissioner Phong La, Citizens for Better Community (CBC), Asian Pacific Islander American Public Affairs Association (APAPA), and the Afghan Coalition, we invited the public to attend this event in order to share and learn from the Vincent Chin story.

Prior to the Google+ hangout, we viewed the documentary *Vincent Who?* by filmmaker Curtis Chin. Afterwards, our group of about 25, including CBC President Gerry Low-Sabado, had a very thought provoking discussion about our own personal experiences. It was very enlightening and educational particularly to the youth who attended – most who had never heard of Vincent Chin, but who now would never forget.

## CBC 2012 Internship Program

Submitted by Anna Muh

This year, we have 13 outstanding and enthusiastic interns in the program. They are from various high schools – James Logan of Union City, Newark Memorial of Newark, American, Mission San Jose of Fremont and Foothill of Pleasanton. They are:

### Congressman Pete Stark

Alyssa Wang

### State Senator Ellen Corbett

Katie Chang

### Assemblymember Fiona Ma

Julia Chow      Alexandra Han      Kevin Li

### Assemblymember Bob Wieckowski

Tiffany Chou      Monica Liu

### San Jose City Councilman Pete Constant

Jessica Kan

### Alameda County Supervisor Scott Haggerty

Derrick Hwa

### City of Fremont

Calvin Hsu      Vivian Siu      Po-Ying Wu

### Fremont Chamber of Commerce

Jessica Seto

CBC truly appreciates all the support from the offices mentioned above.

During our interim status update meeting prior to the CBC/SBCC BBQ, the interns reported that they had learned a great deal of how the legislature process works, how to handle office tasks, how to do research for the office, along with answering the phones, data entry as well as helping at events to meet the constituents. They all work well with their respective supervisors in the office along with other co-workers and interns. They have gained valuable experience as a high school intern in the legislative and public service organizations.

CBC is very proud of the interns' commitments and achievements; they will be our future leaders and they will contribute to our communities when they are ready and able.

## Summertime BBQ

On July 29, CBC and sister organization South Bay Chinese Club (SBCC) held their annual barbecue at the Quail Run Clubhouse in Fremont. Over 100 members and guests shared happy times, meeting and catching up, while enjoying the foods and desserts. Our summer weather has been beautiful and it was every bit the same that Sunday.

This year both Joe Zerda and Randy Sabado barbecued hot dogs, hamburgers, and honey chicken wings. At the same time the BBQ was going on, Ron Wong (SBCC) held a tennis clinic at the tennis courts for anyone interested in learning to play tennis.

CBC interns, who are working in legislators' offices this summer, held a meeting at the clubhouse prior to the BBQ. The interns shared their individual experiences thus far with coordinator Anna Muh. The interns also joined in the BBQ afterwards.

There were more new faces this year. Some parents of the CBC interns were able to attend. It was a great time to chat with both old and new friends.

Thank you to Steve and Amy Cho for organizing this wonderful BBQ once again and to all those in attendance and making it such a nice event! Enjoy the rest of the summer.



## CBC Welcomes New Members

Tammie Chao and Family  
Teresa Chiu and Jeff Shih and Family  
Pandu and Sridevi Pabbisetty & Family  
Jane Shen and Xilin Han & Family  
Eric Tong  
Xiaoping Wang

Thank you for joining us in helping to make our community a better place to live.

## Upcoming Event....

### Early Chinese Fishing Villages of the Monterey Peninsula

*Submitted by Gerry Low-Sabado*

A chance discovery of a photo at Whalers Cabin at Point Lobos State Reserve launched Gerry Low-Sabado on a personal journey that led her to trace the history of the Chinese on the Monterey Peninsula through generations of her family. She will share this history; show a documentary made by CSUMB students on the history of the Chinese fishing villages that once existed on the Peninsula; explain the Chinese contribution to the fishing industry and the scientific community; and talk about the archaeological dig at the Pacific Grove Chinese village site – now the location of Stanford's Hopkins Marine Station. She'll also show video clips of her family's seventh-generation descendants participating in the annual Walk of Remembrance as they return to the village site in Pacific Grove to pay respects to their family's legacy.

**Date:** Wednesday, Nov. 14 (single lecture)

**Time:** 2:00 – 4:00 pm

**Place:** Osher Lifelong Learning Institute at Cal State University, Monterey Bay

**Fee:** Free to Members/\$10 Public

*Gerry Low-Sabado is a fifth-generation Chinese American who was unaware that her ancestors once thrived in the Chinese fishing villages along the Monterey Bay shores. Gerry strives to bring understanding and respect to Chinese American history in the towns where her ancestors were born and still live.*



*McAbee Chinatown, Chinese Fishing Boats, New Monterey, California  
J.K. Oliver photo circa 1911*

## 2011-2012 Directory

**President:**  
Gerry Low-Sabado.....(510) 378-0999

**Vice President:**  
Ivy Wu .....(510) 252-9890

**Secretary:**  
John Vuong.....(408) 230-9276

**Treasurer:**  
Steve Cho.....(510) 797-6426

**Past President:**  
Tim Tran.....(408) 799-5290

**Legal Counsel**  
Lisa Quan .....(415) 238-1893

**Executive Director**  
Kathy Jang.....(510) 790-0740

### Committees

**Education:**  
Lily Mei.....(510) 770-9888

**Health:**  
Herbert Chiu, DDS.....(510) 471-3777

**Business:**  
Richard Li.....(408) 965-5252

**Community Involvement:**  
Albert Wang, MD.....(510) 657-6610

**Youth Group:** Irene Yung.....(510) 206-8108

**Senior Liaison:** Whisky Ho.....(510) 623-7636

**Culture Exchange:** Lena Zee .....(510) 421-6666

**Membership:** Tim Tran.....(408) 799-5290

**Website:** Tim Tran .....(408) 799-5290

**Voter Registration:** Cecilia Chang..... (510) 713-1769

**Internship Program:** Anna Muh.....(510) 468-6666

**Spring Celebration:** Richard Li .....(408) 965-5252

## 2011-2012 Board of Directors

Cecilia Chang	Lisa Quan
Herbert Chiu, DDS	David Sheen
Amy Cho	Jennifer Toy Harrison
Chien Mei Cram	Albert Wang, MD
Cecilia Leon	April Xie
Richard Li	Sharon Yap
Lily Mei	Maria Yee
Nina Moore	Henry Yin
Anna Muh	Irene Yung
Wing Ng	Lena Zee

## **MEMBERSHIP APPLICATION / RENEWAL (November 1, 2011 – October 31, 2012)**

If you like what you see in this newsletter and want to remain informed, please join CBC.

Please check one of the following and include a check payable to *CBC* and send to:

*CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001*

- |  |                                  |
|--|----------------------------------|
| <input type="checkbox"/> \$20 Individual                               | <input type="checkbox"/> New     |
| <input type="checkbox"/> \$25 Family                                   | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization                   |                                  |
| <input type="checkbox"/> \$100 Individual: Life Membership             |                                  |
| <input type="checkbox"/> \$200 Family: Life Membership                 |                                  |
| <input type="checkbox"/> \$500 Corporate/Organization: Life Membership |                                  |

**Please complete the following member(s) (contact person) information:**

Member: \_\_\_\_\_  
 Last Name                       First Name                       Chinese Name

Spouse: \_\_\_\_\_  
 Last Name                       First Name                       Chinese Name

Address: \_\_\_\_\_  
 Street                       City                       State                       Zip

\_\_\_\_\_ Home Phone #                      Office Phone #                      e-mail

## Citizens for Better Community

P.O. Box 1  
Fremont, CA 94537-0001

### **CBC's Mission Statement:**

*"To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement."*

2012 Interns with President Gerry Low-Sabado, Steve Cho and Anna Muh



## Upcoming CBC Meetings

**\*Note:** Prior to each meeting, there will be set-up and a social "hour" from 7:15 pm.

### **CBC Board Meeting**

Wednesday, September 5, 2012  
Place: Carlton Plaza – 7:30 pm

### **CBC Board Meeting**

Wednesday, October 3, 2012  
Place: Carlton Plaza – 7:30 pm

### **CBC Board Meeting**

Wednesday, November 7, 2012  
Place: Carlton Plaza – 7:30 pm



A few of the many volunteers, with President Gerry –Low Sabado, which make the TYLP a successful program.

### **CBC MEMBERSHIP NEWSLETTER**

We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Kathy Jang, Executive Director, at (510) 790-0740, or email [kjang25@yahoo.com](mailto:kjang25@yahoo.com).

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