



# CITIZENS FOR BETTER COMMUNITY

## 華人權益服務社

P. O. Box 1, Fremont, CA 94537-0001  
Web site: <http://www.cbcsfbay.org>

**Membership Newsletter**

**Volume 16, Issue 3**

**July - September 2016**

Introducing the new...



**Fremont YOUTH  
Symphony Orchestra**

For strings, woodwinds and brass for all levels and ages.  
(Must already be enrolled in private lessons)

Sessions September through May on Mondays. Demo class in August.  
For more information, visit [fremontsymphony.org/youth-orchestra](http://fremontsymphony.org/youth-orchestra)  
or call (510) 371-4860



\* \* \* \* \*

For detailed information about this program, please see "FYSO is Born" on page 2.



### Back to School... Please Drive Safely

#### INSIDE THIS ISSUE

- 2      con't ... President's Message / FYSO
- 3 - 4    July 4<sup>th</sup> Parade / Summer BBQ
- 5 - 6    TYLP / Walk of Remembrance
- 7      Board Directory
- 8      Calendar of Events & CBC Meetings / Membership Application

### President's Message

*By Judy Lam*



Dear CBC Members and Friends,

Greetings! I hope everyone is enjoying the Summer with your family. This Summer is certainly eventful, especially with all the developing stories surrounding the 2016 election and the 2016 Summer Olympics.

Under the leadership of Anna Muh, CBC has enjoyed another successful year of the Toastmasters Youth Leadership Program. I had the pleasure of speaking at the Opening Ceremony. With a personal account of how I was once asked to reflect upon myself by just looking at a few empty branches, I challenged the somewhat perplexed class to explore and discover their own passion and potential of becoming the leader they can be. It was especially rewarding to hear the confidence in their speeches at the closing day. We hope to see many returned participants next year. Thank you, Anna and the coaches and to all the volunteers who made the program a success. And a job well done, class!

The weather was relatively merciful on the 4th of July. Patriotic citizens cheerfully greeted us as we paraded with our friends from the Chinese Immersion Program, Friends of Children with Special Needs, South Bay Chinese Club, and more. CBC's entry was highlighted by Lena Zee's enthusiastic and graceful dance, leading the troop with much energy. The crowd received her well, and the rest of us did our best keeping up with her. Way to go, Lena!

We were so drawn by the wonderful bar-be-que aroma, we quickly parked and could hardly wait to check in at the annual CBC/SBCC Summer Barbecue. It was a

*President's Message Continued on page 2*

great time to catch up and share stories, not to mention the plentiful food items. Yum, I can still sense the aroma! Please plan on joining the BBQ next year.

What can I say? It gave me great honor to be included among the VIPs to welcome the Vox Nativa Choir from Taiwan. It brought back memories of when I was in similar concert tour with the Hong Kong Youth Orchestra decades ago, although I was in a reversed role this time. That is how the cycle goes with most successful program such as our Toastmasters Youth Leadership Program. And so are the many stories of the Olympic champions of how the inspired would one day become the ones to inspire. The common essential element binding both is the passion they share in what they succeed in doing. So much dedication and efforts are put in to provide the opportunities for the next generation, to pass on knowledge and skills through these exchanges. To the young students, such experience and opportunities have invaluable real impact in shaping the direction of their life calling.

Finally, I urge our fellow members to invite friends to join CBC membership and take part in providing opportunities and inspirations through CBC's involvement in education, health, business & community programs. Please join us at the next General Meeting on **Wednesday, October 5, 2016**, from 7:30 pm. at Carlton Plaza, 3800 Walnut Avenue, Fremont, CA 94538.

Respectfully,

Judy Lam  
CBC President 2015-2016

## **FYSO is Born**

Families of tweens interested in music will be pleased to know that the newly created Fremont Youth Symphony Orchestra (FYSO) is accepting new enrollments for the 2016-2017 academic year. Membership and placement is by audition. Weekly rehearsals are on Monday from 4:00 pm to 7:00 pm starting from **September 12, 2016**. The rehearsal location is Cole Hall of the First United Methodist Church, 2950 Washington Blvd. in Fremont.

In the tradition of upholding the excellence of classical music in our community, the Fremont Symphony

Orchestra (FSO) is proud to have nurtured thousands of impressively talented young musicians with programs such as the Children's Concerts, the Young Recitalist Competitions, and the Young Artist Competitions. Original winning compositions by Fremont schoolchildren are professionally arranged and performed by FSO at the Children's Concerts. Likewise, Competition winners are awarded with performance opportunities. To further serve the many young talented musicians in the Tri-City and the greater Bay Area, FSO is excited to announce the launching of the all new Fremont Youth Symphony Orchestra in September 2016.

"It is a pleasure and privilege for me to be involved in this promising, new program of the Fremont Symphony Orchestra," says Judy Lam, Artistic Director of FYSO. Ms. Lam has an impressive track record of success throughout her career creating music programs, the most recent being the Virtuoso International Flute Ensemble. Dr. Grace Lai, who holds a doctorate degree in flute performance and a recent member of the Fremont Symphony Orchestra since May, will join Ms. Lam in FYSO as the Associate Director. Retired high school teacher and former member of the Fremont Symphony Orchestra, Mrs. Merna Morse, will also serve as the FYSO Strings Director.

### *Mission Statement*

Under the auspice of FSO, the Fremont Youth Symphony Orchestra (FYSO) provides an encouraging and motivating environment for young musicians to receive quality training and pursue performance excellence through high-quality instruction and mentorship by professional musicians. Through a variety of performance opportunities, FYSO seeks to empower young musicians to actively engage in preserving and promoting the performing arts in our community.

### *Program Overview*

FYSO is comprised of two initial ensembles -- Intermediate and Advanced -- tailored to specific skill levels and open to sixth- through twelfth-graders. Students will receive individualized support from the directors and sectional coaches. The quality training will help students develop strong musicianship and performance technique for orchestral playing.

Young musicians who are interested in joining FYSO, may request an audition appointment online via the FSO website: <http://fremontsymphony.org/youth-orchestra>. Auditions will begin in August 2016.

## “Hometown Heroes” - 2016 Fremont 4<sup>th</sup> of July Parade

By Amy Cho

There is always the opportunity for you to be in the July 4<sup>th</sup> parade, not just watch from the sidelines. As in previous years, CBC organized local Chinese American organizations to get together and put Entry #63 in Fremont's 2016 Fourth of July parade. In the end, over 200 participants marched together and had a very, very fine time. It was a time for friends to chat and celebrate America's birthday together. This year's parade was again held in Central Fremont.

It was exciting to meet early in the morning at the Fremont Main Library and prepare with many other entries. Excitement grew as the morning drew closer to parade time. Not only we chatted among ourselves, but we also had fun mingling with friends from other groups. It was fun to meet people that we hadn't seen for a while.

Entry #63 stretched nearly a city block. Red, white and blue colors were seen everywhere as each person carried a U.S. flag and wore red/white/blue attire.

CBC members led the entry with CBC's banner. They also carried many large US Flags as well as the one-of-a-kind Fremont flag (first designed for Fremont's 50<sup>th</sup> anniversary of being incorporated as a city).



CBC's sister organization, South Bay Chinese Club (SBCC) followed up. In addition to the main priority of the annual scholarship program and activities that support this event, SBCC members often participate in community activities such as this parade. Many CBC members are also SBCC members. It was fun to see each other, to celebrate our freedom and country, and to talk about more events coming up where we would again see each other.

The Citizens for Better Communicators Toastmaster Club (CBC TM) also joined with CBC to participate in the parade. CBC TM featured two vehicles and many posters that engaged the public. CBC members formed this club in 2004. CBC TM continues to flourish today attracting many people of diverse background from throughout the city.



A large group of parents and students from the Friends of Children with Special Needs (FCSN) also participated in the parade. Our children in FCSN have much to contribute! They also had fun being a part of the parade. They have been in the parade so many times. FCSN's mission is to help children with special needs and their families find love, hope, respect, and support through integrated community involvement, and they are proud to be part of the July 4<sup>th</sup> parade.



The Chinese Immersion Parents Council of Fremont (CIPCF) is a non-profit parent organization that supports the Mandarin Immersion Program at Azevada Elementary School. As the kids marched down the parade route, they also performed for their audience. They were full of excitement and energy!

*Cont'd on page 4*

*Con't from page 3...Parade*

The Purple Lotus Temple and University, chapter of the True Buddha School, proudly displayed their banner as they marched with the CBC contingent of participants. By participating in the parade, they were demonstrating their philosophy and principles that reflect the teachings of the True BuddhaTantric Dharma.

Bringing up the rear was Legend Kung Fu Academy. Legend Kung Fu Academy is a Chinese Martial Arts school located on Cedar Blvd near Stevenson Blvd. It is not just an extraordinary Kung Fu school, but also a great friend of our community. They bring their talents to the Chinese New Year celebration at the Fremont Main Library in the earlier part of the year.

Although the Tri City Band Corps (TCBC) was not part of the CBC entry, they were positioned immediately in front of CBC. CBC is a sponsoring organization of TCBC. The band provided patriotic music throughout the parade and was a big crowd pleaser.

After the parade, all CBC participants were treated to a cup of ice cream. That made a fun day even more fun. Who could resist a cup of cold ice cream on a hot day? The ice cream was a big hit with everyone.

CBC thanks everyone for showing up and participating with us. Plan to come next year again!

## Summertime BBQ

*By Amy Cho*

On July 24<sup>th</sup>, CBC and sister organization South Bay Chinese Club (SBCC) held their annual barbecue at the Quail Run Clubhouse in Fremont. Over 100 members and guests shared happy times, meeting and catching up, while enjoying the foods and desserts. Our summer weather has been beautiful and it was every bit the same that Sunday.

This year Joe Zerda, Randy Sabado, and Richard Muh barbecued hot dogs, hamburgers, and chicken wings. Randy even brought a big picnic umbrella to cover the BBQ area. There were plenty of other treats to eat: potato salad, salad, chips, fruits, tomatoes from the farmers' market, watermelon, ice cream, cake, cookies... to name a few.

CBC interns, who are working in legislators' offices this summer, held a meeting at the clubhouse prior to the BBQ. The interns shared their individual experiences thus far with coordinator Anna Muh. The interns also joined in the BBQ afterwards.



This year coaches from the Toastmaster Youth Leadership Program (TYLP) came to the BBQ along with some TYLP families. Graduation had just finished the day before. It was a great time to chat with both old and new friends.

Thank you to all the members who volunteered to work in the kitchen, setup and cleanup. We appreciate you making it such a nice event!



## Homeless Shelter Meal Service

The CBC Youth Group serves meals at Sunrise Village in Fremont. The Homeless Shelter Meal Service allows high school students to participate in preparing and serving food to the homeless people. This is a good learning experience for the students and they will receive community service hours upon completion.

The remaining meal service for the year is:

- **Sunday, October 30<sup>th</sup>** (dinner)

For more information, please contact [sherry.y.chang@gmail.com](mailto:sherry.y.chang@gmail.com).

## Toastmasters Youth Leadership Program

By Albert Wu, Assistant to Program Director

The Toastmasters Youth Leadership Program (YLP) has completed another successful year!

Special congratulations to the Graduation Showcase winners: Yang Yi Li – 11th grade (Best Speech), Halina Liang – 10th grade (Best Table Topic), and Michelle Lin – 10th grade (Best Evaluation).

The CBC YLP is based on Toastmasters' curriculum and recreates the Toastmaster experience for our students. Over the course of only five weeks (June 18th – July 23rd), the students have learned public speaking skills (ranging from Speech Organization to Body Language), completed officer elections, delivered two planned speeches, provided feedback to peers, conducted Toastmasters meetings, and participated in various speaking roles (including impromptu speaking), all under the guidance of our outstanding coaches. On the final day, the Program Showcase allowed both the students to demonstrate what they have learned and the parents to witness how much their children have grown.

Public speaking and leadership skills are invaluable assets for any person (both now and for the future). High school students, in particular, can benefit from these skills because the knowledge is directly applicable to their needs. Whether speaking in front of a class of peers or tackling a job/college interview, these skills will be beneficial. Our students come to the YLP with different personalities and backgrounds. Some students have experience speaking in front of other while others are terrified of public speaking. Despite these differences, the YLP offers something for everyone—perhaps your child could benefit from developing his/her



speaking skills and receiving feedback from peers, or perhaps your child could strengthen his/her inner-voice through building self-confidence in speaking. What unifies the students is a sense of camaraderie that comes from understanding: “At one point or another, we have all had to face challenges. Helping peers and friends overcome challenges makes learning worthwhile.” When a student stumbled during his speech, it was heartwarming to see his peers cheer for and encourage him. At the end of the program, seeing how much the students have improved was rewarding—knowing that we did it together. By leveraging the differences (in experience, perspective, goals, styles, etc.), CBC's Youth Leadership Program created a diverse and supportive learning environment that was key to the success of its students.

None of this success would be possible without the support and efforts of all volunteers. We want to thank the Core Team: Anny Kan (Registration/Front Desk Team), Jenny Gau (Student Binder Team), Alice Cheung (Snack Team), Wing Ng (Opening/Closing Ceremony Team), Wendy Wong and her daughter, Rachael (Closing Ceremony/Food Team), Steve Cho and Amy Cho (Photography and Judge Team), and Richard Muh (Coaching Support and Logistics Team). A special thanks to Judy Lam (CBC President) for her leadership and support of the YLP, Kathy Jang



Con't on page 6

Con't from page 5... Toastmasters

(CBC Executive Director) for coordinating the student applications and payments, and Anna Muh (Program Director) for bringing all of us together and making this program possible. We also wanted to express our appreciation to the Coaching Team (Mary Verghese – head coach, Cara Wasden, Susan Brooks, Robert Kaiser and assistant coaches: Nikhil George, Trich Gray, Sudha Sundar and Rajani Jha), who exhibit their passion for teaching and volunteer their time to help our children excel, and to all the Parent Volunteers. This was a team effort, only made possible through everyone's contributions.

We look forward to the 2017 YLP and celebrating the program's 30<sup>th</sup> anniversary. While we wish the YLP could benefit all of our children, spaces are limited. We encourage returning parents to register as soon as possible to guarantee a space for their child. The new program information should be available in early March.

As some of our students graduate and prepare for college, we are given the opportunity to welcome new students into the program. If you believe this program could be beneficial to friends or family members (7<sup>th</sup>-12<sup>th</sup> graders), please ask them to check the CBC website around March 2017 for information on how to register.

## Walk of Remembrance: Celebrating Pacific Grove's Chinese Village and Pioneering Fishing Community

*By Gerry Low-Sabado, 5<sup>th</sup> Generation Chinese Fishing Village Descendant and Community Preservationist*

On May 14<sup>th</sup>, CBC and SBCC Members Steve & Amy Cho, Joe & Cecilia Zerda, and SBCC members Gene & Mary K. Lim joined Randy & I in the 7th Annual Walk of Remembrance which began at the Pacific Grove Museum of Natural History and ended at the Chinese Fishing Village site where my Grandfather was born in 1881. This walk was created to remember and honor the lives of the area's early Chinese-American settlers. I appreciate the time and support that both CBC and SBCC members took to come to Pacific Grove and walk with my extended family, other Chinese village descendants, local community members, local organizations, tourists, and friends to help educate about a little known Chinese Fishing Village that burned down "mysteriously" on May 16, 1906.

The Pacific Grove Museum of Natural History, the Heritage Society of Pacific Grove, The City of Pacific Grove, the National Coalition Building Institute - Monterey Chapter, The Monterey Bay Lion Dance Team, The American Civil Liberties Union - Monterey Chapter, have been so supportive over the years. They have joined to help in any way they can to create the walk. The caring and kind efforts of all the people who have come to this event over time give me HOPE. They have helped me to see that, even though it seemed impossible, we could persevere and strive for "CHANGE." Change is possible!!! It takes Understanding, Help, Alliances, Courage, Action, and Friendships. Thank You to All Participating Groups for your Friendships in Memory of Pacific Grove's once little-known Chinese Village and its early pioneering Chinese Fishing Families! Thank You CBC and SBCC Members!

Through events such as this, we are able to reclaim and preserve actual local Chinese American stories. This allows descendants and the community to explore our ancestor's experiences and learn about the courage, the tenacity, and the perseverance of revered ancestors and of their descendants and how we have found meaning, place and success in our world. It helps us to appreciate the life and sacrifice that our ancestors chose to come to America to find a better life for their families. They would be proud to know about our Walk of Remembrance led by the Monterey Bay Chinese Lion Dance Team. The Magnificent Lions, Drums, Gong, and Cymbals serve to awaken the Ancestor's stories and to let the Ancestor's know that "We Remember!" and We Bring Our Great Gratitude to them for sailing across the Pacific Ocean in their Chinese Junks and for enduring hardships and adversities. Their resolve and their perseverance have made us Strong and generations later.....We Are Thankful and We Remember!



**CBC’s Mission Statement:**

*“To initiate, sponsor and promote community events, which will affect the well being of Chinese Americans with an emphasis on education, health, business and community involvement.”*

**CBC’s Vision Statement:**

*“CBC will be a model of excellence in community service by facilitation and motivating Chinese American involvement in the community.”*

**2015-2016 Board Directory**

- President:**  
Judy Lam .....(510) 979-9263
- Vice President:**  
Herbert Chiu.....(510) 471-3777
- Secretary:**  
Wilson Hu.....(925) 480-7305
- Treasurer:**  
Steve Cho .....(510) 797-6426
- Immediate Past President:**  
Ivy Wu... .....(510) 252-9890
- Legal Counsel**  
David Sheen .....(415) 238-1893
- Executive Director**  
Kathy Jang.....(510) 790-0740

**2015-2016 Board of Directors**

- |                  |                  |
|------------------|------------------|
| David Bonaccorsi | Gerry Low-Sabado |
| Cecilia Chang    | Lily Mei         |
| Simon Chen       | Anna Muh         |
| Peggy Chiou      | Wing Ng          |
| Herbert Chiu     | Raj Salwan       |
| Amy Cho          | Yang Shao        |
| Steve Cho        | David Sheen      |
| Whisky Ho        | Tim Tran         |
| Wilson Hu        | Albert Wang      |
| Ro Khanna        | Marvin Wong      |
| David Lam        | Ivy Wu           |
| Judy Lam         | Henry Yin        |
| Cecilia Leon     | Lena Zee         |

**Committees**

- Education:**  
Yang Shao.....(510) 687-9184
- Health:**  
Herbert Chiu.....(510) 471-3777
- Business:**  
Henry Yin.....(510) 676-7139
- Community Involvement:**  
Albert Wang.....(510) 657-6610
- Culture Exchange:** Lena Zee .....(510) 421-6666
- Youth Group:** Anna Muh.....(510) 468-6666
- Social Activities:** Amy Cho.....(510) 797-6426
- Spring Celebration:**  
Herbert Chiu .....(510) 471-3777  
David Bonaccorsi .....(510) 791-1888

**CBC MEMBERSHIP NEWSLETTER**

We welcome your questions, comments and feedback. You may send them to Citizens for Better Community, P.O. Box 1, Fremont, CA 94537, or you may contact Kathy Jang, Executive Director, at (510) 790-0740, or email [kjang@cbcsfbay.org](mailto:kjang@cbcsfbay.org).

**Publisher:** Kathy Jang

**Committee:** Herbert Chiu, Steve Cho, Albert Wang

**Contributors/Photos:** Amy Cho, Steve Cho, Judy Lam, Gerry Low-Sabado, Albert Wu

## Calendar of Events

### Fremont Youth Symphony Orchestra Rehearsals

When: begins **Monday, September 12, 2016 (weekly)**

Where: First United Methodist Church (Cole Hall)  
2950 Washington Blvd., Fremont

Contact: (510) 371-4860 or

<http://fremontsymphony.org/youth-orchestra>

### Homeless Shelter Meal Service

When: **Sunday, October 30, 2016 (dinner)**

Where: Sunrise Village

Contact: [sherry.y.chang@gmail.com](mailto:sherry.y.chang@gmail.com)

## Welcome ~ New Members

Mizpah Brown-Rich & Kerry Rich and Family

Jenny Feng

Amy Guan and Family

Renchain (Ruth) Kao

Ziyue Qi

Xiaoyu Wu & Jie Lin and Family

Thank you for joining us in helping to make  
our community a better place to live.

## Upcoming CBC Meetings

*\*Note: Meetings are held bi-monthly with special meetings to be determined.*

*Prior to each meeting, there will be set-up and a social "hour" from 7:15 p.m. Meetings begin at 7:30 p.m. at **Carlton Plaza, 3800 Walnut Avenue, Fremont.***

**~ Wednesday, October 5, 2016**

**~ Wednesday, December 7, 2016**

**~ Wednesday, February 1, 2017**

General meeting from 7:30 p.m. is open to guests and CBC members. To be followed by a meeting for the Board.



## **MEMBERSHIP APPLICATION / RENEWAL (November 1, 2016– October 31, 2017)**

**If you like what you see in this newsletter and want to remain informed, please join CBC. Please check one of the following and include a check payable to *CBC* and send to: *CBC, Membership, P. O. Box 1, Fremont, CA 94537-0001***

- |  |                                  |
|--|----------------------------------|
| <input type="checkbox"/> \$20 Individual                               | <input type="checkbox"/> New     |
| <input type="checkbox"/> \$25 Family                                   | <input type="checkbox"/> Renewal |
| <input type="checkbox"/> \$50 Corporate/Organization                   |                                  |
| <input type="checkbox"/> \$100 Individual: Life Membership             |                                  |
| <input type="checkbox"/> \$200 Family: Life Membership                 |                                  |
| <input type="checkbox"/> \$500 Corporate/Organization: Life Membership |                                  |

**Please complete the following member(s) (contact person) information:**

Member: \_\_\_\_\_  
Last Name First Name Chinese Name

Spouse: \_\_\_\_\_  
Last Name First Name Chinese Name

Address: \_\_\_\_\_  
Street City State Zip

\_\_\_\_\_  
Home Phone # Office Phone # e-mail